



SUMMER
Splash
WEEKLY MENU

MONDAY



BREAKFAST:

Pancakes and
Frozen fruit

LUNCH

Chicken and Rice,
green beans,
roll

SNACK

Cookies
and Milk

TUESDAY



BREAKFAST:

Oatmeal
and sausage

LUNCH

Chicken nuggets,
french fries
and fruit

SNACK

Applesauce

WEDNESDAY



BREAKFAST:

French Toast
and
Strawberries

LUNCH

Terriyaki Chicken,
rice and
broccoli

SNACK

Muffins

THURSDAY



BREAKFAST:

Grits
and bacon

LUNCH

Fish sticks,
salad,
apple slices

SNACK

String cheese

FRIDAY



BREAKFAST:

Cereal
and bananas

LUNCH

Turkey sandwiches
and
picnic sides

SNACK

Yogurt

