





# Children's Lighthouse

1801 Bagdad Road  
Cedar Park, TX 78613



# July 2018



Monday 7/2	Tuesday 7/3	Wednesday 7/4	Thursday 7/5	Friday 7/6
<i>am String Cheese</i> <b>Beef Fingers</b> <b>Carrots</b> <b>Pears</b> <i>pm Pretzels</i>	<i>am French Toast Sticks</i> <b>Spaghetti with Meat Sauce</b> <b>Peas</b> <b>Pineapple</b> <i>pm Rice Cakes</i>	Closed for Independence Day 	<i>am Muffins</i> <b>Beef &amp; Tatertot Casserole</b> <b>Corn</b> <b>Mandarin Oranges</b> <i>pm Animal Crackers</i>	<i>am Pancakes</i> <b>Chicken Nuggets</b> <b>Broccoli</b> <b>Peaches</b> <i>pm Applesauce</i>
Monday 7/9	Tuesday 7/10	Wednesday 7/11	Thursday 7/12	Friday 7/13
<i>am Graham Crackers</i> <b>Meatballs w/ Gravy</b> <b>Spanish Rice</b> <b>Bananas</b> <i>pm Fig Newton's</i>	<i>am String Cheese</i> <b>Chicken &amp; Rice Bake</b> <b>Peas</b> <b>Mixed Fruit</b> <i>pm Yogurt</i>	<i>am French Toast Sticks</i> <b>Chicken &amp; Cheese Wraps</b> <b>Green Beans</b> <b>Mandarin Oranges</b> <i>pm Vanilla Wafers</i>	<i>am Graham Crackers</i> <b>Cheeseburger</b> <b>Spanish Rice</b> <b>Apple Slices</b> <i>pm Goldfish Crackers</i>	<i>am Rice Cakes</i> <b>Mac-n-Cheese w/ Ham</b> <b>Mixed Vegetables</b> <b>Pineapples</b> <i>pm Crackers w/ String Cheese</i>
Monday 7/16	Tuesday 7/17	Wednesday 7/18	Thursday 7/19	Friday 7/20
<i>am French Toast Sticks</i> <b>Chicken Spaghetti</b> <b>Corn</b> <b>Tropical Fruit</b> <i>pm Cheez-It Crackers</i>	<i>am Pancakes</i> <b>Cheeseburger</b> <b>Tatertots</b> <b>Pears</b> <i>pm Tortillas w/ Cream Cheese</i>	<i>am Cereal with Milk</i> <b>Chicken Nuggets</b> <b>Spanish Rice</b> <b>Peaches</b> <i>pm Rice Cakes</i>	<i>am String Cheese</i> <b>Spaghetti with Meat Sauce</b> <b>Green Beans</b> <b>Pineapples</b> <i>pm Fig Newton's</i>	<i>am Muffins</i> <b>Chicken &amp; Rice Bake</b> <b>Peas</b> <b>Mandarin Oranges</b> <i>pm Animal Crackers</i>
Monday 7/23	Tuesday 7/24	Wednesday 7/25	Thursday 7/26	Friday 7/27
<i>am Nutri-Grain Bars</i> <b>Mac-n-Cheese w/ Ham</b> <b>Mixed Vegetables</b> <b>Bananas</b> <i>pm Applesauce</i>	<i>am Muffins</i> <b>Turkey &amp; Cheese Wraps</b> <b>Carrots</b> <b>Mandarin Oranges</b> <i>pm Animal Crackers</i>	<i>am Tortilla Cheese Melts</i> <b>Salisbury Steak</b> <b>Mashed Potatoes</b> <b>Tropical Fruit</b> <i>pm Yogurt</i>	<i>am Biscuit &amp; Sausage Link</i> <b>Chicken, Broccoli &amp; Rice</b> <b>Casserole</b> <b>Mixed Fruit</b> <i>pm Tortillas w/ Cream Cheese</i>	<i>am String Cheese</i> <b>Chicken Nuggets</b> <b>Carrots</b> <b>Peaches</b> <i>pm Pretzels</i>
Monday 7/30	Tuesday 7/31			
<i>am Graham Crackers</i> <b>Meatballs w/ Gravy</b> <b>Spanish Rice</b> <b>Pineapples</b> <i>pm Vanilla Wafers</i>	<i>am Cereal w/ Milk</i> <b>Chicken &amp; Rice Bake</b> <b>Peas</b> <b>Mixed Fruit</b> <i>pm Cheez-It Crackers</i>			

Water is served with snack.

Milk is served with lunch.