

Jan. 2026



Thursday 1/1			Friday 1/2		
			Breakfast: Sausage Pancake stick & strawberries Lunch: Grilled cheese on wheat, Tomato soup and Mandarin oranges Snack: Graham crackers & Raisins		
Thursday 1/8			Friday 1/9		
Breakfast: English muffins & pears Lunch: Chicken Tacos on whole wheat tortillas w/refried beans, Salad & mixed fruit Snack: Rice cakes and sun butter			Breakfast: French toast w/ Mixed berries Lunch: Beef fingers, mash potatoes, wheat bread and Pineapples Snack: Veggie crackers & fruit		
Thursday 1/15			Friday 1/16		
Breakfast: Waffles & mixed berries Lunch: Chicken enchilada, Pinto bean and pineapples Snacks: Cheez-it and fruit			Breakfast: Cereal & Banana Lunch: Cheeseburger on wheat tator tots and Mixed fruit Snack: Teddy grahams & fruit		
Thursday 1/22			Friday 1/23		
Breakfast: Yogurt w/Mixed berries Lunch: Tamales , WG spanish rice, corn and pears Snack: Teddy grahams & fruit			Breakfast: Bagel w/ Fruit spread Lunch: Turkey hotdogs on wheat bun, mixed veggies & Pineapples Snack: Pretzels & cheese		
Thursday 1/29			Friday 1/30		
Breakfast: Cereal & banana Lunch: Beef meatballs, Wheat bread, carrots & appleslices Snack: Rice cakes & sun butter			Breakfast: Cheese toast & peaches Lunch: Fish patty, mash potatoes, wheat bread and applesauce Snack: Pretzel Goldfish & cheese cubes		

water served with snack

milk served w/ breakfast and Lunch