**B: Breakfast L: Lunch S: Snack**

**July 2nd- August 3rd**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| **July**  **2-6** | **B:** Mixed Cereal, Pears, , Milk  **L:**Chicken Nuggets. Rolls, Peaches, Milk  **S:** Ritz w/String Cheese, Water | **B:** Mini Muffins, Peaches, Milk  **L:** Chicken, Rice, Pineapples, Peas, Milk  **S** Graham Crackers, 100% Apple Juice | **Closed for Independence day!!** | **B:** NutriGrain Bars, Pineapples, Milk  **L:** Spaghetti and Turkey Meatballs, Corn, Tropical Fruit, Milk  **S:** Chex Mix, 100% Apple Juice | **B:** Mixed Cereal, Tropical Fruit, Milk **L:** Pizza, Extra Cheese, Mixed Vegetables, Mixed Fruit, Milk  **S:** GoldFish, Apples, Water |
| **July**  **9-13** | **B:** Cinnamon Toast Crunch Cereal, Mixed Fruit, Milk **L:** Chicken Nuggets, Applesauce, Rolls Peas, Milk  **S:** Club Crackers, Yogurt, Water | **B:** Bagels w/Cream cheese & Jelly, Peaches, Milk  **L:** Baked Chicken Breast, White Rice, Broccoli, Tropical Fruit, Milk  **S:** Animal Crackers, 100% Apple Juice | **B:** Cheerios, Pineapples, Milk  **L:** Chicken Alfredo with Noodles,Green Beans, Peaches, Milk  **S:**Graham Crackers, Oranges, Water | **B:**Waffles w/syrup, Applesauce, Milk  **L:** Rice & Pinto Beans, Corn, Tropical Fruit, Milk  **S:** Fig Newton Bars,  100% Apple Juice | **B:** Life Cereal, Tropical Fruit, Milk  **L:** Pizza, Extra Cheese, Mixed Vegetables, Mixed Fruit, Milk  **S:** Trail Mix, Apples, Water |
| **July**  **16-20** | **B:** Cheerios Cereal, Mixed Fruit, Milk  **L:** Chicken Nuggets, Peaches, Rolls,green beans, Milk  **S:** Ritz Crackers, String Cheese, Water | **B:** Waffles w/syrup, Peaches, Milk  **L:** HM Mac-n-Cheese, Peas, Pineapples, Milk  **S:** Toasteds, 100% Apple Juice | **B:** French Toast, Pineapples, Milk  **L:** Turkey & Cheese Sandwich, Peas, Applesauce, Milk  **S:** Chocolate Chip Cookies, Oranges, Water | **B:** English Muffins, Applesauce, Milk  **L:** Spaghetti & Turkey Meatballs, Green Beans, Peaches, Milk **S:** Club Crackers, 100% Apple Juice | **B:** Frosted Flakes, Tropical Fruit, Milk  **L:** Pizza, Extra Cheese, Mixed Vegetables, Mixed Fruits, Milk  **S:** GoldFish, Apples, Water |
| **July**  **23-27** | **B:** Blueberry Muffins, Applesauce, Milk  **L:** Chicken Nuggets Broccoli, Tropical Fruit, Milk, Rolls  **S:** GoldFish, Apples, Water | **B:** Waffles, Applesauce, Milk  **L:** Spaghetti and Turkey Meatballs, Peaches, Milk  **S:** Animal Crackers, 100% Apple Juice | **B:** English Muffins w/Jelly, Tropical Fruit, Milk  **L:** HM Mac-n-Cheese, Corn, Peaches, Milk  **S:** Club Crackers, Oranges, Water | **B:** Pancakes w/syrup, Applesauce, Milk  **L:** Spaghetti and Meatballs, Corn, Tropical Fruit, Milk  **S:** Chex Mix, 100% Apple Juice | **B:** Cheerios Cereal, Tropical Fruit, Milk  **L:** Pizza, Extra Cheese, Mixed Vegetables, Mixed Fruit, Milk  **S:** Oatmeal Cookies, Apples, Water |
| **July**  **30-Aug**  **3** | **B:** Frosted Mini-Wheats, Pineapples, Milk  **L:** Chicken Nuggets,, Corn, Mashed Potatoes, Rolls Tropical Fruit, Milk  **S:** Chex Mix, 100% Apple Juice | **B:** Cinnamon Toast Crunch, Peaches Milk  **L:** Grilled Cheese, Green Beans, Applesauce,Milk  **S:**Graham Crackers, Oranges, Water | **B:** English Muffins, Applesauce, Milk  **L:** Rice & Pinto Beans, Corn, Tropical Fruit, Milk  **S:** Fig Newton Bars,  100% Apple Juice | **B:** Waffles w/Syrup, Applesauce, Milk  **L:** Turkey And Cheese Wrap, Carrot Sticks, Applesauce,  Milk  **S:** Animal Crackers, 100% Apple Juice | **B:** Life Cereal, Mixed Fruit, Milk **L:** Pizza Extra Cheese,Corn, Oranges, Milk  **S:** Club Crackers, Yogurt, Water |