

Children's Lighthouse

1801 Bagdad Road Cedar Park, TX 78613

January 2019



Tuesday 1/1
-6
CLO/FD.
YEARS
Day
12

Tuesday 1/8

am Graham Crackers
Chicken, Broccoli & Rice
Casserole
Mixed Fruit
pm Tortillas w/ Cream Cheese

Wednesday 1/2

Meatballs with Gravy
Corn
Pears
pm Goldfish

Thursday 1/3

am Cereal with Milk

am Waffles
Spaghetti with Meat Sauce
Green Beans
Peaches
pm Fig Newton's

Friday 1/4

am Tortilla Cheese Melts
Chicken Spaghetti w/
Alfredo Sauce
Peas
Pineapple
pm Pretzels
Monday 1/14

Monday 1/7

am French Toast Sticks
Cheeseburgers
Tatertots
Mandarin Oranges
pm Crackers w/ String Cheese

am Rice Cakes
Chicken Wraps w/ Cheese
Green Beans
Tropical Fruit
pm Cheez-It Crackers

Wednesday 1/9

am String Cheese
Mac-n-Cheese w/ Ham
Mixed Vegetables
Apple Slices
pm Yogurt

Thursday 1/10

am Fresh Baked Muffins Chicken Nuggets Spanish Rice Pears pm Vanilla Wafers

Friday 1/11

am Pancakes
Beef Fingers
Carrots
Tropical Fruit
pm Teddy Grahams

Tuesday 1/15

am Cereal with Milk

Meatballs w/ Gravy

Rice

Bananas

pm Vanilla Wafers

Tuesday 1/22

wednesday 1/16

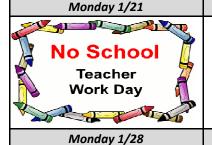
am Graham Crackers
Salisbury Steak
Mashed Potatoes
Pears
pm Pretzels

am French Toast Sticks
Chicken & Rice Bake
Peas
Pineapples
pm Rice Cakes

Thursday 1/17

am Biscuits & Sausage
Beef & Tatertot Casserole
Corn
Mandarin Oranges
pm Animal Crackers

Friday 1/18



am Tortilla Cheese Melts
Ham & Potato Casserole
Carrots
Peaches
pm Applesauce

Tuesday 1/29

am Waffles
Chicken & Rice Bake
Green Beans
Pineapples
pm Fig Newton's

Wednesday 1/30

Wednesday 1/23

am Cereal with Milk
Chicken Nuggets
Spanish Rice
Apple Slices
pm Vanilla Wafers

Thursday 1/24

am String Cheese
Mac-n-Cheese w/ Ham
Mixed Vegetables
Mandarin Oranges
pm Yogurt

Friday 1/25

am String Cheese
Chicken Nuggets
Carrots
Bananas

pm Teddy Grahams

am Fresh Baked Muffins

Mac-n-Cheese w/ Ham

Peas

Tropical Fruit

pm Animal Crackers

am Graham Crackers
Chicken, Broccoli & Rice
Casserole
Mixed Fruit
pm Tortillas w/ Cream Cheese

Thursday 1/31

am Sausage & Biscuits

Meatballs with Gravy

Corn

Pears

pm Goldfish