



January 2021

CREEKSID

Center Director: Joanne Webster

Newsletter

Assistant Director: Liz Liskow

January Events

- January 1st, 2021—We will close at 3PM and we will be closed New Year's Day to allow staff to celebrate the new year with their families.
- January 5, 2021— Bi-annual curriculum fees will be charged for the current school year.
- January 11, 2021- Tuition adjustments will be made for students who have transitioned classrooms for the current school year.
- January 19th—Popcorn-to-go! Grab a bag of popcorn as you pick up your child(ren) and enjoy together as a fun snack in celebration of "National Popcorn Day".
- January 18th— Children will learn about Martin Luther King (MLK) and why we celebrate MLK day on the 18th of January each year.
- January 20th—Join us as we create a Diversity Mural.
- January 22nd— Parents Night Out is from 5:30-9:30PM. Please remember to sign up and pay by Thursday, January 21st. Children will watch a movie, eat pizza and will enjoy themselves while you enjoy some adult time.
- January 27th—Mommy and Me Pamper Me Event—Join us with your child for a two hour event that provides an evening of tea and treats, pampering activities such as make up (safe for little girls too!), nail designs and more. This event is free for Childrens Lighthouse customers. Of course, the vendors will appreciate new customers.
- January 29, 2020— St. Jude Art Auction. Please join us for our children's art auction to raise funds for the St. Jude's Hospital children. St. Jude's fundraiser monies are used to ensure that families who have children with cancer never pay a medical bill for their services. The amazing artists will be your children! Please join us for this worthy cause and enjoy the art created by the children at our school.

Director's Corner

Dear Children Lighthouse Families,

Many of you will probably agree with my sigh of relief that 2020 is over and are hopeful of what 2021 will bring.

Thank you for our BEAR program success! \$2,000 in donations given by Childrens Lighthouse families, staff and outside Bible Study group fundraisers provided Christmas gifts to children who would not normally have received Christmas gifts this year as they are in CPS custody. The children we targeted were the long-term children who have been through the system for years. The gifts were truly a blessing to all.

If you have any friends or neighbors who are looking for a quality preschool, please encourage them to call for a tour. I can provide a virtual tour or an after hours tour to meet their schedule.

I'm looking forward to welcoming the new year together.

Joanne Webster



Students:

Sofia Mercado	01/03
Luca Manzotti	01/11
Audrey Rushing	01/13
Julia Mendes	01/15
Harper Noriega	01/20
Brandon Smith	01/28
Calvin Novak	01/29

Staff:

Maricela Robles	01/23
Liz Liskow	01/30

Kid Friendly Recipes



When I think of New Year's I always know that I'm going to be making lots of appetizers for family and friends to enjoy as we celebrate the New Year. I've included a twist on a classic here. Deviled Eggs is a family favorite but having the same recipe year after year can be a bit boring. We've changed it up here with avocado. Once you try this recipe you will make it a staple to serve in summer, spring and for holidays.

Prep/Ingredients:

6 hard boiled eggs—boil and peel your eggs cutting them in half the long way. (You can also cheat and buy store bought boiled and peeled eggs)
 1 ripe avocado
 1 tablespoon of finely minced red onion
 1 lime juiced
 2 minced garlic cloves
 1/2 teaspoon of salt
 1 tablespoon chopped cilantro

Directions:

Mash the avocado to the consistency you like, add the egg yolk, lime juice, onion, garlic, cilantro and salt to taste. Spoon into a zip lock bag and cut the corner to create a piping bag and fill the wells of the egg whites with the filling. Add cilantro as a garnish or cayenne pepper for a little kick. Enjoy!



KID JOKES!



1. What is a cow's favorite holiday?

Moo Year's Eve!

2. Knock, Knock. Who's there? Abby. Abby who?

Abby New Year!

3. What was the caterpillar's new year resolution?

To turn over a new leaf!



Play Ball, Soccer Shots and Stage Dance!



We are blessed to have three of our vendors return for your children to have ancillary activities during the school week. Please ask the office for a flyer to sign up for any of these programs. We have scheduled them on separate days to ensure that your child can participate in more than one program if you would like them to have that opportunity. Coming soon — Believe, Commit & Achieve Taekwondo and Parkour!

Words of Encouragement

Sometimes it feels like there are so many things in this world that we can't control. Earthquakes, floods, a pandemic. But it's important to remember the things we can – like forgiveness, second chances, fresh starts. The one thing that consistently changes the world from a lonely place to a beautiful place is love.
 Love, in any form gives hope.
Welcome 2021!

Cooler Weather in the Forecast

The cool weather is in the forecast! Here are a few things to keep in mind...

☑ Jackets should be labeled with your child first name and last initial.

☑ Extra clothes should be weather appropriate.

☑ Hats may NOT have string ties that go around the chin or neck for safety.

January Indoor Activities for Kids

Feed the birds—String cheerios on a piece of yarn and hang on a tree in your yard. This is a great fine motor skill activity and the birds will thank you for it.

Alphabet Activities—Pour some salt onto a tray. Have your child trace letters with their finger. Write the uppercase letters on a piece of paper and have your child match the lower case letters to them. I.e., If they see a “R” on your paper, they draw a “r” on their tray.

Nursery Rhymes—Teach your child some of your favorite Nursery Rhymes. Studies report that the learning Nursery Rhymes before 1st grade can facilitate learning how to read.



Curriculum Corner



Infants & Toddlers —Rooms 1, 2 & 3

This month we will be discovering: Competent Me
We will focus on the shape: Circle

We will be singing:

Head, Shoulders, Knees and Toes

The Sign Language focus word for this month is: Play

Toddlers Curriculum Overview—Rooms 4

This month we will be learning about: Space

We will focus on the shape: Stars
and the colors: Blue

We will be singing: Mister Moon

The Sign Language focus word for this month is: Stars

Twos' through Five's Curriculum Overview

Character Value: Diversity

Curriculum Theme: Five Senses, Polar Animals and Magnets

Letter Focus: Jj, Ll, Pp

Literacy Focus: Jan Brett Books

Sign Language & Spanish: Smell, Quiet or Peace—La Paz

School-Age Curriculum

Our Planet

Character Value: Diversity

New Parent Questions:

Should I wake my baby up to feed him?

Most parents are afraid of waking their babies up when it's time to feed them, thinking that when the baby's hungry, they'll wake up on their own and cry. However, this is not true. Specialists say that in the first few weeks of life, the baby can't tell if they're hungry. It means that feeding must be regular. The parent needs to feed their infant every few hours and wake them up if they're sleeping. As they grow, babies will need less frequent meals and it won't be so necessary to wake them up that often to feed them. But it's better to do it during the first weeks in order to ensure healthy weight gain.