



# July School Menu 2024

Morning Snack Served with Fresh Fruit	Monday	Tuesday	Wednesday	Thursday	Friday	Afternoon Snack
<b>Mon.-</b> Multigrain Bars w/pineapples <b>Tues.-</b> Cornbread w/applesauce <b>Wed.-</b> Cheerios & Raisins w/pears <b>Thurs.-</b> Blueberry Muffins w/apples <b>Fri.-</b> Whole Wheat Waffles w/bananas	<b>1</b> Mac N Cheese Broccoli melon  *Mac N Cheese	<b>2</b> Cheese Ravioli, Corn, pears  *Cheese Ravioli	<b>3</b> Chicken Quesadilla Green Beans pineapple  *Cheese Quesadilla	<b>4</b> Chicken Sandwich Green Peas apples  *Veggie Chicken	<b>5</b> Cheese Pizza Mixed Veggies Mixed Fruit	<b>Mon.-</b> Animal Crackers w/apples <b>Tues.-</b> Graham Crackers w/bananas <b>Wed.-</b> Ritz Crackers w/oranges <b>Thurs.-</b> Trail Mix w/bananas <b>Fri.-</b> Sweet Potato Crackers w/oranges
<b>Mon.-</b> Whole Wheat Toast w/pineapples <b>Tues.-</b> French Toast Sticks w/pears <b>Wed.-</b> Cinnamon Raisin Bread w/apple sause <b>Thurs.-</b> Vanilla Yogurt w/mixed berries <b>Fri.-</b> Whole Wheat Pancakes w/bananas	<b>8</b> Chicken Alfredo Green Beans melons *Veggie Chicken	<b>9</b> Chicken and Rice Broccoli pears *Veggie Chicken	<b>10</b> Cheese Quesadilla Carrots, Beans  Apple sauce	<b>11</b> Chicken Tetrzzini Green Peas apples *Veggie Chicken	<b>12</b> Cheeseburger, Mixed Veggies Mixed Fruit	<b>Mon.-</b> Cheese Itz w/apples <b>Tues.-</b> club crackers w/bananas <b>Wed.-</b> Wheat Thins w/oranges. <b>Thurs.-</b> Animal Crackers w/bananas <b>Fri.-</b> Saltine Crackers w/oranges
<b>Mon.-</b> Multigrain Bars w/pineapples <b>Tues.-</b> Cornbread w/pears <b>Wed.-</b> Cheerios & Raisins w/pears <b>Thurs.-</b> Blueberry Muffins w/apples <b>Fri.-</b> Whole Wheat Waffles w/apple sause	<b>15</b> Chicken Sandwich Broccoli Melons  *Veggie Chicken	<b>16</b> Cheese Ravioli, Corn, pears  *Cheese Ravioli	<b>17</b> Chicken Quesadilla Green Beans Pineapple  *Cheese Quesadilla	<b>18</b> Mac N Cheese Green Peas apples  *Mac N Cheese	<b>19</b> Cheese Pizza Mixed Veggies Mixed Fruit	<b>Mon.-</b> Ritz Crackers w/apples <b>Tues.-</b> Graham Crackers w/bananas <b>Wed.-</b> Animal Crackers w/oranges <b>Thurs.-</b> Trail Mix w/bananas <b>Fri.-</b> Sweet Potato Crackers w/oranges
<b>Mon.-</b> Whole Wheat Toast w/pineapples <b>Tues.-</b> French Toast Sticks w/apples <b>Wed.-</b> Cinnamon Raisin Bread w/pears <b>Thurs.-</b> Vanilla Yogurt w/mixed berries <b>Fri.-</b> Whole Wheat Pancakes w/bananas	<b>22</b> Beef Spaghetti Green Beans Fresh Melon  *Spaghetti w/veggie crumble	<b>23</b> Turkey Sandwich Carrots Pears  *Cheese Sandwich	<b>24</b> Chicken Nuggets Corn, Mashed Potatoes Apples/Applesauce  *Veggie Nuggets	<b>25</b> Beans and Cheese Quesadilla Green Peas Pineapples  *Cheese Quesadilla	<b>26</b> Cheeseburger, Mixed Veggies Mixed Fruit	<b>Mon.-</b> Cheese Itz w/apples <b>Tues.-</b> club crackers w/bananas <b>Wed.-</b> Wheat Thins w/oranges <b>Thurs.-</b> Animal Crackers w/bananas <b>Fri.-</b> Saltine Crackers w/oranges
<b>Mon.-</b> Multigrain Bars w/pineapples <b>Tues.-</b> Cornbread w/applesauce <b>Wed.-</b> Cheerios & Raisins w/pears <b>Thurs.-</b> Blueberry Muffins w/apples <b>Fri.-</b> Whole Wheat Waffles w/bananas	<b>29</b> Mac N Cheese Broccoli melon  *Mac N Cheese	<b>30</b> Cheese Ravioli, Corn, pears  *Cheese Ravioli	<b>31</b> Chicken Quesadilla Green Beans pineapple  *Cheese Quesadilla			<b>Mon.-</b> Animal Crackers w/apples <b>Tues.-</b> Graham Crackers w/bananas <b>Wed.-</b> Ritz Crackers w/oranges <b>Thurs.-</b> Trail Mix w/bananas <b>Fri.-</b> Sweet Potato Crackers w/oranges

\*Vegetarian Adjustment

-Variety of Cereal served for early breakfast 6:30 AM TO 7:30 AM

-Water served with every meal



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