




CHILDREN'S LIGHTHOUSE JUNE 2026 MENU

Under the Sea Adventure

★ Healthy meals for happy, growing kids!

WEEK OF JUNE 1-5

| |  BREAKFAST |  LUNCH |  SNACK |
|-------------------|---|---|---|
| Monday, June 1 | Turkey Bacon, Toast & Banana | Spaghetti, Rolls & Corn | Cheez-Its |
| Tuesday, June 2 | Pancakes & Sausage | Cheese Quesadillas, Green Beans & Strawberries | Animal Crackers |
| Wednesday, June 3 | Cereal | Turkey & Cheese Sandwich, Grapes & Corn | Chips & Dip |
| Thursday, June 4 | Grits & Sausage | Hamburger Steak & Gravy, Mashed Potatoes, Corn & Roll | Veggie Chips |
| Friday, June 5 | Oatmeal & Apples | Chicken Nuggets, Fries & Fruit | Cheese & Crackers |

WEEK OF JUNE 8-12

| |  BREAKFAST |  LUNCH |  SNACK |
|--------------------|---|---|---|
| Monday, June 8 | French Toast & Fruit | Pizza & Fries | Yogurt & String Cheese |
| Tuesday, June 9 | Biscuits & Jam | Chicken Alfredo, Green Beans & Garlic Bread | Graham Crackers |
| Wednesday, June 10 | Sausage Biscuit | Mac & Cheese, Veggies & Fruit | Muffins |
| Thursday, June 11 | Oatmeal & Oranges | Tacos, Corn & Rice | Goldfish & Juice |
| Friday, June 12 | Toast & Strawberries | Chicken & Rice with Roll | Mini Cookies & Milk |

WEEK OF JUNE 15-19

| |  BREAKFAST |  LUNCH |  SNACK |
|--------------------|---|---|---|
| Monday, June 15 | Pancakes & Bacon | Shepherd's Pie, Green Beans & Roll | Vanilla Wafers |
| Tuesday, June 16 | Muffins & Sausage | Fish Sticks, Fries & Green Beans | Fig Bars |
| Wednesday, June 17 | SunButter & Jam | Mini Corn Dogs, Veggies & Fruit | Cheez-Its |
| Thursday, June 18 | Sausage, Toast & Banana | Chicken Alfredo, Garlic Bread & Green Beans | Graham Crackers |
| Friday, June 19 | Oatmeal & Apples | Pizza, Corn & Fruit | Chips |

WEEK OF JUNE 22-26

| |  BREAKFAST |  LUNCH |  SNACK |
|--------------------|---|---|---|
| Monday, June 22 | Cereal | Teriyaki Chicken, Rice & Green Beans | Z-Bar |
| Tuesday, June 23 | Yogurt Cup | Pizza & Fries | Applesauce |
| Wednesday, June 24 | Grits Bowl | Chili, Grilled Cheese & Fruit | Muffins |
| Thursday, June 25 | Turkey & Cheese Croissant | Macaroni, Broccoli & Garlic Bread | Fig Bar |
| Friday, June 26 | Sausage Biscuit | Turkey & Cheese Sandwiches & Tater Tots | Fruit Cup |

WEEK OF JUNE 29-JULY 3

| |  BREAKFAST |  LUNCH |  SNACK |
|-------------------|---|---|---|
| Monday, June 29 | Pancake on a Stick | Fish Sticks, Potatoes & Green Beans | Pretzels |
| Tuesday, June 30 | Waffles & Sausage | Cheese Quesadillas, Corn & Strawberries | Chips & Dip |
| Wednesday, July 1 | Grits & Bacon | Spaghetti, Corn & Rolls | Goldfish |
| Thursday, July 2 | Breakfast Burritos | Chicken Salad Sandwiches, Fruit & Chips | Vanilla Wafers |
| Friday, July 3 | French Toast & Turkey Bacon | Chicken Nuggets, Green Beans & Fruit | String Cheese |



Menu items may be substituted based on product availability.



Please notify us of any food allergies or dietary restrictions.



Meals are prepared with love to help our little learners grow strong and healthy!

Have a
FIN-TASTIC
June! ♥