

Snack Menu

NO FRIED FOODS!!

Monday, June 5, 2023	Tuesday, June 6, 2023	Wednesday, June 7, 2023	Thursday, June 8, 2023	Friday, June 9, 2023
HOK Granola Cereal and HOK Yogurt V, EF, GF <u>Vegan, DF: Applesauce Vegan: Rice Chex</u>	HOK Blueberry Bread and Market Fruit V <u>Vegan, DF, EF, GF: Cheerios</u>	HOK Pancakes and HOK Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pineapple Bread and Market Fruit V <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Yogurt and Market Fruit V, EF, GF <u>Vegan, DF: Cheerios</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Vegan Cookie</u>	Cheese Cubes and Tomatos V, EF, GF <u>Vegan, DF: Snapea Crisps</u>	HOK Ranch and Cucumbers V, GF <u>Vegan, DF, EF: White Bean Dip</u>	Chips and HOK Spinach Dip V, GF <u>Vegan, DF, EF: HOK Salsa</u>	HOK Zucchini Bread and Market Fruit V <u>Vegan, DF, EF, GF: Vegan Cookie</u>
Monday, June 12, 2023	Tuesday, June 13, 2023	Wednesday, June 14, 2023	Thursday, June 15, 2023	Friday, June 16, 2023
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Banana Bread and Market Fruit V <u>Vegan, DF, EF, GF: Cheerios</u>	HOK Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Biscuits and HOK Gravy EF ***	HOK Apple Bar and Market Fruit V, EF <u>Vegan, DF, GF: Rice Chex</u>
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Corn Tortilla</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Pretzels and HOK Sunbutter V, Vegan, DF, EF <u>GF: GF Pretzels</u>	Cucumbers and HOK Dilly Dip V, EF, GF <u>Vegan, DF: HOK Hummus</u>	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, June 19, 2023	Tuesday, June 20, 2023	Wednesday, June 21, 2023	Thursday, June 22, 2023	Friday, June 23, 2023
HOK Granola Cereal and HOK Yogurt V, EF, GF <u>Vegan, DF: Applesauce Vegan: Rice Chex</u>	HOK Blueberry Bread and Market Fruit V <u>Vegan, DF, EF, GF: Cheerios</u>	HOK French Toast and HOK Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pineapple Bread and Market Fruit V <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Yogurt and Market Fruit V, EF, GF <u>Vegan, DF: Cheerios</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Vegan Cookie</u>	Cheese Cubes and Tomatos V, EF, GF <u>Vegan, DF: Snapea Crisps</u>	HOK Ranch and Cucumbers V, GF <u>Vegan, DF, EF: White Bean Dip</u>	Chips and HOK Spinach Dip V, GF <u>Vegan, DF, EF: HOK Salsa</u>	HOK Zucchini Bread and Market Fruit V <u>Vegan, DF, EF, GF: Vegan Cookie</u>
Monday, June 26, 2023	Tuesday, June 27, 2023	Wednesday, June 28, 2023	Thursday, June 29, 2023	Friday, June 30, 2023
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Banana Bread and Market Fruit V <u>Vegan, DF, EF, GF: Cheerios</u>	HOK Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Biscuits and HOK Compote V, EF <u>DF, GF, Vegan: GF Vegan Pancake</u>	HOK Apple Bar and Market Fruit V, EF <u>Vegan, DF, GF: Rice Chex</u>
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Corn Tortilla</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Pretzels and HOK Sunbutter V, Vegan, DF, EF <u>GF: GF Pretzels</u>	Cucumbers and HOK Dilly Dip V, EF, GF <u>Vegan, DF: HOK Hummus</u>	Chips and HOK Salsa V, Vegan, DF, EF, GF