

## December Lunch

## NO FRIED FOODS!!

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Monday, December 1, 2025	Tuesday, December 2, 2025	Wednesday, December 3, 2025	Thursday, December 4, 2025	Friday, December 5, 2025
Pasta Alfredo - <b>V, EF</b>	Meatball Slider	Cheesy Chicken Broccoli - EF, GF	Turkey Meatloaf - <b>EF, GF</b>	Pizza Day - <b>V, EF</b>
Pasta	Dinner Roll	Whole Grain Brown Rice	Wheat Bread	Flour Pizza Crust
Sliced Carrots	Cauliflower	Broccoli	Green Beans	Cucumbers
Honeydew	Bananas	Pineapple	Cantaloupe	Fruit Salad
DF, Vegan: Pasta Marinara Vegan Cheese	V, Vegan, DF, EF: Tofu Slider	V, Vegan, DF: Tofu Broccoli Casserole	V, Vegan, DF - Veggie Patty	DF: Pizza w/Turkey Pepperoni
GF: GF Pasta Alfredo	GF: Tofu Slider w/ GF Bread		GF: Gluten Free Bread	GF: Gluten Free Pizza w/ Cheese
				Vegan: Pizza w/ Vegan Cheese
Monday, December 8, 2025	Tuesday, December 9, 2025	Wednesday, December 10, 2025	Thursday, December 11, 2025	Friday, December 12, 2025
Mega Mac & Cheese - V, EF	Turkey Taco Tuesday! - <b>EF</b>	Turkey Lentil Sloppy Joes - <b>DF, EF</b>	BBQ Meatballs	Chicken Parmesan Sub - <b>EF</b>
Pasta	Flour Tortillas	Dinner Roll	White Rice	Mini Hoagie
Peas and Carrots	Lettuce, Salsa	Sliced Carrots	Cucumber Dill Salad	Cauliflower
Cantaloupe	Bananas	Honeydew	Pineapple	Fruit Salad
GF: GF Pasta w/ Cheese Sauce	V, Vegan: Veggie &Bean Taco	V, Vegan: Lentil & Bean Sloppy Joe	V, Vegan, DF,EF, GF: BBQ Veggie Meatballs	V, Vegan, DF: Veggie Meatball Sub
Vegan, DF: Cheesy Vegan Pasta	GF: Corn Tortilla	GF: White Rice		GF: Whole Grain Brown Rice
Monday, December 15, 2025	Tuesday, December 16, 2025	Wednesday, December 17, 2025	Thursday, December 18, 2025	Friday, December 19, 2025
Three Bean Chili - V, Vegan, DF, EF, GF	Chicken Chickpea Gyros - <u><b>EF</b></u>	Red Pepper Turkey - <b>EF, GF</b>	Cheesy Chicken Philly - <b>EF</b>	Pizza Day - <b>V, EF</b>
Buttered Pasta (Served Separately)	Pita Bread	Whole Grain Brown Rice	Mini Hoagie	Flour Pizza Crust
Honeydew	Broccoli	Balsamic Green Beans	Butternut Squash	Cucumbers
Vegan, DF: Plain Pasta	Bananas	Pineapple	Cantaloupe	Fruit Salad
GF: GF Pasta	V, Vegan, DF: Chickpea and Veggie Gyros	V, Vegan, DF: Tofu w/ DF Sauce	V, Vegan, DF: White Bean Philly	DF: Pizza w/Turkey Pepperoni
	GF: Whole Grain Brown Rice		GF: White Rice	GF: Gluten Free Pizza w/ Cheese
				Vegan: Pizza w/ Vegan Cheese
Monday, December 22, 2025	Tuesday, December 23, 2025	Wednesday, December 24, 2025	Thursday, December 25, 2025	Friday, December 26, 2025
Creamy Pesto Pasta - V, EF	Chicken Fajitas - <b>DF, EF</b>			Pepperoni Pizza Pasta - <u>EF</u>
Pasta	Flour Tortillas			Pasta
Peas and Carrots	Cauliflower	Happy Holidays!		Green Beans
Cantaloupe	Bananas			Fruit Salad
DF, Vegan: DF Pesto Pasta w/ Vegan Cheese	V, Vegan: Bean Fajitas	•	_	V, Vegan, DF: Veggie Pizza Pasta
GF: GF Creamy Pesto Pasta	GF: Corn Tortilla			GF: GF Veggie Pizza Pasta
Monday, December 29, 2025	Tuesday, December 30, 2025	Wednesday, December 31, 2025	Thursday, January 1, 2026	Friday, January 2, 2026
Pasta Fagioli - <u>V, Vegan, DF, EF</u>	Italian Meatball Sub	BBQ Chicken Salad - <b>DF. EF</b>		Pizza Day - <u>V, EF</u>
(Parmesan Cheese on the Side)	Mini Hoagie	Wheat Bread	Happy New Year!	Flour Pizza Crust
Sliced Carrots	Peas and Carrots	Balsamic Green Beans	Toppy Town your	Cucumbers
Honeydew	Cantaloupe	Pineapple		Fruit Salad
GF: Entrée w/ GF Pasta	V, Vegan, DF,EF, GF: Veggie Meatball Sub	V, Vegan: Sunbutter and Jelly		DF: Pizza w/Turkey Pepperoni
	GF: Whole Grain Brown Rice	GF: Gluten Free Bread		GF: Gluten Free Pizza w/ Cheese
				Vegan: Pizza w/ Vegan Cheese