

## **June Lunch**

## **NO FRIED FOODS!!**

Monday, June 3, 2024	Tuesday, June 4, 2024	Wednesday, June 5, 2024	Thursday, June 6, 2024	Friday, June 7, 2024
Pasta Alfredo - <b>V, EF</b>	Chicken Fajitas - <b>DF, EF</b>	Teriyaki Meatballs	BBQ Chicken Quinoa - <b>DF, EF</b>	Pizza Day - <b>V, EF</b>
Pasta	Flour Tortillas	Vegetable Rice	Dinner Roll	Flour Pizza Crust
Peas and Carrots	Broccoli	Pineapple	Cauliflower	Cucumbers
Cantaloupe	Bananas	V, Vegan: Tofu Teriyaki	Honeydew	Fruit Salad
DF, Vegan: Pasta Marinara Vegan Cheese	V, Vegan: Bean Fajitas	DF, EF, GF: Chicken Teriyaki	V, Vegan: BBQ Tofu	DF: Pizza w/Turkey Pepperoni
GF: GF Pasta Alfredo	GF: Corn Tortilla		<b>GF: Gluten Free Bread</b>	GF: Gluten Free Pizza w/ Cheese
				Vegan: Pizza w/ Vegan Cheese
Monday, June 10, 2024	Tuesday, June 11, 2024	Wednesday, June 12, 2024	Thursday, June 13, 2024	Friday, June 14, 2024
Mega Mac & Cheese - V, EF	Chicken Chickpea Gyros - <b>EF</b>	Turkey Paella - <b>DF, EF, GF</b>	Cheesy Chicken Philly - <b>EF</b>	Cheesy Italian Pasta - <b>V, EF</b>
Pasta	Pita Bread	Turmeric Rice	Mini Hoagie	Cucumbers
Sliced Carrots	Green Beans	Peas and Carrots	Broccoli	Fruit Salad
Cantaloupe	Bananas	Cantaloupe	Pineapple	Vegan, DF: Pasta Marinara Vegan Cheese
GF: GF Pasta w/ Cheese Sauce	V, Vegan, DF: Chickpea and Veggie Gyros	V, Vegan: Tofu Paella	DF: DF Chicken Philly	GF: Entrée w/ GF Pasta
Vegan, DF: Cheesy Vegan Pasta	GF: Corn Tortilla		V, Vegan: White Bean Philly	
			GF: White Rice	
Monday, June 17, 2024	Tuesday, June 18, 2024	Wednesday, June 19, 2024	Thursday, June 20, 2024	Friday, June 21, 2024
Swedish Meatballs	Taco Tuesday! - <u><b>EF</b></u>	Pasta w/ Meat Sauce - <b>DF, EF</b>	Cheesy Chicken Broccoli - <b>EF, GF</b>	Pizza Day - <b>V, EF</b>
Wheat Bread	Flour Tortillas	Pasta	Whole Grain Brown Rice	Flour Pizza Crust
Sliced Carrots	Lettuce, Salsa	Peas and Carrots	Broccoli	Cucumbers
Honeydew	Bananas	Watermelon	Cantaloupe	Fruit Salad
V, Vegan, DF, EF, GF:	V, Vegan: Veggie &Bean Taco	V: Cheesy Italian Pasta	V, Vegan: Tofu Broccoli Casserole	DF: Pizza w/Turkey Pepperoni
Veggie Meatballs	GF: Corn Tortilla	Vegan: Pasta Marinara Vegan Cheese	DF: DF Chicken Broccoli Casserole	GF: Gluten Free Pizza w/ Cheese
GF: Gluten Free Bread		GF: Entrée w/ GF Pasta		Vegan: Pizza w/ Vegan Cheese
Monday, June 24, 2024	Tuesday, June 25, 2024	Wednesday, June 26, 2024	Thursday, June 27, 2024	Friday, June 28, 2024
Creamy Pesto Pasta - V, EF	Chicken Broccoli Teriyaki - <b>DF, EF, GF</b>	Turkey Lentil Sloppy Joes - <b>DF, EF</b>	Red Pepper Chicken - <b>EF, GF</b>	Spaghetti and Meatballs
Pasta	White Rice	Dinner Roll	Whole Grain Brown Rice	Spaghetti
Sliced Carrots	Broccoli	Cauliflower	Green Beans	Cucumbers
Cantaloupe	Bananas	Watermelon	Honeydew	Fruit Salad
DF, Vegan: DF Pesto Pasta w/ Vegan Cheese	V, Vegan: Tofu Broccoli Teriyaki	V, Vegan: Lentil & Bean Sloppy Joe	V, Vegan: Tofu w/ DF Sauce	V, EF: Cheesy Italian Pasta
GF: GF Creamy Pesto Pasta		<b>GF: Gluten Free Bread</b>	DF: Chicken w/ DF Sauce	Vegan, DF: Pasta Marinara Vegan Cheese
				GF: GF Cheesy Italian Pasta