





July School Menu - 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers
	Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Chicken Sandwich Carrots and Pears Vegetarian: Cheese Sandwich Afternoon Snack: Trail Mix	Breakfast: Cereal with Milk & Fruit Morning Snack: Nutrigrain Cereal Bar Lunch: Turkey and Cheese Wrap Peas and Bananas Vegetarian: Cheese Quesadilla Afternoon Snack: Blueberry Muffins	Breakfast: Yogurt & Fruit Morning Snack: Cheerios w/raisins Lunch: Chicken and Cheesey Rice Casserole Broccoli and Applesauce Vegetarian: Veggie Chicken and Rice Casserole Afternoon Snack: Wheat Thins w/Hummus	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes
Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/Fruit Lunch: Chicken Nuggets, Mashed Potatoes Corn and Pineapples Vegetarian: Veggie Nuggets Afternoon Snack: Graham Crackers w/fruit	Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Mac N Cheese w/chicken bits Green Beans and Apples Vegetarian: Mac N Cheese Afternoon Snack: Animal Crackers w/Milk	Breakfast: Cereal with Milk & Fruit Morning Snack: Waffles w/Fruit Lunch: Ground Turkey Tacos, Peas and Bananas Vegetarian: Veggie Crumble Tacos Afternoon Snack: Ritz Crackers w/Cheese	Breakfast: Yogurt & Fruit Morning Snack: Cinnamon Raisin Bread Lunch: Spaghetti w/Meatballs, Carrots and Peaches Vegetarian: Spaghetti w/Veggie Crumble Afternoon Snack: Pretzels/Cheerios	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers
Breakfast: Cereal with Milk & Fruit Morning Snack: Pancakes w/Fruit Lunch: Fish Sticks, Mashed Potatoes, Corn and Applesauce/Apple Slices Vegetarian: Veggie Nuggets Afternoon Snack: Goldfish Crackers	Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Mini Turkey Corn Dogs Carrots and Oranges Vegetarian: Veggie Corn Dogs Afternoon Snack: Trail Mix	Breakfast: Cereal with Milk & Fruit Morning Snack: Nutrigrain Cereal Bar Lunch: Sloppy Jo, Green Beans and Bananas Vegetarian: Veggie Crumble Sloppy Jo Afternoon Snack: Blueberry Muffins	Breakfast: Yogurt & Fruit Morning Snack: Cheerios w/raisins Lunch: Chicken Tetrizzini, Broccoli and Peaches Vegetarian: Veggie Chicken Tetrizzini Afternoon Snack: Wheat Thins w/Hummus	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes
Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/Fruit Lunch: Lasagna Peas and Apple Slices Vegetarian: Veggie Lasagna Afternoon Snack: Graham Crackers w/fruit	Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Hawaiian Roll Turkey Sliders, Broccoli and Bananas Vegetarian: Grilled Cheese Sliders Afternoon Snack: Animal Crackers w/milk	Breakfast: Cereal with Milk & Fruit Morning Snack: French Toast w/Fruit Lunch: Chicken Alfredo Pasta, Peas & Carrots and Pears Vegetarian: Veggie Chicken Alfredo Afternoon Snack: Ritz Crackers w/Cheese	Breakfast: Yogurt & Fruit Morning Snack: Cinnamon Raisin Bread Lunch: Bean and Cheese Burrito , Green Beans and Pineapples Vegetarian: Same Afternoon Snack: Pretzels/Cheerios	Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers

*Variety of Cereals are served for breakfast

*Milk is served with breakfast, lunch and some afternoon snacks/Water is served with all meals and available throughout the day/100% Fruit Juice served with most afternoon Snacks