

CLLC RALEIGH MENU

Schedule	By Date	Jan 15-19	Jan 1-5 & Jan 22-26	Jan 8-12 & Jan 29- Feb 2
	By Week	Week A	Week B	Week C
By Day	By Time			
MONDAY	A.M.	Waffles Bananas Milk * Sub- Cheerios	Special K Cereal Apples Milk	Cheerios Mango Slices Milk *Sub- Oatmeal
	LUNCH	Turkey & Cheese Sandwich Broccoli and Cheddar Soup Fresh Apples Milk *Sub- No cheese for non dairy	Meatballs & Marinara Texas Toast Diced Peaches Milk	Chicken Sandwich Clementines Mixed Tropical Fruit Milk
	P.M.	Chex Mix	Pretzels & Honey Mustard	String Cheese & Crackers *Sub- Apple sauce for cheese
TUESDAY	A.M.	Fruit Smoothie & Graham Crackers *Sub- No yogurt in smoothie	Soft Baked Granola Bar Mixed Fruit Milk	Yogurt & Graham Crackers Pears Milk
	LUNCH	BBQ Chicken Sliders with Hawaiian Rolls Baked Beans Pears Milk	Chicken and Rice Asparagus Milk	Three Bean and veggie Chili Corn Bread Milk
	P.M.	Carrots with Hummus	Chips and Dip	Fig Bar
WEDNESDAY WORLD-WIDE	A.M.	Canadian Bacon, Egg, Cheese Sandwich Milk * Sub- No cheese or Egg	Hard Boiled Eggs Apple Sauce Milk *Sub- Sausage Patty for Eggs	English Muffin w/ jelly Apricots Milk *Sub- Toast
	LUNCH	Chicken Fried Rice with veggies Mandarian Oranges Milk	Chicken & Cheese Tacos Corn Black Beans Milk *Sub- Chicken Nuggets	Honey BBQ Boneless Wings Mixed Vegetable Peaches Milk
	P.M.	Cinnamon Apple Sauce	Soft Fruit Cereal Bars	Sweet Peppers and Ranch
THURSDAY	A.M.	Strawberry Bites Milk	Sausage & Biscuit Milk Apple Slices	Cheerios & Milk Bananas
	LUNCH	Ravioli Green Beans Peaches Milk *Sub- Chicken Patty	Chopped Salad Fruit Cocktail Milk	Chicken Nuggets Sweet Potato Fries Melons Milk
	P.M.	Cheddar Cheese Sandwich Crackers *Sub- Apple sauce	Mozzerella sticks and Marinara Sauce *Sub- Pretzels	Carrot and Ranch *Sub- Apple sauce
FRIDAY	A.M.	French Toast Apples Milk	Cheerios & Milk Oranges	Fruit Smoothie & Graham Crackers *Sub- No yogurt in smoothie
	LUNCH	Honey Mustard Baked Chicken *Sub- Lemon Pepper Baked Chicken Fries Apricots Milk	Cheese Quesadilla *Sub- Chicken Nuggets Tomato Soup Mixed Fruit Milk	Pizza Rolls *Sub- Sunbutter and honey sandwich Steamed Broccoli Pears Milk
	P.M.	Sweet Potato Chips	Gold Fish	Veggie Straws

Items that may contain Milk

Items that may contain Eggs