





February



Monday	Tuesday	Wednesday	Thursday	Friday
		1)AM: Cereal & Milk L: Chicken nuggets, fries, fruit PM: Chex mix V: Veggie nuggets	2)AM: Bagels & cream cheese L: Sliders, smiley potatoes, fruit PM: Veggies straws V: veggie patties	3) AM: Pancakes & strawberries L: Meatballs, rice, fruit PM: Graham crackers V: Meatless veggie balls
6) AM: Cheesy Eggs L: Chicken alfredo pasta, broccoli, peaches PM: Fresh Fruit V: alfredo pasta	7) AM: Waffles L: Quesadillas, black beans, pears PM: Fig Bars V: Cheese Quesadillas	8) AM: Apple sauce & grahams L: Spaghetti, mixed veggies, fruit PM: Crackers w/ Hummus V: Fried rice w/ mixed veggies	9) AM: Cereal bars & bananas L: Turkey Sandwich, carrots, fruit PM: Cheez-its V: Cheese sandwich	10) AM: Muffins L: Chicken fried rice, mixed veggies, fruit PM: Sun butter & Crackers V: Fried rice
13) AM: Pancakes w/ syrup L: Pizza, peas & carrots, oranges PM: Cereal bars V: cheese pizza	14) AM: French toast sticks L: Ravioli, veggies, fruit PM: Animal Crackers V: cheese ravioli	15) AM: Yogurt w/ fruit L: Mac & Cheese, mixed veggies, pears PM: Carrots & ranch V: Mac & Cheese	16) AM: Biscuits & jelly L: Chicken Sandwich, fries, peaches PM: Goldfish V: veggie patty	17) AM: Cereal & Milk L: Eggs & Pancakes, fruit PM: Nut free Trail Mix V: Pancakes
20)AM: English muffins L: Cheese tater tots, fruit PM: Carrots w/ ranch V: Tater Tot casserole	21)AM: Cereal & Milk L: Steak fingers, squash, mixed fruit PM: Sun butter & Crackers V: veggie patties	22) AM: Cheesy hashbrowns L: Fish sticks, mixed veggies, pears PM: Pretzels V: veggie nuggets	23) AM: Bagels w/ cream cheese L: Chicken fried rice, mixed veggies, oranges PM: Graham crackers V: fried rice & veggies	24) AM: Apple sauce & grahams L: Spaghetti, mixed veggies, peaches PM: Fresh Fruit V: spaghetti
27) AM: Sausage & Toast L: Cheese Lasagna, broccoli, fruit PM: Chef's Choice V: Cheese Lasagna	28) AM: Cereal bars & bananas L: Grilled cheese, fries, fruit PM: Fresh fruit mix V: Grilled cheese		<i>Happy Valentine's Day</i>	