



A80-430-420-420				NO FRIED FOODS!!
Monday, March 3, 2025	Tuesday, March 4, 2025	Wednesday, March 5, 2025	Thursday, March 6, 2025	Friday, March 7, 2025
Bagels and Cream Cheese V, EF	HOK Blueberry Bread and Pears ${f V}$	French Toast and HOK Peach Compote ${f V}$	HOK Pineapple Bread and Mango Chunks ${f V}$	HOK Strawberry Yogurt and Bananas V, EF, GF
Vegan, DF, GF: Compote GF: GF Vegan Pancake	Vegan, DF, EF, GF: GF Vegan Banana Bread	Vegan, DF, EF, GF: GF Vegan Pancake	Vegan, DF, EF, GF: Rice Chex	Vegan, DF: Dairy Free Vanilla Yogurt
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Apple Slices V, EF, GF	Pretzel Bites and HOK Cheese Dip V, EF	Cucumbers and HOK Dilly Dip V, EF, GF	HOK Pumpkin Bread and Cantaloupe V, DF
Vegan, GF: Veggie Straws	Vegan, DF: Chickpea Puffs	GF: GF Pretzels DF, Vegan: Sunbutter	Vegan, DF: HOK Hummus	Vegan, EF, GF: Snap Pea Crisps
Monday, March 10, 2025	Tuesday, March 11, 2025	Wednesday, March 12, 2025	Thursday, March 13, 2025	Friday, March 14, 2025
HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF	HOK Banana Bread and Peaches ${f V}$	HOK Oatmeal and Honeydew	Maple Mini Waffles and HOK Blueberry Compote ${f V}$	HOK Pear Bread and Mango Chunks V, DF
Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex	Vegan, DF, EF, GF: GF Vegan Banana Bread	V, Vegan, DF, EF, GF	Vegan, DF, EF, GF: GF Vegan Pancake	Vegan, EF, GF: Rice Chex
HOK Hummus and Pita V, Vegan, EF, DF	Wisconsin Cheese Curds and Veggie Straws V, EF, GF	HOK Carrot & Zucchini Bars and Apple Slices V, DF	Turkey Cubes and HOK Applesauce DF, EF, GF	Chips and HOK Cheese Dip V, EF, GF
GF: Corn Tortilla	Vegan, DF: Applesauce	Vegan, EF, GF: Chickpea Puffs	V, Vegan: Veggie Straws	DF, Vegan: HOK Salsa
Monday, March 17, 2025	Tuesday, March 18, 2025	Wednesday, March 19, 2025	Thursday, March 20, 2025	Friday, March 21, 2025
Bagels and Cream Cheese V, EF	HOK Blueberry Bread and Pears V	HOK French Toast and HOK Vegan Apple Butter ${\bf V}$	HOK Peach Bread and Mango Chunks V	HOK Strawberry Yogurt and Bananas V, EF, GF
Vegan, DF, GF: Compote GF: GF Vegan Pancake	Vegan, DF, EF, GF: GF Vegan Banana Bread	Vegan, DF, EF, GF: GF Vegan Pancake	Vegan, DF, EF, GF: Rice Chex	Vegan, DF: Dairy Free Vanilla Yogurt
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Apple Slices V, EF, GF	Pretzels and HOK Sunbutter V, Vegan, DF, EF	HOK Ranch and Cucumbers V, GF	HOK Apple Butter Bread and Honeydew V, DF
Vegan, GF: Veggie Straws	Vegan, DF: Chickpea Puffs	GF: GF Pretzels	Vegan, DF, EF: White Bean Dip	Vegan, EF, GF: Snap Pea Crisps
Monday, March 24, 2025	Tuesday, March 25, 2025	Wednesday, March 26, 2025	Thursday, March 27, 2025	Friday, March 28, 2025
HOK Granola Cereal and HOK Peach Yogurt V, EF, GF	HOK Banana Bread and Peaches ${f V}$	HOK Oatmeal and Cantaloupe	Biscuits and HOK Peach Compote V, EF	Maple Mini Waffles and Mango Chunks V
Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex	Vegan, DF, EF, GF: GF Vegan Banana Bread	V, Vegan, DF, EF, GF	DF, GF, Vegan: GF Vegan Pancake	Vegan, DF, EF, GF: Rice Chex
HOK Spinach Dip and Pita V	Wisconsin Cheese Curds and Veggie Straws V, EF, GF	HOK Carrot & Zucchini Bars and Apple Slices V, DF	Croissant and HOK Applesauce V	Chips and HOK Salsa V, Vegan, DF, EF, GF
Vegan, DF, EF: White Bean Dip GF: Cucumbers	Vegan, DF: Applesauce	Vegan, EF, GF: Chickpea Puffs	Vegan, DF,EF, GF: Veggie Straws	