

July 2022

Mon- Waffles Tues- Chocolate Chip Muffins Wed- Biscuits & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast A	June 27 Beef Steak Fingers Mashed Potatoes Pears Milk or Water	June 28 Chicken Alfredo Green Beans Peaches Milk or Water	June 29 Hamburger w/ Pickles Vegetarian Baked Beans Applesauce Milk or Water	June 30 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water	1 Cheese Pizza Salad Pineapples Milk or Water	Mon- Teddy Grahams Tues- Ritz & Cheese Wed- Goldfish Thurs- Fruit Bars Fri- Chef's Choice
Mon- French Toast Tues- Cinnamon Muffins Wed- Biscuit & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast B	4 Chicken Sandwich Buttered Carrots Mandarin Oranges Milk or Water	5 Chicken Nuggets Mashed Potatoes Pears Milk or Water	6 Baked Spaghetti w/ Meat Marinara Breadsticks Mixed Vegetables Diced Pears Milk or Water	7 Turkey & Cheese Wraps Carrots w/ Ranch Fresh Banana Milk or Water	8 Macaroni and Cheese Green Beans Peaches Milk or Water	Mon- Granola Bars Tues- Yogurt & Vanilla Wafers Wed- Pretzel Sticks Thurs- Animals Crackers Fri- Strawberry Chex Mix
Mon- Blueberry Muffins Tues- Cinnamon Toast Wed- Sausage Biscuit Thurs- Chef's Choice Fri- Pancakes C	11 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water	12 Beef Meatballs w/ Brown Gravy & Rice Green Beans Mandarin Oranges Milk or Water	13 Chicken Fajitas Vegetarian Refried Beans Pineapple Milk or Water	14 Salisbury Steak Gravy & Rice Mixed Vegetables Peaches Milk or Water	15 BBQ Chicken Broccoli Applesauce Milk or Water	Mon- Granola Bars Tues- Fresh Sliced Apples Wed- Cheez Its Thurs- Carrots with Ranch Fri- Chef's Choice
Mon- Waffles Tues- Chocolate Chip Muffins Wed- Biscuits & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast A	18 Beef Steak Fingers Mashed Potatoes Pears Milk or Water	19 Chicken Alfredo Green Beans Peaches Milk or Water	20 Hamburger w/ Pickles Vegetarian Baked Beans Applesauce Milk or Water	21 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water	22 Cheese Pizza Salad Pineapples Milk or Water	Mon- Teddy Grahams Tues- Ritz & Cheese Wed- Goldfish Thurs- Fruit Bars Fri- Chef's Choice
Mon- French Toast Tues- Cinnamon Muffins Wed- Biscuit & Jelly Thurs- Bagels & Cream Cheese Fri- Cheese Wheat Toast B	25 Chicken Sandwich Buttered Carrots Mandarin Oranges Milk or Water	26 Chicken Nuggets Mashed Potatoes Pears Milk or Water	27 Baked Spaghetti w/ Meat Marinara Breadsticks Mixed Vegetables Diced Pears Milk or Water	28 Turkey & Cheese Wraps Carrots w/ Ranch Fresh Banana Milk or Water	29 Macaroni and Cheese Green Beans Peaches Milk or Water	Mon- Granola Bars Tues- Yogurt & Vanilla Wafers Wed- Pretzel Sticks Thurs- Animals Crackers Fri- Strawberry Chex Mix



July 2022