

Week A Menu



Week of Dec 1-5

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Waffles, blueberries, milk	Turkey & Cheese on whole wheat bread, cucumber and carrots mix, appleslices or applesauce, milk	Animal crackers and water	Cheese sandwich
Tuesday	Cereal, bananas and milk	Mac & Cheese, green beans, whole wheat bread, pears, and milk	Fig Newtons and water	
Wednesday	Biscuits with grape jelly, pears, milk	Chicken Nuggets, green beans, whole grain bread, pineapples, and milk	Pretzels and water	Veggie Nuggets
Thursday	Nutrigrain bars, peaches and milk	Spaghetti w/veggie meat sauce, broccoli, garlic bread, peaches, and milk	Graham crackers and water	
Friday	French toast sticks, mandarin oranges, milk	English muffin pizza, mixed fruit, mixed vegetables, milk	Goldfish and water	

Week B Menu



Week of Dec. 8-12

Weekday	AM Snack	Lunch	PM Snack
Monday	Yogurt, mixed fruit & milk	Chicken patty, peas and carrots, peaches, and milk	Cinnamon graham crackers and water
Tuesday	Pancakes, strawberries, milk	Sunbutter and jelly on whole grain bread, apple slices/applesauce, corn, milk	Flavored rice cakes and water
Wednesday	Cheerios, bananas, milk	Quesadilla, green beans, pineapples, and milk	Chesters cheese puffcorn and water
Thursday	Cheese toast on whole grain bread, peaches, and milk	Yellow rice and beans, corn, whole grain bread, pears, milk	Pretzels and water
Friday	French toast sticks, mandarin oranges, milk	Cheese Pizza, Mixed vegetables, mixed fruit and milk	Animal Crackers and water

Vegetarian adjustment
Veggie Patty

Week C Menu



Week of: December 15-19

Weekday	AM Snack	Lunch	PM Snack	Vegetarian adjustment
Monday	Bagel with cream cheese, pears, milk	Grilled cheese on whole grain bread, broccoli, strawberries, and milk	Animal crackers and water	
Tuesday	Rice cereal, bananas, and milk	Turkey hot dog on whole grain bun, mixed fruit, mixed vegetables, and milk	Goldfish and water	Veggie Hot Dog
Wednesday	Waffles, applesauce, milk	Vegetarian Beans, Broccoli, peaches, whole grain bread and milk	Veggie Straws and water	
Thursday	Biscuits, jelly, pineapple, milk	Chicken alfredo, broccoli, pineapples, garlic bread, milk	Blueberry muffin and water	Plain alfredo
Friday	Nutrigrain bars, strawberries, and milk	English Muffin Pizza, mixed vegetables, mixed fruit and milk	Graham crackers and water	Cheese sandwich

Week D Menu



Week of: December 22-26

Weekday	AM Snack	Lunch	PM Snack
Monday	Pancakes, applesauce/appleslices, and milk	Chicken Nuggets, peas and carrots, peaches, milk	Flavored Rice Cakes and water
Tuesday	Kix cereal, banana, and milk	Vegetarian beans, broccoli and cauliflower, whole grain bread, peaches, milk	Crackers and water
Wednesday	CLOSED	CLOSED	CLOSED
Thursday	CLOSED	CLOSED	CLOSED
Friday	French toast sticks, oranges and milk	Cheese Pizza, mixed vegetables, mixed fruit and milk	Goldfish and water

Vegetarian adjustment
Veggie nuggets