




March 2023

<i>Monday 3/6</i>	<i>Tuesday 3/7</i>	<i>Wednesday 3/8</i>	<i>Thursday 3/9</i>	<i>Friday 3/10</i>
breakfast: whole grain waffles and peaches lunch: turkey and cheese wraps fresh veggies fresh fruit snack: rice cakes and soy butter	breakfast: corn muffin and fruit lunch: chicken and rice casserole broccoli berries snack: string cheese and ritz	breakfast: turkey sausage and tortilla with fruit lunch: cheese burger on wheat tator tots peaches snack: wheat crackers and cheese cubes	breakfast: yogurt and fruit lunch: chicken nuggets salad, wheat bread pineapples snack: apples slices and sun butter	<i>breakfast: oatmeal and peaches</i> lunch: mac and cheese with ham broccoli mixed tropical fruit buttered wheat bread snack: teddy grams and juice
<i>Monday 3/13</i>	<i>Tuesday 3/14</i>	<i>Wednesday 3/15</i>	<i>Thursday 3/16</i>	<i>Friday 3/17</i>
breakfast: tortilla and sausage links, fruit lunch: grilled cheese on wheat bread mixed vegetables mixed fruit snack: cheese slice and wheat	breakfast: pancake with berries lunch: fish sticks green beans applesauce wheat bread snack: carrots and hummus	breakfast: fruit, cheese on wheat toast lunch: bean and cheese taco spanish rice with tomato pears snack: <i>fresh fruit and ham cubes</i>	breakfast: oatmeal and apples lunch: tator tots casserole, butter bread , mixed veggie, peaches snack: snack mix and fresh fruit	<i>breakfast: french toast and peaches</i> lunch: spaghetti with meat and sauce broccoli mixed tropical fruit snack: whole wheat crackers and cheese
<i>Monday 3/20</i>	<i>Tuesday 3/21</i>	<i>Wednesday 3/22</i>	<i>Thursday 3/23</i>	<i>Friday 3/24</i>
breakfast: french toast and pineapple lunch: beef ravioli green beans pears, wheat bread snack: graham cracker and fresh fruit	breakfast: cereal and banana lunch: chicken noodle soup peas mixed fruit buttered wheat bread snack: celery and sun butter	breakfast: yogurt, fruit, granola lunch: chicken enchilada casserole salad pineapples snack: apples slices and cheese	breakfast: waffles and peaches lunch: turkey and cheese wraps fresh veggies fresh fruit snack: cereal and fruit	breakfast: muffin and fruit lunch: chicken and rice casserole broccoli berries snack: string cheese and ritz
<i>Monday 3/27</i>	<i>Tuesday 3/28</i>	<i>Wednesday 3/29</i>	<i>Thursday 3/30</i>	<i>Friday 3/31</i>
breakfast: pancakes and berries lunch: chicken nuggets peas, wheat bread pineapples snack: apples slices and sun butter	breakfast: cereal and oranges lunch: tuna casserole green beans peaches snack: pretzel goldfish and cheese cubes	<i>breakfast: veggie sausage and fruit</i> lunch: chili cornbread casserole green beans pineapples snack: sun butter and wheat cracker	breakfast: string cheese and fruit lunch: bean and cheese taco spanish rice with tomato pears snack: <i>celery with soy butter</i>	breakfast: oatmeal and fresh fruit lunch: chicken fried rice mixed vegetables peaches snack: chex mix and fruit
				

milk served breakfast and lunch

water served with snack

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