CHILDRENS LIGHTHOUSE

February 2021

CREEKSIDE Newsletter

Center Director: Joanne Webster

Assistant Director: Liz Liskow

February Events

- February 2, 2021—Happy Groundhog Day! Children will learn the story of Punxsutawney Phil and his shadow.
- February 4, 2021—Rosa Parks Day (observance) - Teachers will share with students about Rosa Parks and the impact one person can make.
- February 5, 2021—St. Jude Art Auction. Please join us for our children's art auction to raise funds for the St. Jude's Hospital children. St. Jude's fundraiser monies are used to ensure that families who have children with cancer never pay a medical bill for their services. The amazing artists will be your children! Please join us for this worthy cause and enjoy the art created by the children at our school.
- February 5, 2021—Superbowl Sunday weekend prep—wear your favorite team jersey and jeans..
- February 12, 2021– Valentine Sing-A-Long by room 7, 8 and 9.
- February 12,2021– Valentine Day class parties—sign up to bring treats for your child's class to enjoy.
- February 12, 2021— Chinese New Year celebration with lantern lighting for all families. Each family will receive their own lantern to decorate with a message or design and then we will all send them up into the night sky at the same time. It will be a beautiful picture.
- February 15-19, 2021—Random Acts of Kindness week. Children will be acknowledged for random acts of kindness such as helping to clean up their class, holding the door open for a peer, etc..
- February 19, 2021— Parents Night Out is from 6:30-10:00PM. Please remember to sign up and pay by Thursday, February 18th. Children will watch a movie, eat pizza and will enjoy themselves while you enjoy some adult time.
- February 26, 2021—Go Texans Day! Wear your cowboy hats and boots to school!

Director's Corner

Dear Children Lighthouse Families,

This year is off to a great start. Last month many of you joined us for the blood drive and helped to save lives. Thank you! We will continue providing the opportunity for donations as there is a great need for donations.

February brings many activities and I hope that your family will join us. Activities include black history month, Chinese New Year lantern lighting, our St. Jude Art Auction, Valentine parties, a sing-a-long from rooms 7-9, Go Texans Day and Parents Night Out! We will be busy!

We will be hosting a $50 gift card contest on Facebook in February. Post a picture of your child at Childrens Lighthouse and share with us the number of "Likes" your photo gets while mentioning Childrens Light-house. Whoever has the most "likes" will win. Last day of contest will be February 29, 2021.

Best regards,

Joanne Webster

Joanne Webster

Students:

Madelyn Fox	02/02
Kestrel Runnels	02/07
Sloane Sasser	02/11
Emma Ortega	02/13
Claire Johnson	02/14
Lucas Eckoff	02/15
Max Bigvava	02/18
Presley Nickerson	02/22
Brock Lunn	02/25
Roman Ward	02/27

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Kid Friendly Recipes

Super Bowl is quickly approaching and this is a family favorite in my house. It is quick and easy to make and everyone loves it. If you have an air fryer you can make this in a healthier version.

Ingredients:

1 16 ounce container of sour cream

1/2 cup freshly grated Parmesan
1 tablesppon of Dijon Mustard

Kosher salt and freshly ground black pepper

Potatoes (Large)

Directions:

Clean and cut potatoes and use a mandolin to cut them the thickness you prefer safely. Drop the potatoes in the air fryer or regular oil fryer and cook until they are a crisp potato chip.

While the potatoes cook, mix the sour cream, Dijon Mustard and Parmesan cheese in a bowl until thoroughly mixed. Add salt and pepper to taste. (Keep in mind the Parmesan cheese is a salty cheese. So, it is best to taste before adding salt and pepper.) We add salt and pepper to the chips and then position them around the dip for everyone to enjoy.

KID JOKES!

1. What do you call the world's smallest Valentine's Day card?

A valen-teeny.

2. What did the stamp say to the envelope on Valentine's Day?

'm stuck on you!

3. What did one volcano say to the other?

I lava you!

