



Snack Menu

NO FRIED FOODS!!

| Monday, June 29, 2026 | Tuesday, June 30, 2026 | Wednesday, July 01, 2026 | Thursday, July 02, 2026 | Friday, July 03, 2026 |
|--|---|--|---|---|
| HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF Vegan, DF: DF Vanilla Yogurt Vegan: Organic Rice Crisps | HOK Blueberry Bread and Peaches V Vegan, DF, EF, GF: GF Vegan Banana Bread | HOK Oatmeal and Mango Chunks V, Vegan, DF, EF, GF | HOK Pancakes and Strawberry Compote V Vegan, DF, EF, GF: GF Vegan Pancake | Happy 4th of July! |
| HOK Applesauce and Graham Crackers V, DF, EF Vegan, GF: Veggie Straws | Wisconsin Cheese Curds and Watermelon V, EF, GF Vegan, DF: Chickpea Puffs | Pita and HOK Dilly Dip V, EF GF: Cucumbers Vegan, DF: HOK Hummus | HOK Turkey Wraps DF, EF V, Vegan: HOK White Bean Wrap GF: Corn Tortilla | |
| Monday, July 06, 2026 | Tuesday, July 07, 2026 | Wednesday, July 08, 2026 | Thursday, July 09, 2026 | Friday, July 10, 2026 |
| Bagels and Cream Cheese V, EF Vegan, DF, GF: Compote GF: GF Vegan Pancake | HOK Banana Bread and Pears V Vegan, DF, EF, GF: GF Vegan Banana Bread | HOK Cinnamon Bread and Mango Chunks V Vegan, DF, EF, GF: GF Vegan Peach Bread | Maple Mini Waffles and HOK Peach Compote V Vegan, DF, EF, GF: GF Vegan Pancake | HOK Apple Cinnamon Granola Bar and Bananas V, Vegan, DF, EF, GF |
| HOK Hummus and Pita V, Vegan, EF, DF GF: Cucumbers | Turkey Cubes and HOK Applesauce DF, EF, GF V, Vegan: Veggie Straws | Pretzel Bites and HOK Cheese Dip V, EF GF: GF Pretzels DF, Vegan: Sunbutter | HOK Banana Oat Bites and Apple Slices V, Vegan, DF, EF, GF | Organic Tortilla Chips and HOK Spinach Dip V, GF Vegan, DF, EF: HOK Salsa |
| Monday, July 13, 2026 | Tuesday, July 14, 2026 | Wednesday, July 15, 2026 | Thursday, July 16, 2026 | Friday, July 17, 2026 |
| HOK Granola Cereal and HOK Blueberry Yogurt V, EF, GF Vegan, DF: DF Vanilla Yogurt Vegan: Organic Rice Crisps | HOK Blueberry Bread and Peaches V Vegan, DF, EF, GF: GF Vegan Banana Bread | HOK Oatmeal and Honeydew V, Vegan, DF, EF, GF | French Toast and HOK Blueberry Compote V Vegan, DF, EF, GF: GF Vegan Pancake | HOK Strawberry Yogurt and Bananas V, EF, GF Vegan, DF: Dairy Free Vanilla Yogurt |
| HOK Applesauce and Graham Crackers V, DF, EF Vegan, GF: Veggie Straws | Cheese Cubes and Watermelon V, EF, GF Vegan, DF: Chickpea Puffs | Cucumbers and HOK Ranch V, GF Vegan, DF, EF: White Bean Dip | Cottage Cheese and Pineapple V, EF, GF Vegan, DF: Cucumbers | HOK Apple Butter Bread and Pears V, DF Vegan, EF, GF: GF Vegan Peach Bread |
| Monday, July 20, 2026 | Tuesday, July 21, 2026 | Wednesday, July 22, 2026 | Thursday, July 23, 2026 | Friday, July 24, 2026 |
| Bagels and Cream Cheese V, EF Vegan, DF, GF: Compote GF: GF Vegan Pancake | HOK Banana Bread and Pears V Vegan, DF, EF, GF: GF Vegan Banana Bread | HOK Peach Bread and Mango Chunks V Vegan, DF, EF, GF: GF Vegan Peach Bread | Biscuits and Strawberry Compote V, EF Vegan, DF, GF: GF Vegan Pancake | HOK Apple Cinnamon Granola Bar and Bananas V, Vegan, DF, EF, GF |
| HOK Hummus and Pita V, Vegan, EF, DF GF: Cucumbers | Turkey Cubes and HOK Applesauce DF, EF, GF V, Vegan: Veggie Straws | Pretzels and HOK Sunbutter V, Vegan, DF, EF GF: GF Pretzels | HOK Banana Oat Bites and Apple Slices V, Vegan, DF, EF, GF | Organic Tortilla Chips and HOK Salsa V, Vegan, DF, EF, GF |
| Monday, July 27, 2026 | Tuesday, July 28, 2026 | Wednesday, July 29, 2026 | Thursday, July 30, 2026 | Friday, July 31, 2026 |
| HOK Granola Cereal and HOK Peach Yogurt V, EF, GF Vegan, DF: DF Vanilla Yogurt Vegan: Organic Rice Crisps | HOK Blueberry Bread and Peaches V Vegan, DF, EF, GF: GF Vegan Banana Bread | HOK Oatmeal and Mango Chunks V, Vegan, DF, EF, GF | HOK Pancakes and Strawberry Compote V Vegan, DF, EF, GF: GF Vegan Pancake | HOK Vanilla Yogurt and Bananas V, EF, GF Vegan, DF: Dairy Free Vanilla Yogurt |
| HOK Applesauce and Graham Crackers V, DF, EF Vegan, GF: Veggie Straws | Wisconsin Cheese Curds and Watermelon V, EF, GF Vegan, DF: Chickpea Puffs | Pita and HOK Dilly Dip V, EF GF: Cucumbers Vegan, DF: HOK Hummus | HOK Turkey Wraps DF, EF V, Vegan: HOK White Bean Wrap GF: Corn Tortilla | HOK Pumpkin Bread and Apple Slices V, DF Vegan, EF, GF: GF Vegan Peach Bread |

Disclaimer: For a complete list of ingredients, please refer to the official ingredient list provided.
All meals prepared in a facility that handles wheat and wheat-based products