





June



Monday	Tuesday	Wednesday	Thursday	Friday
3) AM: Biscuits & jelly L: Sweet & sour Meatballs, rice & peas, fruit PM: Goldfish V: veggie balls	4) AM: Yogurt w/ Grahams L: Hummus & veggie wraps, peaches PM: rice cakes V: Hummus wraps	5) AM: Cereal & milk L: Chicken pot pie, mixed veggies, fruit PM: Graham crackers V: veggie pot pie 	6) AM: Rice cakes & jelly L: Fish sticks, veggies, pineapple PM: Cucumbers & Ranch V: veggie nuggets	7) AM: Fried eggs L: DIY lunchable, cucumbers, fruit PM: Watermelon V: Meatless option
10) AM: Biscuits w/ jelly L: Lasagna, Mixed veggies, fruit PM: Bananas V: Cheese lasagna	11) AM: Cereal & milk L: Hidden veggie Pasta, sweet potato, fruit PM: Veggie straws V: veggie pasta 	12) AM: Apple sauce & grahams L: Chicken nuggets, fries, fruit PM: Bagels & cream cheese V: Veggie nuggets	13) AM: Yogurt Parfait L: Pizza, peas & carrots, fruit PM: Graham crackers V: Cheese pizza	14) AM: English Muffins w/ strawberry cream cheese L: Chicken & cheese sandwich, fries, fruit PM: Goldfish V: Cheese sandwich
17) AM: Bagel w/ cream cheese L: Eggs, Pancakes, Mixed fruit PM: Cheez its V: Eggs & pancakes	18) AM: Cinnamon Bread L: Veggie quesadilla, corn, mixed fruit PM: Fig bars V: Veggie quesadilla 	19) AM: Cereal & milk L: Grilled cheese, fries, seasonal fruit PM: Watermelon V: Grilled cheese	20) AM: French toast L: Chickpea salad wraps, tater tots, fruit PM: Cheez its V: veggie wraps	21) AM: Yogurt & grahams L: Chicken & broccoli casserole, oranges PM: Nut Free Trail V: Broccoli & rice casserole
24) AM: Waffles & syrup L: Chicken nuggets, sweet potato, mixed fruit PM: Goldfish V: veggie nuggets	25) AM: Cereal & milk L: Cheese enchilada, beans, peaches PM: Cheese cubes V: Cheese enchilada	26) AM: Cheerios w/ Banana L: Pizza, peas & carrots, pears PM: Avocado Toast V: cheese pizza 	27) AM: English muffin w/ jelly L: Mac & Cheese, Vegetables, fruit PM: pretzels V: Mac and cheese	28) AM: Cereal bars L: Chicken fried rice, mixed veggies, fruit PM: Graham crackers V: Veggie fried rice