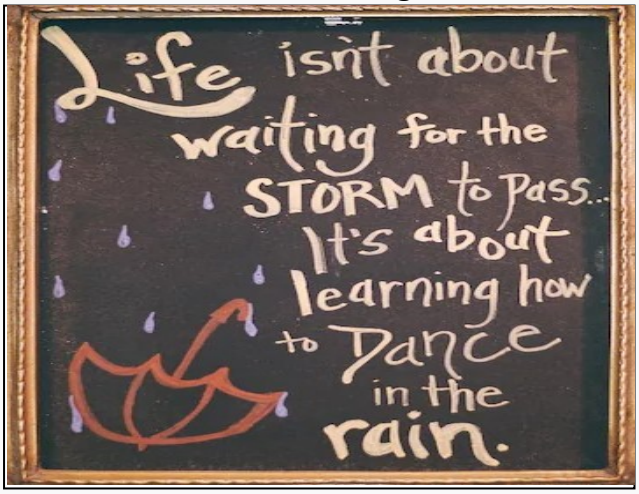
4. What did the cucumber say to the pickle?

You mean a great dill to me.

Opus Music, Play Ball, Soccer Shots and Stage Dance!

We are blessed to have four vendors for your children to participate in ancillary activities during the school week. Please ask the office for a flyer to sign up for any of these programs. We have scheduled them on separate days to ensure that your child can participate in more than one program if you would like them to have that opportunity.

Words of Encouragement



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Cooler Weather in the Forecast

The cool weather continues in the forecast! Here are a few things to keep in mind…

- Jackets should be labeled with your child first name and last initial.

- Extra clothes and shoes should be weather appropriate.

- Hats may NOT have string ties that go around the chin or neck for safety.

February Indoor Activities for Kids

Valentines Day Busy Bag Sorting Hearts from Best Toys 4 Toddlers. This is fun learning activity is easy to set up using supplies you probably already have at home.

Glitter Jar of Floating Hearts from Fun A Day. These sensory bottles are so pretty and soothing to look at.

Valentine Pom Pom Mats from Fun With Mama. What a fun fine motor activity to try!

Dancing Hearts Science Experiments from Kindergarten Worksheets and Games. Kids will be amazed at this simple and amazing Valentines Day science experiment for kids of all ages.

Love Bug Playdough fromPicklebums. Make one of these cute little love bugs for Valentine's Day.

Homemade Valentines Gum Drop Recipe from Thrifty Jinx. Make your own Valentine's candy!

Interlocking Crystal Hearts from Go Science Kids.This easy science experiment has gorgeous results that you can wear as a necklace!

Curriculum Corner

Infants & Toddlers —Rooms 1, 2 & 3

This month we will be discovering:
Windows, Walls, Doors & Hallways
We will focus on the shape: Heart
We will be singing: Go In and Out the Window
The Sign Language focus word for this month is:
Cereal

Toddlers Curriculum Overview—Rooms 4

This month we will be learning about: Sky
We will focus on the shape: Heart
We will focus on the color: Red
We will be singing: Rainbow Colors
The Sign Language focus word for this month is: Cookie

Twos' through Five's Curriculum Overview

Character Value: Truthfulness
Curriculum Theme:
Transportation, Outer Space, Birds & Shadows
Letter Focus: Uu, Nn, Ww
Literacy Focus: Mo Willems: Pigeon Series
Sign Language & Spanish:
Bird/ El Pajaro, Stop/ Alto, Flag/ La Bandera, Star/ El Estrella

School-Age Curriculum

Our Planet
Character Value: Truthfulness

New Parent Questions:

Does my baby have colic?

Colic tends to follow the rules of three — totals at least three hours a day, occurs at least three days a week and persists for at least three weeks in a row. Colic is not a disease and one in five infants (roughly) are diagnosed with colic. The good news is that colic does not last forever. But what do you do in the meantime? Here are a few suggestions: to cope with a colicky crying baby:

1) Break it up—a fresh set of arms sometimes induces calm in a baby. So, divide up the colic duty and everyone wins.
2) Talk about it—Sometimes a sympathetic ear is what you need. Talking with your struggles with your spouse, your friend , a family member, a family member or even your childcare provider can help you to feel that you are not alone in the journey.
3) Tune out a little—Use headphones, ear plugs or something that can cancel out noise or turn on music to help lessen the effect of your baby's crying on you. Ensure you can still hear your baby as you still need to be there for them . But a little tune out can sometimes be the few minutes you need to regroup and take a deep breath before you return to the task of helping your sweet baby find their calm.
4)Get help—If you are at the end of your rope, don't hesitate to ask for help. Have a plan of who you are going to call with the knowledge that they are there to support you during this challenging time.