



# June Lunch

**NO FRIED FOODS!!**

Monday, June 2, 2025	Tuesday, June 3, 2025	Wednesday, June 4, 2025	Thursday, June 5, 2025	Friday, June 6, 2025
Chicken Parmesan Sub - <u>EF</u> Mini Hoagie Peas and Carrots Cantaloupe <u>V, Vegan, DF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>	Turkey Paella - <u>DF, EF, GF</u> Turmeric Rice Cauliflower Bananas <u>V, Vegan: Tofu Paella</u>	Pasta Alfredo - <u>V, EF</u> Pasta Broccoli Honeydew <u>DF, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>	Chicken Chickpea Gyros - <u>EF</u> Pita Bread Green Beans Watermelon <u>V, Vegan, DF: Chickpea and Veggie Gyros</u> <u>GF: Whole Grain Brown Rice</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, June 9, 2025	Tuesday, June 10, 2025	Wednesday, June 11, 2025	Thursday, June 12, 2025	Friday, June 13, 2025
Creamy Pesto Pasta - <u>V, EF</u> Pasta Sliced Carrots Honeydew <u>DF, Vegan: DF Pesto Pasta w/ Vegan Cheese</u> <u>GF: GF Creamy Pesto Pasta</u>	Cheesy Chicken Broccoli - <u>EF, GF</u> Whole Grain Brown Rice Broccoli Bananas <u>DF: DF Chicken Broccoli Casserole</u> <u>V, Vegan: Tofu Broccoli Casserole</u>	Turkey Lentil Sloppy Joes - <u>DF, EF</u> Dinner Roll Cauliflower Pineapple <u>V, Vegan: Lentil &amp; Bean Sloppy Joe</u> <u>GF: White Rice</u>	Red Pepper Turkey - <u>EF, GF</u> Whole Grain Brown Rice Zucchini and Squash Watermelon <u>V, Vegan: Tofu w/ DF Sauce</u> <u>DF: Turkey w/ DF Sauce</u>	Italian Meatball Sub Mini Hoagie Green Beans Fruit Salad <u>V, Vegan, DF, EF, GF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>
Monday, June 16, 2025	Tuesday, June 17, 2025	Wednesday, June 18, 2025	Thursday, June 19, 2025	Friday, June 20, 2025
Teriyaki Meatballs Vegetable Rice Honeydew <u>V, Vegan: Tofu Teriyaki</u> <u>DF, EF, GF: Chicken Teriyaki</u>	Chicken Fajitas - <u>DF, EF</u> Flour Tortillas Cauliflower Bananas <u>V, Vegan: Bean Fajitas</u> <u>GF: Corn Tortilla</u>	Pasta w/ Meat Sauce - <u>DF, EF</u> Pasta Sliced Carrots Cantaloupe <u>V, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: Entrée w/ GF Pasta</u>	BBQ Chicken Quinoa - <u>DF, EF</u> Dinner Roll Broccoli Watermelon <u>V, Vegan: BBQ Tofu</u> <u>GF: Whole Grain Brown Rice</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, June 23, 2025	Tuesday, June 24, 2025	Wednesday, June 25, 2025	Thursday, June 26, 2025	Friday, June 27, 2025
Mega Mac & Cheese - <u>V, EF</u> Pasta Peas and Carrots Cantaloupe <u>GF: GF Pasta w/ Cheese Sauce</u> <u>Vegan, DF: Cheesy Vegan Pasta</u>	Taco Tuesday! - <u>EF</u> Flour Tortillas Lettuce, Salsa Bananas <u>V, Vegan: Veggie &amp; Bean Taco</u> <u>GF: Corn Tortilla</u>	Maui Chicken - <u>DF, EF, GF</u> White Rice Broccoli Pineapple <u>V, Vegan: Maui Tofu</u>	Cheesy Chicken Philly - <u>EF</u> Mini Hoagie Green Beans Watermelon <u>V, Vegan, DF: White Bean Philly</u> <u>GF: White Rice</u>	Pepperoni Pizza Pasta - <u>EF</u> Pasta Sliced Carrots Fruit Salad <u>V, Vegan, DF: Veggie Pizza Pasta</u> <u>GF: GF Pepperoni Pizza Pasta</u>

All meals prepared in a facility that handles wheat and wheat-based products