

# March Lunch

**NO FRIED FOODS!!**

Monday, March 3, 2025	Tuesday, March 4, 2025	Wednesday, March 5, 2025	Thursday, March 6, 2025	Friday, March 7, 2025
Creamy Pesto Pasta - <u>V, EF</u> Pasta Sliced Carrots Honeydew <u>DF, Vegan: DF Pesto Pasta w/ Vegan Cheese</u> <u>GF: GF Creamy Pesto Pasta</u>	Cheesy Chicken Broccoli - <u>EF, GF</u> Whole Grain Brown Rice Broccoli Bananas <u>DF: DF Chicken Broccoli Casserole</u> <u>V, Vegan: Tofu Broccoli Casserole</u>	Turkey Lentil Sloppy Joes - <u>DF, EF</u> Dinner Roll Peas and Carrots Cantaloupe <u>V, Vegan: Lentil &amp; Bean Sloppy Joe</u> <u>GF: White Rice</u>	Chicken Fajitas - <u>DF, EF</u> Flour Tortillas Cauliflower Pineapple <u>V, Vegan: Bean Fajitas</u> <u>GF: Corn Tortilla</u>	Chicken Parmesan Sub - <u>EF</u> Mini Hoagie Green Beans Fruit Salad <u>V, Vegan, DF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>
Monday, March 10, 2025	Tuesday, March 11, 2025	Wednesday, March 12, 2025	Thursday, March 13, 2025	Friday, March 14, 2025
Mega Mac & Cheese - <u>V, EF</u> Pasta Peas and Carrots Honeydew <u>GF: GF Pasta w/ Cheese Sauce</u> <u>Vegan, DF: Cheesy Vegan Pasta</u>	Taco Tuesday! - <u>EF</u> Flour Tortillas Lettuce, Salsa Bananas <u>V, Vegan: Veggie &amp; Bean Taco</u> <u>GF: Corn Tortilla</u>	BBQ Chicken Quinoa - <u>DF, EF</u> Dinner Roll Broccoli Cantaloupe <u>V, Vegan: BBQ Tofu</u> <u>GF: Whole Grain Brown Rice</u>	Turkey Meatloaf - <u>EF, GF</u> Wheat Bread Sliced Carrots Watermelon <u>V, Vegan, DF - Veggie Patty</u> <u>GF: Gluten Free Bread</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, March 17, 2025	Tuesday, March 18, 2025	Wednesday, March 19, 2025	Thursday, March 20, 2025	Friday, March 21, 2025
Sheppard's Pie - <u>EF</u> Mashed Potatoes Peas and Carrots Honey Dew <u>V, Vegan, GF: Vegan Sheppard Pie</u> <u>Vegan, DF: Roasted Potatoes</u>	Chicken Chickpea Gyros - <u>EF</u> Pita Bread Broccoli Bananas <u>V, Vegan, DF: Chickpea and Veggie Gyros</u> <u>GF: Whole Grain Brown Rice</u>	Red Pepper Turkey - <u>EF, GF</u> Whole Grain Brown Rice Cauliflower Cantaloupe <u>V, Vegan: Tofu w/ DF Sauce</u> <u>DF: Turkey w/ DF Sauce</u>	Cheesy Chicken Philly - <u>EF</u> Mini Hoagie Green Beans Pineapple <u>DF: DF Chicken Philly</u> <u>V, Vegan: White Bean Philly</u> <u>GF: White Rice</u>	Pepperoni Pizza Pasta - <u>EF</u> Pasta Sliced Carrots Fruit Salad <u>V, Vegan, DF: Veggie Pizza Pasta</u> <u>GF: GF Pepperoni Pizza Pasta</u>
Monday, March 24, 2025	Tuesday, March 25, 2025	Wednesday, March 26, 2025	Thursday, March 27, 2025	Friday, March 28, 2025
Italian Meatball Sub Mini Hoagie Peas and Carrots Cantaloupe <u>V, Vegan, DF, EF, GF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>	HOK Hearty Turkey Chili - <u>DF, EF</u> White Rice Carrots, Peppers, Onions Bananas <u>V, Vegan: Three Bean Chili</u> <u>GF: Gluten Free Bread</u>	Pasta Alfredo - <u>V, EF</u> Pasta Broccoli Honeydew <u>DF, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>	Turkey Paella - <u>DF, EF, GF</u> Turmeric Rice Cauliflower Watermelon <u>V, Vegan: Tofu Paella</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>