



Snack Menu

NO FRIED FOODS!!

Monday, December 30, 2024	Tuesday, December 31, 2024	Wednesday, January 01, 2025	Thursday, January 02, 2025	Friday, January 03, 2025
HOK Granola Cereal and HOK Blueberry Yogurt V, EF, GF Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex	HOK Banana Bread and Peaches V Vegan, DF, EF, GF: GF Vegan Banana Bread	Happy New Year!	Biscuits and HOK Strawberry Compote V, EF DF, GF, Vegan: GF Vegan Pancake	Maple Mini Waffles and Mango Chunks V Vegan, DF, EF, GF: Rice Chex
HOK Spinach Dip and Pita V Vegan, DF, EF: White Bean Dip GF: Cucumbers	Wisconsin Cheese Curds and Veggie Straws V, EF, GF DF, Vegan: Applesauce		Croissant and HOK Applesauce V Vegan, DF, EF, GF: Veggie Straws	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, January 06, 2025	Tuesday, January 07, 2025	Wednesday, January 08, 2025	Thursday, January 09, 2025	Friday, January 10, 2025
Bagels and Cream Cheese V, EF Vegan, DF, GF: Compote GF: GF Vegan Pancake	HOK Blueberry Bread and Pears V Vegan, DF, EF, GF: GF Vegan Banana Bread	French Toast and HOK Peach Compote V Vegan, DF, EF, GF: GF Vegan Pancake	HOK Pineapple Bread and Mango Chunks V Vegan, DF, EF, GF: Rice Chex	HOK Strawberry Yogurt and Bananas V, EF, GF Vegan, DF: Dairy Free Vanilla Yogurt
HOK Applesauce and Graham Crackers V, DF, EF Vegan, GF: Veggie Straws	Cheese Cubes and Chickpea Puffs V, EF, GF Vegan, DF: Applesauce	Pretzel Bites and HOK Cheese Dip V, EF GF: GF Pretzels DF, Vegan: Sunbutter	Cucumbers and HOK Dilly Dip V, EF, GF Vegan, DF: HOK Hummus	HOK Pumpkin Bread and Cantaloupe V, DF Vegan, EF, GF: Snap Pea Crisps
Monday, January 13, 2025	Tuesday, January 14, 2025	Wednesday, January 15, 2025	Thursday, January 16, 2025	Friday, January 17, 2025
HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex	HOK Banana Bread and Peaches V Vegan, DF, EF, GF: GF Vegan Banana Bread	HOK Oatmeal and Cantaloupe V, Vegan, DF, EF, GF	Maple Mini Waffles and HOK Blueberry Compote V Vegan, DF, EF, GF: GF Vegan Pancake	HOK Pear Bread and Mango Chunks V, DF Vegan, EF, GF: Rice Chex
HOK Hummus and Pita V, Vegan, EF, DF GF: Corn Tortilla	Wisconsin Cheese Curds and Veggie Straws V, EF, GF DF, Vegan: Applesauce	HOK Carrot & Zucchini Bars and Apple Slices V, DF Vegan, EF, GF: Chickpea Puffs	Turkey Cubes and HOK Applesauce DF, EF, GF V, Vegan: Veggie Straws	Chips and HOK Cheese Dip V, EF, GF DF, Vegan: HOK Salsa
Monday, January 20, 2025	Tuesday, January 21, 2025	Wednesday, January 22, 2025	Thursday, January 23, 2025	Friday, January 24, 2025
Bagels and Cream Cheese V, EF Vegan, DF, GF: Compote GF: GF Vegan Pancake	HOK Blueberry Bread and Pears V Vegan, DF, EF, GF: GF Vegan Banana Bread	HOK French Toast and HOK Vegan Apple Butter V Vegan, DF, EF, GF: GF Vegan Pancake	HOK Peach Bread and Mango Chunks V Vegan, DF, EF, GF: Rice Chex	HOK Strawberry Yogurt and Bananas V, EF, GF Vegan, DF: Dairy Free Vanilla Yogurt
HOK Applesauce and Graham Crackers V, DF, EF Vegan, GF: Veggie Straws	Cheese Cubes and Chickpea Puffs V, EF, GF Vegan, DF: Applesauce	Pretzels and HOK Sunbutter V, Vegan, DF, EF GF: GF Pretzels	HOK Ranch and Cucumbers V, GF Vegan, DF, EF: White Bean Dip	HOK Apple Butter Bread and Cantaloupe V, DF Vegan, EF, GF: Snap Pea Crisps
Monday, January 27, 2025	Tuesday, January 28, 2025	Wednesday, January 29, 2025	Thursday, January 30, 2025	Friday, January 31, 2025
HOK Granola Cereal and HOK Peach Yogurt V, EF, GF Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex	HOK Banana Bread and Peaches V Vegan, DF, EF, GF: GF Vegan Banana Bread	HOK Oatmeal and Honeydew V, Vegan, DF, EF, GF	Biscuits and HOK Peach Compote V, EF DF, GF, Vegan: GF Vegan Pancake	Maple Mini Waffles and Mango Chunks V Vegan, DF, EF, GF: Rice Chex
HOK Spinach Dip and Pita V Vegan, DF, EF: White Bean Dip GF: Cucumbers	Wisconsin Cheese Curds and Veggie Straws V, EF, GF DF, Vegan: Applesauce	HOK Carrot & Zucchini Bars and Apple Slices V, DF Vegan, EF, GF: Chickpea Puffs	Croissant and HOK Applesauce V Vegan, DF, EF, GF: Veggie Straws	Chips and HOK Salsa V, Vegan, DF, EF, GF