

Week A Menu



Weekday	AM Snack	Lunch	PM Snack
Monday	Turkey Bacon & Egg Biscuit	Taquitos, Refried Beans & Mixed Fruit	Pretzel Bites with Cheese Sauce
Tuesday	Sausage Kolaches & Bananas	Turkey & Cheese Melt, Oranges, Cucumbers & Ranch	Rice Cakes and Apple Slices
Wednesday	French Toast Sticks with Turkey Sausage & Syrup	Alfredo Tortellini with Chicken Crumbles & Peas and Carrots	Yogurt Parfaits with Berries
Thursday	English Muffins with Fruit Cream Cheese	Steak Strips, Mashed Potatoes, Green Beans, and Apple Sauce	Whole Wheat Crackers with Cheese Sticks
Friday	Muffins & Turkey Bacon	Cheese Pizza, Broccoli & Pears	Pineapple with Whole Wheat Gold Fish

Vegetarian adjustment	No red meat adjustment
Veggie Bacon	No adjustment
Veggie Kolache	Veggie Kolache
Veggie Pattie/ Crumbles	No adjustment
Veggie Strips	Veggie Strips
Veggie Bacon	No adjustment

Week B Menu



Weekday	AM Snack	Lunch	PM Snack
Monday	Waffles & Syrup with Chicken Sausage	Chicken and Pasta Parmesan, Chopped Salad (lettuce, tomato, and shredded carrot) with dressing	Salsa and Chips
Tuesday	Boiled Egg and Turkey Sausage	Veggie Spring Rolls with Mixed Vegetables and Mandarins	Yogurt with Apple Slices
Wednesday	Hashbrown Tots & Turkey Bacon	Hamburgers with Sweet Potato Fries and Pineapple	Cinnamon Graham Crackers with Cream Cheese
Thursday	Egg and Cheese Breakfast Tortillas	Lasagna with Broccoli and Mixed Fruit	Turkey and Cheese with Crackers
Friday	Cinnamon Rolls & Turkey Bacon	Chicken Nuggets with Mashed Potatoes, Peas and Carrots & Peaches	Fruit Bar

Vegetarian adjustment	No red meat adjustment
Veggie Sausage/ Crumbles	No adjustment
Veggie Sausage	Veggie Burger
Veggie Bacon/ Burger	No adjustment
Veggie Lasagna	No adjustment
Veggie Bacon/ Nuggets	No adjustment

Week C Menu



Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment	No red meat adjustment
Monday	Pancakes & Syrup with Turkey Sausage	Cheese Ravioli (Marinara) with Green Beans & Applesauce	Crackers and Cheese	Veggie Sausage	No adjustment
Tuesday	Egg and Bacon English Muffin Sandwich	Open Faced Tacos with Ground Turkey and Refried Beans & Oranges	Pretzel Bites with Cheese Sauce	Veggie Bacon	No adjustment
Wednesday	Toasted Bagel & Fruit Cream Cheese	Breaded Fish with Cheesy Pasta and Peas & Carrots	Yogurt & Berries Parfait	Veggie Strips	No adjustment
Thursday	Bean and Cheese Breakfast Tacos	Chili Fries with Pineapple and Salad(lettuce, tomato) and Dressing	Rice Cakes and Bananas	Veggie Chili	Veggie Chili
Friday	Muffins and Turkey Bacon	Teriyaki Chicken, Rice with Broccoli	Yogurt and Apple Slices	Veggie Bacon/ Strips	No adjustment