





Monday	Tuesday	Wednesday	Thursday	Friday
2) AM: French Toast L: Meatballs, mashed potatoes, fruit PM: Crackers and cheese V: Veggie balls 9) AM: Apple sauce & grahams L: Sun butter & Jelly sandwich,	3) AM: Cereal bars L: Vegetarian Taco casserole, beans, fruit PM: Nut free trail mix V: Same 10) AM: Cereal & Milk L: Chicken roll ups, spinach salad,	4) AM: Cereal & milk L: Greek pasta salad, Mixed veggies, fruit PM: Pretzels V: Same 11) AM: Biscuits w/ jelly L: Chicken nuggets, mixed veg-	5) AM: Rice cakes & jelly L: DYI lunchable, cucumbers, fruit PM: Goldfish V: Veggie patties 12) AM: Yogurt w/ fruit L: Grilled cheese, fries, oranges	6) AM: Pancakes w/ syrup L: Pizzadillas, mixed veggies, fruit PM: Teddy Grahams V: Same  13) AM: English Muffins w/ jelly L: Bean & Cheese tostada, corn,
baked chips, fruit PM: Cheez its V: Same 16) AM: Cheerios w/ Banana	fruit PM: Veggie straws V: Veggie roll up 17)AM: Raisin bread	gies, fruit PM: Nilla wafers V: Veggie nuggets 18) AM: Yogurt w/ Grahams	PM: Crackers w/ Hummus V: Same  19) AM: Cereal & milk	fruit PM: Goldfish V: Same 20) AM: Pancakes w/ syrup
L: Pizza, peas & carrots, pears PM: Fig Bars V: Same	L: Mac & Cheese, Broccoli, mixed fruit PM: Sun butter & Crackers V: Same	L: Chickpea pasta salad and fruit PM: Goldfish V: Same	L: Tater Tot casserole, mixed veggies, oranges PM: Nut Free Trail V: Same	L: Vegetarian hummus wraps, baked chips, fruit PM: Cheez its V: Same
23) AM: Waffles L: Chicken nuggets, sweet potato, mixed fruit PM: Goldfish V: Veggie nuggets	24) AM: Cereal bars L: Cowboy caviar w/ tostadas and fruit PM: Pretzels V: Same	25)AM: Bagel w/ cream cheese L: Quesadillas, corn, Mixed fruit PM: Cheez its V: Same	26)AM: Cereal & milk L: Broccoli & rice casserole, fruit PM: rice cakes and sun butter V: Same	27)AM: Fig Bars L: Lasagna, veggies, fruit PM: Crackers & hummus V: Veggie nuggets
30)AM: Rice cakes w/ jelly L: Mac & Cheese, Vegetables, fruit PM: Veggie straws V: Same			San in	