



January 2022

Mon -Peach Muffins Tues - Cinnamon Toast Wed - Sausage Biscuit Thurs - Chef's Choice Fri -Pancakes C	3 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water	4 Chicken Nuggets Mashed Potatoes Applesauce Milk or Water	5 Chicken Fajitas Vegetarian Refried Beans Pineapple Milk or Water	6 Salisbury Steak Gravy & Rice Mixed Vegetables Peaches Milk or Water	7 Sloppy Joe Sandwich Tater Tots Bananas Milk or Water	Mon - Granola Bars Tues - Yogurt & Vanilla Wafers Wed - Pretzel Sticks Thurs -Animal Crackers Fri - Chef's Choice
Mon - Waffles Tues - Chocolate Chip Muffins Wed -Biscuits & Jelly Thurs -Bagels & Cream Cheese Fri - Cheese Wheat Toast A	10 Beef Steak Fingers Mashed Potatoes Pears Milk or Water	11 Chicken Alfredo Green Beans Peaches Milk or Water	12 Hamburger w/ Pickles Vegetarian Baked Beans Pineapple Milk or Water	13 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water	14 Cheese Pizza Salad Applesauce Milk or Water	Mon - Granola Bars Tues - Fresh Sliced Apples Wed - Cheez Its Thurs -Carrots with Ranch Fri - Chef's Choice
Mon - French Toast Tues - Cinnamon Muffins Wed - Biscuits & Jelly Thurs -Bagels & Cream Cheese Fri - Cheese Wheat Toast B	17 Chicken Sandwich Buttered Carrots Mandarin Oranges Milk or Water	18 Beef Meatballs w/ Brown Gravy & Rice Green Beans Mixed Fruit Milk or Water	19 Baked Spaghetti w/ Meat Marinara Mixed Vegetables Diced Pears Milk or Water	20 Turkey & Cheese Wraps Carrots w/ Ranch Fresh Banana Milk or Water	21 Macaroni and Cheese Green Beans Peaches Milk or Water	Mon - Teddy Grahams Tues - Ritz & Cheese Wed - Goldfish Thurs -Fruit Bars Fri - Chef's Choice
Mon -Peach Muffins Tues - Cinnamon Toast Wed - Sausage Biscuit Thurs - Chef's Choice Fri -Pancakes C	24 Chili Macaroni Peas & Carrots Mixed Fruit Milk or Water	25 Chicken Nuggets Mashed Potatoes Applesauce Milk or Water	26 Chicken Fajitas Vegetarian Refried Beans Pineapple Milk or Water	27 Salisbury Steak Gravy & Rice Mixed Vegetables Peaches Milk or Water	28 Sloppy Joe Sandwich Tater Tots Bananas Milk or Water	Mon - Granola Bars Tues - Yogurt & Vanilla Wafers Wed - Pretzel Sticks Thurs -Animal Crackers Fri - Chef's Choice
Mon - Waffles Tues - Chocolate Chip Muffins Wed -Biscuits & Jelly Thurs -Bagels & Cream Cheese Fri - Cheese Wheat Toast A	31 Beef Steak Fingers Mashed Potatoes Pears Milk or Water	Feb 1 Chicken Alfredo Green Beans Peaches Milk or Water	Feb 2 Hamburger w/ Pickles Vegetarian Baked Beans Pineapple Milk or Water	Feb 3 Chicken Crisпитos Spanish Rice w/ Sweet Corn Fresh Banana Milk or Water	Feb 4 Cheese Pizza Salad Applesauce Milk or Water	Mon - Granola Bars Tues - Fresh Sliced Apples Wed - Cheez Its Thurs -Carrots with Ranch Fri - Chef's Choice