

## March Lunch

**NO FRIED FOODS!!**

Monday, March 1, 2021	Tuesday, March 2, 2021	Wednesday, March 3, 2021	Thursday, March 4, 2021	Friday, March 5, 2021
Cheesy Italian Pasta <u>V, EF</u> Peas and Carrots Honey Dew <u>Vegan, DF: Pasta Marinara &amp; Vegan Cheese</u> <u>GF: Entrée w/ GF Pasta</u>	Turkey Sloppy Joes - <u>DF, EF</u> Dinner Roll Broccoli Watermelon <u>V, Vegan: Lentil &amp; Bean Sloppy Joe</u> <u>GF: GF Bread</u>	Red Pepper Turkey - <u>EF, GF</u> Whole Grain Brown Rice Green Beans Pineapple <u>V, Vegan: Tofu w/ DF Sauce</u> <u>DF: Turkey w/ DF Sauce</u>	Chicken Gyros - <u>DF, EF</u> Pita Bread (Tzatziki on the side) Sliced Carrots Bananas <u>V, Vegan: Chickpea and Veggie Gyros</u> <u>GF: Entrée w/ Corn Tortilla</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, March 8, 2021	Tuesday, March 9, 2021	Wednesday, March 10, 2021	Thursday, March 11, 2021	Friday, March 12, 2021
Spaghetti and Meatballs Sliced Carrots Cantaloupe <u>V, Vegan, DF, EF:</u> <u>Spaghetti w/ Tofu, Marinara</u> <u>GF: GF Pasta w/ Tofu Marinara</u>	Taco Tuesday!!!! Flour Tortillas Lettuce, Salsa Bananas <u>V, Vegan: Veggie &amp; Bean Taco</u> <u>GF: Entrée with Corn Tortilla</u>	Slow Roasted Turkey Wheat Bread Green Beans Pineapple <u>GF, V, Vegan: Three Bean Chili</u> <u>GF: GF Bread</u>	Chicken Jambalaya Whole Grain Brown Rice Cauliflower Watermelon <u>V, Vegan: Tofu Jambalaya</u>	Pasta Alfredo - <u>V, EF</u> Cucumbers Fruit Salad <u>DF, Vegan: Pasta Marinara w/ Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>
Monday, March 15, 2021	Tuesday, March 16, 2021	Wednesday, March 17, 2021	Thursday, March 18, 2021	Friday, March 19, 2021
Meatball Slider Dinner Roll Green Beans Honey Dew <u>V, Vegan, DF, EF: Tofu Slider</u> <u>GF: Tofu Slider w/GF Bread</u>	Chicken Paella - <u>DF, EF, GF</u> Whole Grain Turmeric Rice Broccoli Cantaloupe <u>V, Vegan: Tofu Paella</u>	Sheppard's Pie - <u>EF</u> Potatoes Peas and Carrots Bananas <u>V, Vegan, DF, GF:</u> <u>Vegan Sheppard's Pie</u>	Mama's Bolognese <u>DF, EF</u> Sliced Carrots Pineapple <u>V, Vegan: Pasta w/ Vegetable Ragu</u> <u>GF: Entrée w/ GF Pasta</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, March 22, 2021	Tuesday, March 23, 2021	Wednesday, March 24, 2021	Thursday, March 25, 2021	Friday, March 26, 2021
Swedish Meatballs Wheat Bread Peas and Carrots Cantaloupe <u>V, Vegan, DF, EF:</u> <u>Veggie Meatballs</u> <u>GF: GF Bread</u>	Mega Mac & Cheese <u>V, EF</u> Broccoli Bananas <u>GF: GF Pasta w/ GF Sauce</u> <u>Vegan, DF: Cheesy Vegan Pasta</u>	Turkey Burgers - <u>DF, EF</u> Dinner Roll Green Beans Watermelon <u>V, Vegan: Veggie Burger</u> <u>GF: GF Bread</u>	Chicken Pot Pie Wheat Bread Cauliflower Pineapple <u>V, Vegan - Tofu Veggie Bowl</u> <u>DF/GF- Chicken Veggie Bowl</u>	BBQ Chicken - <u>DF, EF</u> Wheat Bread Cucumbers Fruit Salad <u>V, Vegan: BBQ Tofu</u> <u>GF: Gluten Free Bread</u>
Monday, March 29, 2021	Tuesday, March 30, 2021	Wednesday, March 31, 2021	Thursday, April 1, 2021	Friday, April 2, 2021
Pasta Alfredo - <u>V, EF</u> Sliced Carrots Cantaloupe <u>DF, Vegan: Pasta Marinara w/ Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>	Chicken in Salsa Verde - <u>DF, EF</u> Flour Tortillas Cauliflower Bananas <u>V, Vegan: Tofu w/ DF Sauce</u> <u>DF: Chicken w/ DF Sauce</u> <u>GF: Entrée with Corn Tortilla</u>	Turkey Sloppy Joes - <u>DF, EF</u> Dinner Roll Peas and Carrots Honey Dew <u>V, Vegan: Lentil &amp; Bean Sloppy Joe</u> <u>GF: GF Bread</u>	Chicken Teriyaki - <u>DF, EF, GF</u> Whole Grain Brown Rice Broccoli Watermelon <u>V, Vegan: Tofu Teriyaki</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>