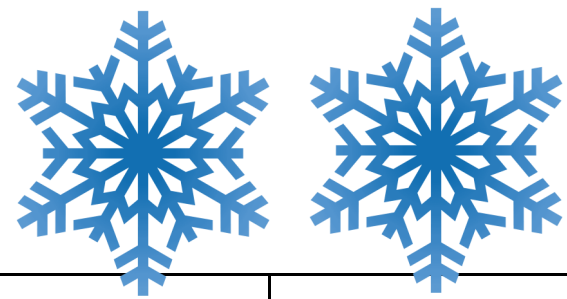




# January



Monday	Tuesday	Wednesday	Thursday	Friday
		31) CLOSED 	1) CLOSED 	2) Chef's Choice
5) AM: English muffins L: Chicken alfredo pasta, broccoli, peaches S: Crackers & Hummus V: Alfredo pasta	6) AM: Apple sauce & grahams L: Pizza, mixed veggies, mixed fruit PM: Goldfish V: Same as above	7) AM: bagels w/ cream cheese L: Chicken fried rice, mixed veggies, fruit PM: Nut Free Trail Mix V: Fried rice w/ mixed veggies	8) AM: Cereal & Milk L: Ravioli, veggies, fruit PM: Fig bars V: Cheese ravioli	9) AM: Cereal bars L: Hummus wraps, fries, peaches PM: Cucumbers and ranch V: Veggie wraps
12) AM: Cereal & Milk L: Meatballs, mashed potatoes, mixed fruit PM: Animal Crackers V: Veggie meatballs	13) AM: French toast sticks L: Mac & cheese, mixed veggies, mixed fruit PM: Veggie straws V: Same as above	14) AM: Cereal & Milk L: Chicken noodle & mixed veggies, fruit PM: Fig bars V: Veggie casserole	15) AM: Biscuits w/ jelly L: Grilled cheese, fries, peaches PM: Crackers w/ cheese V: Same as above	16) AM: Waffles w/ syrup L: Chicken nuggets, mixed veggies, pears PM: Oranges and bananas V: Veggie nuggets
19) AM: Pancakes w/ syrup L: Pizzadillas, mixed veggies, oranges PM: Chocolate pudding V: Same as above	20)AM: Yogurt & fruit L: DIY lunchables, mixed veggies, mixed fruit PM: Crackers w/ cheese V: Same as above (Egg protein)	21) AM: English muffins L: Spaghetti, green beans, pears PM: Cheez-its V: Same as above	22) AM: Bagels w/ cream cheese L: Chicken pot pie, mixed veggies, fruit PM: Graham crackers V: Veggie casserole	23) AM: Apple Sauce & grahams L: Bean & cheese burrito, corn, mixed fruit PM: Cereal bars V: Same as above
26) AM: Cereal Bars L: Turkey sandwich, tomato soup, oranges PM: Goldfish V: Grilled cheese	27) AM: Cereal & Milk L: Quesadillas, veggies, fruit PM: Crackers & hummus V: Same as above	28) AM: Bagels w/ cream cheese L: Chicken parm, veggies, fruit PM: Nut free trail mix V: Veggie patty	29)AM: Cereal & milk L: Lasagna, veggies, fruit PM: Sliced cheese& crackers V: Same as above	30) AM: Oatmeal w/ fruit L: Vegetarian chili, mix vegetables, pears PM: Cheez- its V: Same as above

Milk is served with Breakfast & Lunch    Water is served throughout the day    AM= 9:00am morning snack    L=11:30am Lunch    PM= 3:00pm Afternoon snack