



# December 2022 Menu

| AM Snack   | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | PM Snack   |
|--|--|---|---|--|---|--|
| <b>Mon-</b> Bagels w/ Cream Cheese & Milk<br><b>Tues-</b> French Toast, Milk<br><b>Wed-</b> Biscuit's w/Jelly, Hash Brown, Milk<br><b>Thurs-</b> Cereal, Fruit & Milk<br><b>Fri-</b> Danish, Milk    | <b>Nov 28</b><br>Spaghetti w/Meat Sauce<br>Green Beans<br>Pineapples, Milk<br><i>*Spaghetti w/ Sauce</i>     | <b>Nov 29</b><br>Chicken & Cheese Quesadilla<br>Corn<br>Mandarin Oranges<br>Milk<br><i>*Cheese Quesadilla</i> | <b>Nov 30</b><br>Chicken Sandwich<br>Tater Tots<br>Tropical Fruit<br>Milk<br><i>*Veggie Burgers</i>         | <b>1</b><br>Cheese Pizza<br>Cucumber's w/ Ranch<br>Pears<br>Milk   | <b>2</b><br>Fish Sticks<br>Macaroni & Cheese<br>Green Beans<br>Peaches, Milk<br><i>*Mac &amp; Cheese</i>  | <b>Mon-</b> Animal Crackers<br><b>Tues-</b> String Cheese & Crackers<br><b>Wed-</b> Pretzels<br><b>Thurs-</b> Blueberry Bar<br><b>Fri-</b> Chef's Choice |
| <b>Mon-</b> Blueberry Muffins, Milk<br><b>Tues-</b> Bagel's w/ Cream Cheese, Milk<br><b>Wed-</b> French Toast Sticks w/ Syrup, Milk<br><b>Thurs-</b> Cereal & Milk<br><b>Fri-</b> Sausage Biscuit    | <b>5</b><br>BBQ Chicken<br>Ranch Style Beans<br>Pineapples<br>Milk<br><i>*Plant based meatballs</i>          | <b>6</b><br>Turkey Soft Taco<br>Corn<br>Mandarin Oranges<br>Milk<br><i>*Cheese Quesadilla</i>                 | <b>7</b><br>Barbeque Sandwich<br>Sliced Pickles<br>Baked Beans<br>Peaches<br>Milk<br><i>*Veggie Burgers</i> | <b>8</b><br>Meatballs w/Gravy<br>Mashed Potatoes<br>Green Beans<br>Peaches, Milk<br><i>*Veggie Meatballs</i> | <b>9</b><br>Cheese Ravioli<br>Green Beans<br>Pears<br>Milk  | <b>Mon-</b> Goldfish<br><b>Tues-</b> Cheez-itz<br><b>Wed-</b> Blueberry Bar<br><b>Thurs-</b> Teddy Grahams<br><b>Fri-</b> Strawberry Chex Mix            |
| <b>Mon-</b> Omelet, Milk<br><b>Tues-</b> Bagel's w/ Cream Cheese, Milk<br><b>Wed-</b> Waffles with Syrup, Milk<br><b>Thurs-</b> Turkey Sausage, Hash Brown, Milk<br><b>Fri-</b> Cereal, Fruit & Milk | <b>12</b><br>Sweet & Sour Chicken<br>Fried Rice<br>Mandarin Oranges<br>Milk<br><i>*Plant based meatballs</i> | <b>13</b><br>Burrito<br>Spanish Rice<br>Mandarin Oranges<br><i>*Cheese Quesadilla</i>                         | <b>14</b><br>Grilled Chicken Sandwich<br>Tater Tots<br>Peaches, Milk<br><i>*Veggie Burgers</i>              | <b>15</b><br>Cheese Pizza<br>Cucumber's w/ Ranch<br>Pears<br>Milk  | <b>16</b><br>Hamburger<br>Sweet Potato Fries<br>Peaches, Milk<br><i>*Veggie Burgers</i>                   | <b>Mon-</b> Graham Crackers<br><b>Tues-</b> Animal Crackers<br><b>Wed-</b> Cheez-itz<br><b>Thurs-</b> Chef's Choice<br><b>Fri-</b> Goldfish              |
| <b>Mon-</b> Danish & Milk<br><b>Tues-</b> Bagel's w/ Cream Cheese, Milk<br><b>Wed-</b> Waffles with Syrup, Milk<br><b>Thurs-</b> Turkey Sausage, Biscuit, Milk<br><b>Fri-</b> Cereal, Fruit & Milk   | <b>19</b><br>Spaghetti w/Meat Sauce<br>Green Beans<br>Pineapples, Milk<br><i>*Spaghetti w/ Sauce</i>         | <b>20</b><br>Chicken & Cheese Crispitos<br>Spanish Rice<br>Mandarin Oranges<br><i>*Cheese Quesadilla</i>      | <b>21</b><br>Chicken Alfredo<br>Mixed Vegetables<br>Peaches<br>Milk<br><i>*Veggie Burgers</i>               | <b>22</b><br>Turkey & Cheese Wrap<br>Cucumbers<br>Strawberries<br>Milk<br><i>*Veggie Burger</i>              | <b>23</b><br>Cheese Ravioli<br>Green Beans<br>Pears<br>Milk   | <b>Mon-</b> Graham Crackers<br><b>Tues-</b> Animal Crackers<br><b>Wed-</b> Cheez-itz<br><b>Thurs-</b> Teddy Grahams<br><b>Fri-</b> Goldfish              |
| <b>Mon- School Closed</b><br><b>Tues-</b> French Toast, Milk<br><b>Wed-</b> Biscuit's w/Jelly, Hash Brown, Milk<br><b>Thurs-</b> Cereal, Fruit & Milk<br><b>Fri-</b> Danish, Milk                    | <b>26</b><br><b>School Closed</b><br><b>Have a Happy &amp; Safe Holiday</b>                                  | <b>27</b><br>Chicken & Cheese Quesadilla<br>Corn<br>Mandarin Oranges<br>Milk<br><i>*Cheese Quesadilla</i>     | <b>28</b><br>Chicken Sandwich<br>Tater Tots<br>Tropical Fruit<br>Milk<br><i>*Veggie Burgers</i>             | <b>29</b><br>Cheese Pizza<br>Cucumber's w/ Ranch<br>Pears<br>Milk  | <b>30</b><br>Fish Sticks<br>Macaroni & Cheese<br>Green Beans<br>Peaches, Milk<br><i>*Mac &amp; Cheese</i> | <b>Mon- School Closed</b><br><b>Tues-</b> String Cheese & Crackers<br><b>Wed-</b> Pretzels<br><b>Thurs-</b> Blueberry Bar<br><b>Fri-</b> Chef's Choice   |

**\*Fresh Fruit Served Daily with all Snacks**