




December 2023

				Friday 12/1 breakfast: Oatmeal and berries lunch: Cheese pizza w/ salad Broccoli and peaches snack: Teddy grahams and fruit
Monday 12/4 breakfast: Pancake & sausage on a stick lunch: Chicken & biscuit dumplings w/peas, wheat bread and peaches Snack: Vanilla wafers and fruit	Tuesday 12/5 breakfast: Yogurt w/granola & fruit lunch: Beef Ravioli green beans, wheat bread Pears snack: Whole grain baked cheetos & fruit	Wednesday 12/6 breakfast: Waffles w/ berries lunch: Chicken fajitas on whole wheat tortilla w/refried beans, Salad Appleslices snack: Rice cakes and fruit	Thursday 12/7 breakfast: Cheese toast & fruit lunch: Salsibury steak w/mash potato, wheat bread, corn & mixed fruit snack: Celery and Hummus	Friday 12/8 breakfast: Muffins and Pears Lunch: Bean and cheese taco, spanish rice w/ tomatoes and pineapples Snack: Graham cracker & milk
Monday 12/11 breakfast: Cereal and juice lunch: Frito pie w/buttered bread, Salad and pears snack: Ritz cracker and cheese	Tuesday 12/12 breakfast: Oatmeal and fruit lunch: Mac and cheese w/ham mixed vegetables and peaches snack: Pretzel goldfish & cheese cubes	Wednesday 12/13 breakfast: biscuit w/ honey & fruit lunch: Beef stroganoff w/whole wheat pasta, peas and fruit snack: Oatmeal cookie and juice	Thursday 12/14 breakfast: String cheese & fruit lunch: Chicken and rice w/Broccoli wheat bread and pineapples snack: Cheez-it and fruit	Friday 12/15 breakfast: French toast & fruit lunch: Cheeseburger on wheat tator tots and mixed fruit snack: multigrain crisps and quesso
Monday 12/18 Breakfast: Cereal with banana Lunch: Wheat pasta w/meat sauce, green beans and fruit Snack: Vanilla wafers & fruit	Tuesday 12/19 Breakfast: Biscuit w/ fruit jam Lunch: Chicken enchilada casserole, Salad and fruit Snack: Wheat cracker & cheese	Wednesday 12/20 Breakfast: Veggie sausage & fruit Lunch: Beef tacos, Spanish rice and pears Snacks: Oranges and wheat crackers	Thursday 12/21 Breakfast: Cereal with Banana Lunch: Chicken patty on wheat bun, Broccoli and applesauce Snack: Berries and cheese cubes	Friday 12/22 CLOSE AT 3PM Breakfast: Muffins and fruit Lunch: Pepperoni Pizza-dillas Carrots and peaches Snack: Carrots and Hummus
Monday 12/25 	Tuesday 12/26 	Wednesday 12/27 Breakfast: Cheese Toast w/ fruit Lunch: Chicken nuggets, green beans, wheat bread and mandarin oranges snack: wheat crackers and sun butter	Thursday 12/28 Breakfast: Yogurt w/granola and fruit Lunch: Turkey & cheese wraps, fresh veggies and fresh fruit Snack: Chex mix and fruit	Friday 12/29 Breakfast: Cereal and berries Lunch: Cheese Pizza w/broccoli and salad Snack: Graham crackers and milk

milk served breakfast and Lunch

water served with snack

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