


# July 2026

		<i>Monday 7/6</i>	<i>Tuesday 7/7</i>	<i>Wednesday 7/8</i>	<i>Thursday 7/9</i>	<i>Friday 7/10</i>													
<p><b>Monday 7/6</b></p> <p>Breakfast: French toast w/ pears Lunch: Chicken Alfredo, carrots, wheat bread and peaches Snack: Teddy grahams &amp; fruit</p>	<p><b>Tuesday 7/7</b></p> <p>Breakfast: English muffins &amp; applesauce Lunch: Turkey &amp; cheese on wheat, Fresh oranges and Cucumbers Snack: Animal crackers &amp; fruit</p>	<p><b>Wednesday 7/8</b></p> <p>Breakfast: Cheese toast &amp; strawberries Lunch: WG Pepperoni pizza sticks, salad and peaches Snack: Pretzel &amp; Hummus</p>	<p><b>Thursday 7/9</b></p> <p>Breakfast: Blueberry muffins &amp; pears Lunch: Chicken nuggets, Sweet potato fries, wheat bread and Pineapples Snack: Rice cakes &amp; sun butter</p>	<p><b>Friday 7/10</b></p> <p>Breakfast: Sausage, tortilla &amp; blueberries Lunch: Beef patty on wheat bun, California veggies and Mixed fruit Snack: Multigrain crackers &amp; yogurt raisins</p>	<p><b>Monday 7/13</b></p> <p>Breakfast: Toasted Bagels &amp; fruit spread Lunch: Beef fingers, mash potatoes, wheat bread and Pineapples Snack: Club crackers &amp; fruit</p>	<p><b>Tuesday 7/14</b></p> <p>Breakfast: Cereal w banana Lunch: Chicken Parmesan, wheat bread, Green beans &amp; mandarins Snack: Wheat cracker &amp; Sun butter</p>	<p><b>Wednesday 7/15</b></p> <p>Breakfast: Biscuits &amp; fruit jam Lunch: Cheese Ravioli Salad, wheat bread Peaches Snack: Whole grain baked cheetos &amp; fruit</p>	<p><b>Thursday 7/16</b></p> <p>Breakfast: Pancakes &amp; Mixed berries Lunch: Turkey hotdogs on wheat bun, Baked beans &amp; Pineapples Snack: Townhouse crackers &amp; cheese Sticks</p>	<p><b>Friday 7/17</b></p> <p>Breakfast: Cereal &amp; bananas Lunch: Chicken enchilada, Pinto bean and mandarin oranges Snacks: Animal crackers and fruit</p>	<p><b>Monday 7/20</b></p> <p>Breakfast: Apple muffins w/ Pears Lunch: Chicken, Broccoli Stirfry, Brown rice and pineapples Snack: Chex mix and fruit</p>	<p><b>Tuesday 7/21</b></p> <p>Breakfast: WG breakfast pizza &amp; peaches Lunch: Mac n cheese w/ ham, Peas, wheat bread and pears Snack: Pita chips &amp; Hummus</p>	<p><b>Wednesday 7/22</b></p> <p>Breakfast: Yogurt, granola &amp; blueberries Lunch: Ham &amp; cheese wrap, Fresh fruit and veggie straws Snack: Grahams &amp; fruit</p>	<p><b>Thursday 7/23</b></p> <p>Breakfast: Turkey sausage, Toast &amp; Peaches Lunch: Chicken sandwich on wheat, peas &amp; carrots and mandarin oranges Snack: Ritz crackers &amp; sun butter</p>	<p><b>Friday 7/24</b></p> <p>Breakfast: Cereal &amp; banana Lunch: Salisbury steak, wheat bread, corn and Mixed fruit Snack: Mixed berries &amp; cheese cubes</p>	<p><b>Monday 7/27</b></p> <p>Breakfast: Cheese toast &amp; mandarins Lunch: Beef meatballs, Wheat bread, Glazed carrots &amp; applesauce Snack: Rice cakes &amp; fruit</p>	<p><b>Tuesday 7/28</b></p> <p>Breakfast: Mini waffles &amp; mixed berries Lunch: Chicken Tacos on whole wheat tortillas w/ refried beans, Salad &amp; mixed fruit Snack: Teddy grahams &amp; fruit</p>	<p><b>Wednesday 7/29</b></p> <p>Breakfast: Cereal &amp; Banana Lunch: Wheat pasta w/ meatsauce, green beans and mixed berries Snack: Pretzels &amp; Cheese</p>	<p><b>Thursday 7/30</b></p> <p>Breakfast: Pancake Puffs &amp; Peaches Lunch: Orange chicken, brown rice, broccoli and oranges Snack: Veggie crackers &amp; Cheese cubes</p>	<p><b>Friday 7/31</b></p> <p>Breakfast: English muffins and applesauce Lunch: Fish sticks, Corn, wheat bread and pears Snack: Scooby grahams &amp; Fruit</p>

milk served w/ breakfast and Lunch

water served with snack