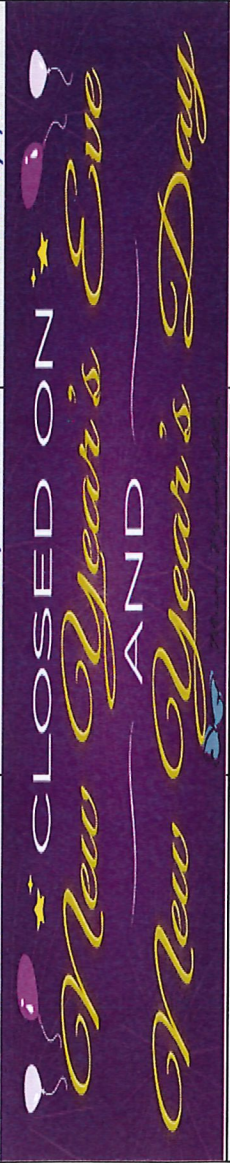


Monday	Tuesday	Wednesday 1/1	Thursday 1/2	Friday 1/3
				
Monday 1/6 Breakfast: Cheese toast & Pears Lunch: Chicken nuggets, Corn, wheat bread and Mandarin oranges Snack: Veggie crackers & fruit	Tuesday 1/7 Breakfast: Yogurt w/ granola & Strawberries Lunch: Cheese Quesadilla, mixed veggies, rice & pineapples Snack: Rice cakes & fruit	Wednesday 1/8 Breakfast: Pancakes & blueberries Lunch: Beef fingers, Carrots, wheat bread & mixed fruit Snack: Graham crackers & milk	Thursday 1/9 Breakfast: Cereal and fruit Lunch: Chicken fajitas, refried beans, Salad & appleslices Snack: Cheez-it crackers & fruit	Friday 1/10 Breakfast: Muffins, & Berries Lunch: Grilled cheese on ww bread, Tomato soup, Green beans and peaches Snack: Oatmeal cookies & juice
Monday 1/13 Breakfast: French toast & mixed berries Lunch: Beef & bean burrito w/salad and Pears snack: WG baked cheetos & fruit	Tuesday 1/14 Breakfast: Sausage patty on wg Biscuit & applesauce Lunch: Cheese Ravioli green beans, wheat bread Pears Snack: Ritz cracker & cheese cubes	Wednesday 1/15 Breakfast: Oatmeal & Strawberries Lunch: WG turkey corndogs, Carrots and mixed fruit Snack: sunchips & fruit	Thursday 1/16 Breakfast: Waffles & Peaches Lunch: Turkey, Rice w/ Broccoli, wheat bread and Pineapples Snack: String cheese & fruit	Friday 1/17 Breakfast: Cereal & Banana Lunch: Fish sticks, corn, wheat bread and Pears Snack: Teddy grahams & fruit
Monday 1/20 Breakfast: Cheese toast & mixed fruit Lunch: Chicken pot pie, broccoli, wheat bread & mandarin oranges Snack: Baked cheetos & fruit	Tuesday 1/21 Breakfast: Yogurt w/ granola & Blueberries Lunch: Mac n cheese w/ ham, mixed veggies, wheat bread & peaches Snack: Oranges & wheat crackers	Wednesday 1/22 Breakfast: Bagel w/ fruit spread Lunch: Chicken enchilada casserole, green beans & pineapples Snack: Chex mix & fruit	Thursday 1/23 Breakfast: Pancake, sausage on a stick & peaches Lunch: Cheeseburger on wheat, French fries & mixed fruit Snack: Animal crackers & fruit	Friday 1/24 Breakfast: Cereal w/ appleslices Lunch: Ham & cheese on wheat, fresh fruit & baked chips Snack: Veggie crackers & fruit
Monday 1/27 Breakfast: Muffins and banana Lunch: Chicken patty on wheat bun, broccoli and appleslices Snack: Carrot chips and hummus	Tuesday 1/28 Breakfast: Cheese toast & fruit Lunch: Tator tot casserole, wheat bread, peas and pineapples Snack: Graham crackers & fruit	Wednesday 1/29 Breakfast: Sausage, ww tortilla & fruit Lunch: Salisbury steak, wheat bread, corn and pears Snack: Veggie crackers & fruit	Thursday 1/30 Breakfast: French toast & Strawberries Lunch: Hotdogs on ww bun, green beans and mixed fruit snack: Teddy grahams & fruit	Friday 1/31 Breakfast: Waffles & Peaches Lunch: Chicken fried rice, broccoli and peaches Snack: Rice cakes & fruit