

January 2022



CHILDREN'S
LIGHTHOUSE
EARLY LEARNING SCHOOL

The Family Anchor

“What We Learn Today Makes Us Better Tomorrow”

Events & Reminders

Tuesday Jan. 4th:

Spaghetti Lunch

Monday Jan. 10th:

Peculiar People Day!

Dress wacky, wear a silly hat, or wacky hair!

Friday Jan. 10th:

Wear your Spirit Shirt

Monday Jan. 18th:

Bring stuffed friend to enjoy reading Winnie the Pooh stories

Tuesday Jan. 25th:

Opposite Day!

Have breakfast for dinner, wear your clothes to school backwards/inside out, read stories/poems or songs backwards, etc.

Wednesday Jan. 26th:

To raise money for St. Jude Children's Hospital, we will be auctioning off art pieces created by our students.

January is National Blood Donor Month!



We would love to host a blood drive this month. Some blood banks require at least 30 people to sign up to donate for them to come out. If you would like to donate blood, please let us know so we can try and get a blood bank bus to come out to our center parking lot!



ART AUCTION

By sharing research, technology and organizational skills, St. Jude seeks to improve the survival rates of children with cancer and other catastrophic diseases around the globe. Many families go to St. Jude thinking it's like any other hospital. Because of donations & supporters, families never receive a bill from St. Jude for treatment, travel, housing, or food. Almost 80% of the funds needed to grow and sustain St. Jude are covered by public contributions, which is why supporters are so important in fulfilling the promise of St. Jude founder Danny Thomas, who believed that "no child should die in the dawn of life."

To raise money for St. Jude we will be hosting an **Art Auction!** Each classroom will receive canvases on which they will create their unique masterpieces. **The week of January 24th – 28th,** We will display all their pieces in the front lobby and provide parents with a sign-up sheet to write down their bids on the piece they want. At the end of the week, each piece will be given to the highest bidder.

We hosted this even last year as well. The children created some beautiful pieces, and we were able to raise a substantial amount of money to donate to St. Jude. Let's make this year another success! As always, thank you to everyone who participates in our community and charity events. No matter how small it may seem, it truly means a lot to us and those we are able to help.



New Year? Yes please! Here's to better times ahead for us all! CLH wishes you a happy, safe, and healthy 2022.

COVID-19 OMICRON VARIANT

While less likely than adults to get sick with COVID-19, children can get sick and may develop severe disease, particularly children with underlying medical conditions. In addition, we should not forget that a child with a mild or even asymptomatic case of COVID-19 can spread that infection to others who may be far more vulnerable. COVID-19 spreads when an infected person breathes out droplets and very small particles that contain the virus. These droplets and particles can be breathed in by other people or land on their eyes, noses, or mouth. In some circumstances, they may contaminate surfaces they touch. People who are closer than 6 feet from the infected person are most likely to get infected. Because of this easy manner of transmission, an infant, child, or young person who is infected with COVID-19 can spread the infection to others they come in close contact with, such as members of their household, teachers, or other children. We have learned that infected persons with mild or even no symptoms can spread COVID-19. These facts are vitally important for daycares and other places that provide care and education for our children.

One thing is for certain: Education and childcare are essential. We must find ways to protect our children from COVID-19 and ensure that they do not bring the infection to others. For adults in the workplace or other public spaces, if recommended measures such as cloth face coverings or non-medical grade masks, respiratory etiquette, frequent hand washing / hand sanitation and environmental cleaning and sanitizing are widely observed, we can improve safety. However, vaccination is not yet available for young children and some of the recommended protective measures that we can expect from adults, such as wearing face masks and maintaining distance from one another, may not be possible for infants and toddlers. In some cases, the child will be too young to understand and practice these precautions. We cannot, for example, expect a group of toddlers not to engage in interactive play or share toys, for example.

Parents or guardians should monitor the health of their child and not send them to school if they are displaying any symptom of COVID-19. Parents or guardians should seek COVID-19 testing promptly and report positive results to the childcare program given the implications for other children, families, and staff.

According to the CDC, "The Omicron variant likely will spread more easily than the original SARS-CoV-2 virus and how easily Omicron spreads compared to Delta remains unknown. CDC expects that anyone with Omicron infection can spread the virus to others, even if they are vaccinated or don't have symptoms." Meaning vaccinated adults and children who are infected with the virus may not show symptoms at all, making it very difficult to detect before they are able to spread the virus to others.

We are asking all our families to please be conscientious of who you and your children are exposed to. We understand with the holidays that many of us have gone out Christmas shopping in busy stores, had family gatherings, etc. That's what the Holidays are all about! However, if you are informed that someone you or your child was in contact with has tested positive, we do ask that you do not bring your child to school until you have them, and your immediate household tested and receive negative results. While this process may be inconvenient or strict to some, it is in the best interest of keeping everyone at our center healthy and safe. We appreciate your cooperation.

We will continue to follow the Health & Safety protocols recommended by the CDC & The Texas Department of State Health Services.



Colder weather is coming! Here are a few things to keep in mind as the temperature drops:

- Jackets, hats, gloves, etc. should be labeled with your child's first name and last initial.
- We need warm clothes in our cubbies for extra clothes. Please take home any shorts, tanks, or other summer clothing and refill cubbies with winter-appropriate clothing.
- Please send extra shoes and socks if your child is potty training.
- We follow the childcare weather chart. There will be very few days when it is too cold for the children to go outside. We are not able to keep one child indoors while the rest of the class goes outside. Please plan accordingly and send a warm jacket, gloves/mittens, a hat, etc. If your child is not feeling well enough to play outside when it's cold, they may not be well enough to come to school.
- Hats may not have string ties that go around the chin or neck for safety.

2021 Tax Statements

January means tax return season has begun! We will be emailing 2021 childcare statements to all families at the beginning of January. Please make sure we have your preferred email address on file. If you need us to print them for you, let us know.



Show some spirit!

Ask us how to get a CLH spirit shirt for you or your child! We have spirit days every month. January's is on the 7th.