



July 2022 Menu

AM Snack	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	PM Snack
Mon- School Closed Tues- Bagel's w/ Cream Cheese, Milk Wed- Waffles with Syrup, Milk Thurs- Turkey Sausage, Hash Brown, Milk Fri- Cereal, Fruit & Milk	4 Independence Day School Closed	5 Burrito Spanish Rice Mandarin Oranges <i>*Cheese Quesadilla</i>	6 Grilled Chicken Sandwich Sweet Potato Fries Peaches, Milk <i>*Veggie Burgers</i>	7 Steak Fingers Mashed Potatoes Green Beans Peaches, Milk <i>*Veggie Meatballs</i>	8 Broccoli & Cheese Soup w/ Breadsticks Apples Milk	Mon- School Closed Tues- Animal Crackers Wed- Cheez-itz Thurs- Teddy Grahams Fri- Goldfish
Mon- Omelet, Milk Tues- Bagel's w/ Cream Cheese, Milk Wed- Waffles with Syrup, Milk Thurs- Turkey Sausage, Hash Brown, Milk Fri- Cereal, Fruit & Milk	11 Dino Nuggets Mixed Vegetables Tropical Fruit Milk <i>*Plant based meatballs</i>	12 Crisпитos Spanish Rice Mandarin Oranges <i>*Cheese Quesadilla</i>	13 Chicken Alfredo Green Beans Peaches Milk <i>*Veggie Burgers</i>	14 Steak Fingers Mashed Potatoes Green Beans Peaches, Milk <i>*Veggie Meatballs</i>	15 Fish Sticks Macaroni & Cheese Broccoli Apples, Milk <i>*Mac & Cheese</i>	Mon- Graham Crackers Tues- Animal Crackers Wed- Cheez-itz Thurs- Teddy Grahams Fri- Goldfish
Mon- Bagels w/ Cream Cheese & Milk Tues- French Toast, Milk Wed- Biscuit's w/ Jelly, Hash Brown, Milk Thurs- Cereal, Fruit & Milk Fri- Danish, Milk	18 Spaghetti w/Meat Sauce Green Beans Pineapples, Milk <i>*Spaghetti w/ Sauce</i>	19 Chicken & Cheese Quesadilla Corn Mandarin Oranges Milk <i>*Cheese Quesadilla</i>	20 Chicken Sandwich Tater Tots Tropical Fruit Milk <i>*Veggie Burger</i>	21 Turkey & Cheese Wrap Cucumbers Strawberries Milk <i>*Veggie Burger</i>	22 Broccoli & Cheese Soup w/ Breadsticks Apples Milk	Mon- Animal Crackers Tues- String Cheese & Crackers Wed- Pretzels Thurs- Blueberry Bar Fri- Chef's Choice
Mon- Blueberry Muffins, Milk Tues- Bagel's w/ Cream Cheese, Milk Wed- French Toast Sticks w/ Syrup, Milk Thurs- Cereal & Milk Fri- Sausage Biscuit	25 BBQ Chicken Ranch Style Beans Pineapples Milk <i>*Plant based meatballs</i>	26 Turkey Soft Taco Corn Mandarin Oranges Milk <i>*Cheese Quesadilla</i>	27 Meatballs w/Gravy Mashed Potatoes Green Beans Peaches, Milk <i>*Veggie Meatballs</i>	28 Barbeque Sandwich Sliced Pickles Baked Beans Peaches Milk <i>*Veggie Burger</i>	29 Cheese Ravioli Green Beans Pears Milk	Mon- Rice Crispies Tues- Cheez-itz Wed- Blueberry Bar Thurs- Teddy Grahams Fri- Strawberry Chex Mix

***Fresh Fruit Served Daily with all Snacks**