

# Snack Menu

**NO FRIED FOODS!!**

Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025
Bagels and Cream Cheese <b>V, EF</b> <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	French Toast and HOK Peach Compote <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pineapple Bread and Mango Chunks <b>V</b> <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Strawberry Yogurt and Bananas <b>V, EF, GF</b> <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers <b>V, DF, EF</b> <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Apple Slices <b>V, EF, GF</b> <u>Vegan, DF: Chickpea Puffs</u>	Pretzel Bites and HOK Cheese Dip <b>V, EF</b> <u>GF: GF Pretzels DF, Vegan: Sunbutter</u>	Cucumbers and HOK Dilly Dip <b>V, EF, GF</b> <u>Vegan, DF: HOK Hummus</u>	HOK Pumpkin Bread and Cantaloupe <b>V, DF</b> <u>Vegan, EF, GF: Snap Pea Crisps</u>
Monday, February 10, 2025	Tuesday, February 11, 2025	Wednesday, February 12, 2025	Thursday, February 13, 2025	Friday, February 14, 2025
HOK Granola Cereal and HOK Vanilla Yogurt <b>V, EF, GF</b> <u>Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex</u>	HOK Banana Bread and Peaches <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Honeydew <b>V, Vegan, DF, EF, GF</b>	Maple Mini Waffles and HOK Blueberry Compote <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pear Bread and Mango Chunks <b>V, DF</b> <u>Vegan, EF, GF: Rice Chex</u>
HOK Hummus and Pita <b>V, Vegan, EF, DF</b> <u>GF: Corn Tortilla</u>	Wisconsin Cheese Curds and Veggie Straws <b>V, EF, GF</b> <u>Vegan, DF: Applesauce</u>	HOK Carrot & Zucchini Bars and Apple Slices <b>V, DF</b> <u>Vegan, EF, GF: Chickpea Puffs</u>	Turkey Cubes and HOK Applesauce <b>DF, EF, GF</b> <u>V, Vegan: Veggie Straws</u>	Chips and HOK Cheese Dip <b>V, EF, GF</b> <u>DF, Vegan: HOK Salsa</u>
Monday, February 17, 2025	Tuesday, February 18, 2025	Wednesday, February 19, 2025	Thursday, February 20, 2025	Friday, February 21, 2025
Bagels and Cream Cheese <b>V, EF</b> <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK French Toast and HOK Vegan Apple Butter <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Peach Bread and Mango Chunks <b>V</b> <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Strawberry Yogurt and Bananas <b>V, EF, GF</b> <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers <b>V, DF, EF</b> <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Apple Slices <b>V, EF, GF</b> <u>Vegan, DF: Chickpea Puffs</u>	Pretzels and HOK Sunbutter <b>V, Vegan, DF, EF</b> <u>GF: GF Pretzels</u>	HOK Ranch and Cucumbers <b>V, GF</b> <u>Vegan, DF, EF: White Bean Dip</u>	HOK Apple Butter Bread and Honeydew <b>V, DF</b> <u>Vegan, EF, GF: Snap Pea Crisps</u>
Monday, February 24, 2025	Tuesday, February 25, 2025	Wednesday, February 26, 2025	Thursday, February 27, 2025	Friday, February 28, 2025
HOK Granola Cereal and HOK Peach Yogurt <b>V, EF, GF</b> <u>Vegan, DF: DF Vanilla Yogurt Vegan: Rice Chex</u>	HOK Banana Bread and Peaches <b>V</b> <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Cantaloupe <b>V, Vegan, DF, EF, GF</b>	Biscuits and HOK Peach Compote <b>V, EF</b> <u>DF, GF, Vegan: GF Vegan Pancake</u>	Maple Mini Waffles and Mango Chunks <b>V</b> <u>Vegan, DF, EF, GF: Rice Chex</u>
HOK Spinach Dip and Pita <b>V</b> <u>Vegan, DF, EF: White Bean Dip GF: Cucumbers</u>	Wisconsin Cheese Curds and Veggie Straws <b>V, EF, GF</b> <u>Vegan, DF: Applesauce</u>	HOK Carrot & Zucchini Bars and Apple Slices <b>V, DF</b> <u>Vegan, EF, GF: Chickpea Puffs</u>	Croissant and HOK Applesauce <b>V</b> <u>Vegan, DF, EF, GF: Veggie Straws</u>	Chips and HOK Salsa <b>V, Vegan, DF, EF, GF</b>