

Snack Menu

NO FRIED FOODS!!

Monday, December 1, 2025	Tuesday, December 2, 2025	Wednesday, December 3, 2025	Thursday, December 4, 2025	Friday, December 5, 2025
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Cantaloupe V, Vegan, DF, EF, GF	French Toast and HOK Blueberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Peach Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Wisconsin Cheese Curds and Apple Slices V, EF, GF <u>Vegan, DF: Chickpea Puffs</u>	Cucumbers and HOK Dilly Dip V, EF, GF <u>Vegan, DF: HOK Hummus</u>	HOK Turkey Wraps DF, EF <u>V, Vegan: HOK White Bean Wrap GF: Corn Tortilla</u>	HOK Pumpkin Bread and Cantaloupe V, DF <u>Vegan, EF, GF: Veggie Straws</u>
Monday, December 8, 2025	Tuesday, December 9, 2025	Wednesday, December 10, 2025	Thursday, December 11, 2025	Friday, December 12, 2025
HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt Vegan: Organic Rice Crisps</u>	HOK Banana Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Cinnamon Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Organic Rice Crisps</u>	Maple Mini Waffles and HOK Peach Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Sunbutter Granola Bar and Honeydew V, Vegan, DF, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Cucumbers</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Pretzel Bites and HOK Cheese Dip V, EF <u>GF: GF Pretzels DF, Vegan: Sunbutter</u>	HOK Banana Oat Bites and Apple Slices V, Vegan, DF, EF, GF	Organic Tortilla Chips and HOK Spinach Dip V, GF <u>Vegan, DF, EF: HOK Salsa</u>
Monday, December 15, 2025	Tuesday, December 16, 2025	Wednesday, December 17, 2025	Thursday, December 18, 2025	Friday, December 19, 2025
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Cantaloupe V, Vegan, DF, EF, GF	HOK Pancakes and Strawberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Strawberry Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Apple Slices V, EF, GF <u>Vegan, DF: Chickpea Puffs</u>	Blanched Baby Carrots and HOK Ranch V, GF <u>Vegan, DF, EF: White Bean Dip</u>	HOK Turkey Wraps DF, EF <u>V, Vegan: HOK White Bean Wrap GF: Corn Tortilla</u>	HOK Apple Butter Bread and Cantaloupe V, DF <u>Vegan, EF, GF: Veggie Straws</u>
Monday, December 22, 2025	Tuesday, December 23, 2025	Wednesday, December 24, 2025	Thursday, December 25, 2025	Friday, December 26, 2025
HOK Granola Cereal and HOK Blueberry Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt Vegan: Organic Rice Crisps</u>	HOK Banana Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	Happy Holidays!		HOK Sunbutter Granola Bar and Honeydew V, Vegan, DF, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Cucumbers</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>			Organic Tortilla Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, December 29, 2025	Tuesday, December 30, 2025	Wednesday, December 31, 2025	Thursday, January 1, 2026	Friday, January 2, 2026
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Peach Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Organic Rice Crisps</u>	Happy New Year!	
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Wisconsin Cheese Curds and Apple Slices V, EF, GF <u>Vegan, DF: Chickpea Puffs</u>	Cucumbers and HOK Dilly Dip V, EF, GF <u>Vegan, DF: HOK Hummus</u>		
				French Toast and HOK Blueberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>
				HOK Pumpkin Bread and Cantaloupe V, DF <u>Vegan, EF, GF: Veggie Straws</u>

Disclaimer: For a complete list of ingredients, please refer to the official ingredient list provided.

All meals prepared in a facility that handles wheat and wheat-based products