



Children's Lighthouse

1801 Bagdad Road
Cedar Park, TX 78613



July 2020



		Wednesday 7/1	Thursday 7/2	Friday 7/3
		am: breakfast pastry (muffin) Beef Ravioli Salad Peaches pm: chex mix	am: waffles w/ syrup Meatballs w/ gravy White Rice Pears pm: summer popsicle :)	CLOSED FOR 4TH OF JULY 
Monday 7/6	Tuesday 7/7	Wednesday 7/8	Thursday 7/9	Friday 7/10
am: maple brown sugar oatmeal Turkey & Cheese Sandwich Chips Diced pears pm: graham crackers	am: french toast sticks Tomato Soup Green Beans Pineapple pm: cheese itz	am: bagel w/ strawberry cream cheese Beef Ravioli Peas Peaches pm: vanilla wafers	am: yogurt cups Tator Tot Casserole Corn Fresh Fruit pm: ritz crackers	am: cereal Chef's Choice Mixed Veggies Mixed Fruit pm: fruit roll up
Monday 7/13	Tuesday 7/14	Wednesday 7/15	Thursday 7/16	Friday 7/17
am: butter biscuit Cheese quesadilla Spanish Rice Pineapple pm: fig newton	am: rice cakes Macaroni & Cheese Green Beans Mandarin Oranges pm: animal crackers	am: pancakes Chicken Noodle Soup w/ Crackers Diced Pears pm: string cheese	am: cinnamon applesauce Cheeseburger Mixed Veggie Mixed Fruit pm: teddy grahams	am: waffles w/syrup Chicken strips w/ ketchup Corn Peaches pm: pickles
Monday 7/20	Tuesday 7/21	Wednesday 7/22	Thursday 7/23	Friday 7/24
am: waffles w/ syrup Bean & Cheese Taco Side Salad Pineapple pm: goldfish crackers	am: morning muffin Pasta w/ Red Sauce Peas & Carrots Fresh Fruit pm: chex mix	am: fruit bars Creamy Rice Bake Carrots Mandarin Oranges pm: graham crackers	am: sausage links Grilled Cheese Veggie Sticks Apple Slices pm: oatmeal cookie	am: toast w/ jelly Meatballs w/ gravy Rice Dice Pears pm: cheese itz
Monday 7/27	Tuesday 7/28	Wednesday 7/29	Thursday 7/30	Friday 7/31
am: cereal Tator Tot Casserole Green Beans Mixed Fruit pm: pickles	am: yogurt cups Chicken strips Corn Mandarin Oranges pm: vanilla wafers	am: maple brown sugar oatmeal Ham & Cheese Sandwich Chips Pineapple pm: carrots w/ ranch	am: butter biscuit Pasta w/ Alfredo Peas & Carrots Pears pm: fruit roll up	am: rice cakes Tomato Soup w/ Crackers Mixed Fruit pm: ritz crackers

Milk is served with lunch everyday

