



Lighthouse Café

| | Week A | Week B | Week C |
|------------------|---|---|--|
| Monday | <p>AM Snack Yogurt /Graham Crackers</p> <p>Lunch Cheese Pizza Broccoli Fruit</p> <p>PM Snack Animal Crackers</p> | <p>AM Snack Yogurt & Graham Crackers</p> <p>Lunch Chicken Sandwich Corn Fruit</p> <p>PM Snack String Cheese & Crackers</p> | <p>AM Snack French Toast Sticks</p> <p>Lunch Mini Turkey Corn Dogs Broccoli Fruit</p> <p>PM Snack Goldfish Crackers</p> |
| Tuesday | <p>AM Snack Cinnamon Rolls</p> <p>Lunch Spaghetti Green Beans Fruit</p> <p>PM Snack String Cheese & Crackers</p> | <p>AM Snack Buttermilk Biscuits With Cheese</p> <p>Lunch Chicken & Rice Mixed Vegetables Fruit</p> <p>PM Snack Bananas & Animal Crackers</p> | <p>AM Snack French Toast Sticks</p> <p>Lunch Turkey & Cheese Sandwich Fresh Carrots Fruit</p> <p>PM Snack Pudding w/ Vanilla Wafers</p> |
| Wednesday | <p>AM Snack French Toast Sticks</p> <p>Lunch Chicken Nuggets Tater Tots Fruit</p> <p>PM Snack Goldfish Crackers</p> | <p>AM Snack Pancakes</p> <p>Lunch Cheeseburgers Tater Tots Fruit</p> <p>PM Snack Pudding & Vanilla Wafers</p> | <p>AM Snack Pancakes</p> <p>Lunch Pizza Mixed Vegetables Fruit</p> <p>PM Snack Animal Crackers</p> |
| Thursday | <p>AM Snack Wheat Cheese Toast</p> <p>Lunch Turkey Corn Dogs Mixed Veg. Fruit</p> <p>PM Snack Pudding & Vanilla Wafers</p> | <p>AM Snack Waffles</p> <p>Lunch Fettuccine Alfredo Green Beans Fruit</p> <p>PM Snack Cheez-It Crackers</p> | <p>AM Snack Cinnamon Rolls</p> <p>Lunch Chicken Nuggets Mashed Potatoes Fruit</p> <p>PM Snack Goldfish Crackers</p> |
| Friday | <p>AM Snack Waffles</p> <p>Lunch Meatballs w/ Brown Gravy Mashed Potatoes Fruit</p> <p>PM Snack Cheez-It Crackers</p> | <p>AM Snack Wheat Cheese Toast</p> <p>Lunch Turkey & Cheese Wraps Corn Fruit</p> <p>PM Snack Crackers</p> | <p>AM Snack Sausage Biscuit</p> <p>Lunch Spaghetti Green Beans Fruit</p> <p>PM Snack Fresh Baked Cookies</p> |

Water is provided at lunch and snacks. Milk is provided at Lunch; soy milk available upon request.

Substitutions are provided for children under 24 months of age.

Menu Substitutions or Manager's Choice ("MC") are posted on the designated bulletin board.

Please provide Center Director with any food allergies to items on the menu.



Menu Schedule 2023

| WEEK | MENU | WEEK | MENU |
|-------------------|------|--------------------|------|
| January 2, 2023 | B | July 3, 2023 | A |
| January 9, 2023 | C | July 10, 2023 | B |
| January 16, 2023 | A | July 17, 2023 | C |
| January 23, 2023 | B | July 24, 2023 | A |
| January 30, 2023 | C | July 31, 2023 | B |
| February 6, 2023 | A | August 7, 2023 | C |
| February 13, 2023 | B | August 14, 2023 | A |
| February 20, 2023 | C | August 21, 2023 | B |
| February 27, 2023 | A | August 28, 2023 | C |
| March 6, 2023 | B | September 4, 2023 | A |
| March 13, 2023 | C | September 11, 2023 | B |
| March 20, 2023 | A | September 18, 2023 | C |
| March 27, 2023 | B | September 25, 2023 | A |
| April 3, 2023 | C | October 2, 2023 | B |
| April 10, 2023 | A | October 9, 2023 | C |
| April 17, 2023 | B | October 16, 2023 | A |
| April 24, 2023 | C | October 23, 2023 | B |
| May 1, 2023 | A | October 30, 2023 | C |
| May 8, 2023 | B | November 6, 2023 | A |
| May 15, 2023 | C | November 13, 2023 | B |
| May 23, 2023 | A | November 20, 2023 | C |
| May 30, 2023 | B | November 27, 2023 | A |
| June 5, 2023 | C | December 4, 2023 | B |
| June 12, 2023 | A | December 11, 2023 | C |
| June 19, 2023 | B | December 18, 2023 | A |
| June 25, 2023 | C | December 25, 2023 | B |