



Snack Menu

NO FRIED FOODS!!

Monday, December 2, 2024	Tuesday, December 3, 2024	Wednesday, December 4, 2024	Thursday, December 5, 2024	Friday, December 6, 2024
HOK Granola Cereal and HOK Blueberry Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt</u> <u>Vegan: Rice Chex</u>	HOK Banana Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Honeydew V, Vegan, DF, EF, GF	Biscuits and HOK Strawberry Compote V, EF <u>DF, GF, Vegan: GF Vegan Pancake</u>	Maple Mini Waffles and Mango Chunks V <u>Vegan, DF, EF, GF: Rice Chex</u>
HOK Spinach Dip and Pita V <u>Vegan, DF, EF: White Bean Dip</u> <u>GF: Cucumbers</u>	Wisconsin Cheese Curds and Veggie Straws V, EF, GF <u>DF, Vegan: Applesauce</u>	HOK Carrot & Zucchini Bars and Apple Slices V, DF <u>Vegan, EF, GF: Chickpea Puffs</u>	Croissant and HOK Applesauce V <u>Vegan, DF, EF, GF: Veggie Straws</u>	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, December 9, 2024	Tuesday, December 10, 2024	Wednesday, December 11, 2024	Thursday, December 12, 2024	Friday, December 13, 2024
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote</u> <u>GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK French Toast and HOK Peach Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Peach Bread and Mango Chunks V <u>Vegan, DF, EF, GF: Rice Chex</u>	HOK Strawberry Yogurt and Bananas V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Chickpea Puffs V, EF, GF <u>Vegan, DF: Applesauce</u>	Pretzel Bites and HOK Cheese Dip V, EF <u>GF: GF Pretzels</u> <u>DF, Vegan: Sunbutter</u>	HOK Ranch and Cucumbers V, GF <u>Vegan, DF, EF: White Bean Dip</u>	HOK Pumpkin Bread and Cantaloupe V, DF <u>Vegan, EF, GF: Snap Pea Crisps</u>
Monday, December 16, 2024	Tuesday, December 17, 2024	Wednesday, December 18, 2024	Thursday, December 19, 2024	Friday, December 20, 2024
HOK Granola Cereal and HOK Vanilla Yogurt V, EF, GF <u>Vegan, DF: DF Vanilla Yogurt</u> <u>Vegan: Rice Chex</u>	HOK Banana Bread and Peaches V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	HOK Oatmeal and Cantaloupe V, Vegan, DF, EF, GF	Maple Mini Waffles and HOK Blueberry Compote V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Pear Bread and Mango Chunks V, DF <u>Vegan, EF, GF: Rice Chex</u>
HOK Hummus and Pita V, Vegan, EF, DF <u>GF: Corn Tortilla</u>	Wisconsin Cheese Curds and Veggie Straws V, EF, GF <u>DF, Vegan: Applesauce</u>	HOK Carrot & Zucchini Bars and Apple Slices V, DF <u>Vegan, EF, GF: Chickpea Puffs</u>	Turkey Cubes and HOK Applesauce DF, EF, GF <u>V, Vegan: Veggie Straws</u>	Chips and HOK Cheese Dip V, EF, GF <u>DF, Vegan: HOK Salsa</u>
Monday, December 23, 2024	Tuesday, December 24, 2024	Wednesday, December 25, 2024	Thursday, December 26, 2024	Friday, December 27, 2024
Bagels and Cream Cheese V, EF <u>Vegan, DF, GF: Compote</u> <u>GF: GF Vegan Pancake</u>	HOK Blueberry Bread and Pears V <u>Vegan, DF, EF, GF: GF Vegan Banana Bread</u>	Happy Holidays!	HOK French Toast and HOK Vegan Apple Butter V <u>Vegan, DF, EF, GF: GF Vegan Pancake</u>	HOK Peach Yogurt and Honeydew V, EF, GF <u>Vegan, DF: Dairy Free Vanilla Yogurt</u>
HOK Applesauce and Graham Crackers V, DF, EF <u>Vegan, GF: Veggie Straws</u>	Cheese Cubes and Chickpea Puffs V, EF, GF <u>Vegan, DF: Applesauce</u>		Pretzels and HOK Sunbutter V, Vegan, DF, EF <u>GF: GF Pretzels</u>	Chips and HOK Salsa V, Vegan, DF, EF, GF