



# CHILDRENS LIGHTHOUSE SPRING BREAK ACTIVITY GUIDE

At Childrens Lighthouse, we aim to provide a fun and enriching environment for each child at our school. Since Spring Break may look a bit different for families this year, we want to share fun ideas to make the most of your "stay-cation." We encourage you to download and print this guide, and share photos of your family enjoying it together!



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# STAY-CATION MENU

Cooking together is a great way to bring the family together, and it also offers an opportunity for your children to build their basic skills like math, reading and even fine motor skills. Below is a menu to try out for the perfect stay-cation family meal!

- Drink: Strawberry Watermelon Twist
- Appetizer: Strawberry Salsa & Chips
- Entrée: Chicken Tacos
- Dessert: S'mores popsicles



# STAY-CATION MENU *continued*

## STRAWBERRY WATERMELON TWIST

### Ingredients:

- 1 64 oz bottle of Strawberry Watermelon juice
- ½ cup blueberries
- 1 cucumber
- 1 lime
- ¼ cup of mint

### Directions:

- For the parents - thinly slice the cucumber and lime into rounds, roughly chop the mint
- Add sliced cucumber, limes, blueberry and mint to pitcher
- Pour juice into the pitcher until full
- Muddle with a wooden spoon, and either let the flavors develop over night or serve right away over ice!



# STAY-CATION MENU *continued*

## STRAWBERRY SALSA & CHIPS

### Ingredients:

- 1 cup strawberries
- ½ chopped red onion
- 2 cloves garlic
- 1 jalapeno
- ½ cup cilantro
- Juice of 1 lime
- Salt and pepper to taste

### Directions:

- Chop strawberries, onion, garlic and jalapeno into tiny pieces
- Combine ingredients in bowl
- Top with lime juice, salt and pepper
- Serve with chips and enjoy!



# STAY-CATION MENU *continued*

## CHICKEN TACOS

### Ingredients:

- 4 skinless boneless chicken breasts
- 1 cup salsa of choice
- 1 cup canned diced tomatoes with chiles
- 1 package taco seasoning
- ½ onion, diced

### Directions:

- Combine salsa, canned tomatoes and taco seasoning
- Place onions and chicken in slow cooker; top with tomato mixture
- Cook on low 7-8 hours, or high 3-4 hours
- Remove chicken from slow cooker and shred with fork. Return to slow cooker and stir with tomatoes
- Serve in taco shells, on salad or over rice!



# STAY-CATION MENU *continued*

## SMORE'S POPSICLES

### Ingredients:

- 2 cups cold milk
- 1 (3.9 oz) package of instant chocolate pudding mix
- 2 graham crackers, crushed
- 1 ½ cups vanilla ice cream

### Directions:

- Beat milk and pudding mix together in a bowl until thick, about 2 minutes
- Measure 1 ½ cups of pudding; set remaining aside
- Sprinkle graham cracker crumbs into bottom of popsicle mold
- Add about ¼ cup ice cream on top of each, sprinkle more graham crumbs on top, then another ¼ layer of pudding
- Add a final layer of graham cracker crumbs
- Freeze until solid, about 3 hours
- Enjoy!



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# SPRING SCAVENGER HUNT

It may be a stay-cation, but you can still get out and have some fun in your backyard or at the park! Grab some magnifying glasses for each family member, clip the printout onto clipboards and have some fun exploring nature with this Spring Scavenger Hunt.

Simply print out the scavenger on the next page and head outside!





# SPRING BACKYARD SCAVENGER HUNT



☐ Tree



☐ Purple Flower



☐ Butterfly



☐ Ladybug



☐ Grass



☐ Puddle



☐ Green Leaf



☐ Bird



☐ Bird House



☐ Sun



☐ Bee



☐ Yellow Flower



☐ Clover



☐ Cloud



# SPRING INTO COLORING!

Grab some crayons and markers and show off your inner artist! Print out these spring-themed coloring pages that the whole family can have some fun with.

## What You'll Need:

- Coloring supplies
- Crayons
- Markers
- Colored pencils
- Paint

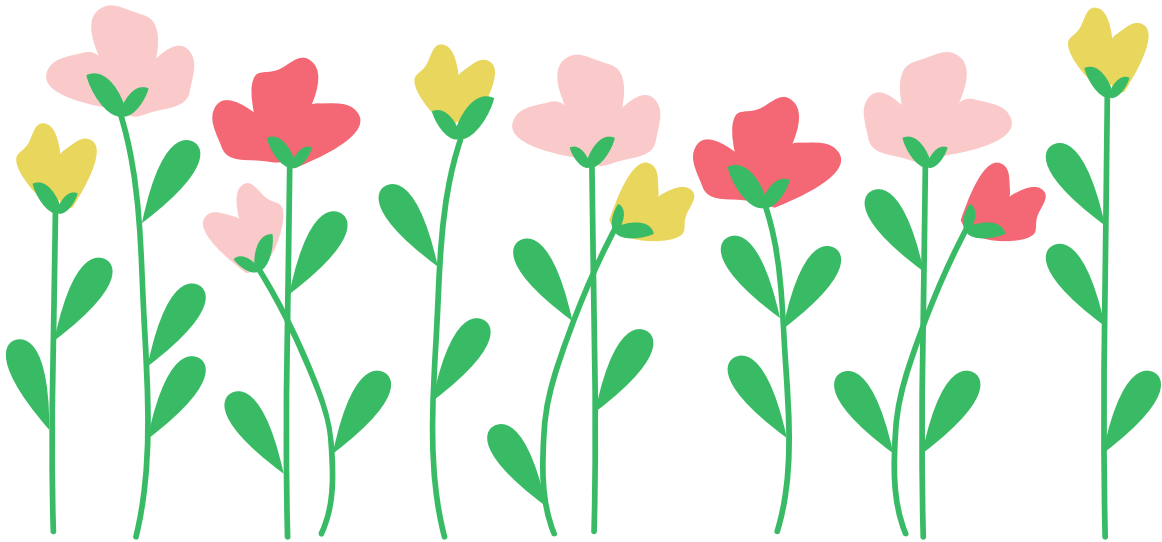


CHILDRENS  
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My

Spring

Book of Activities

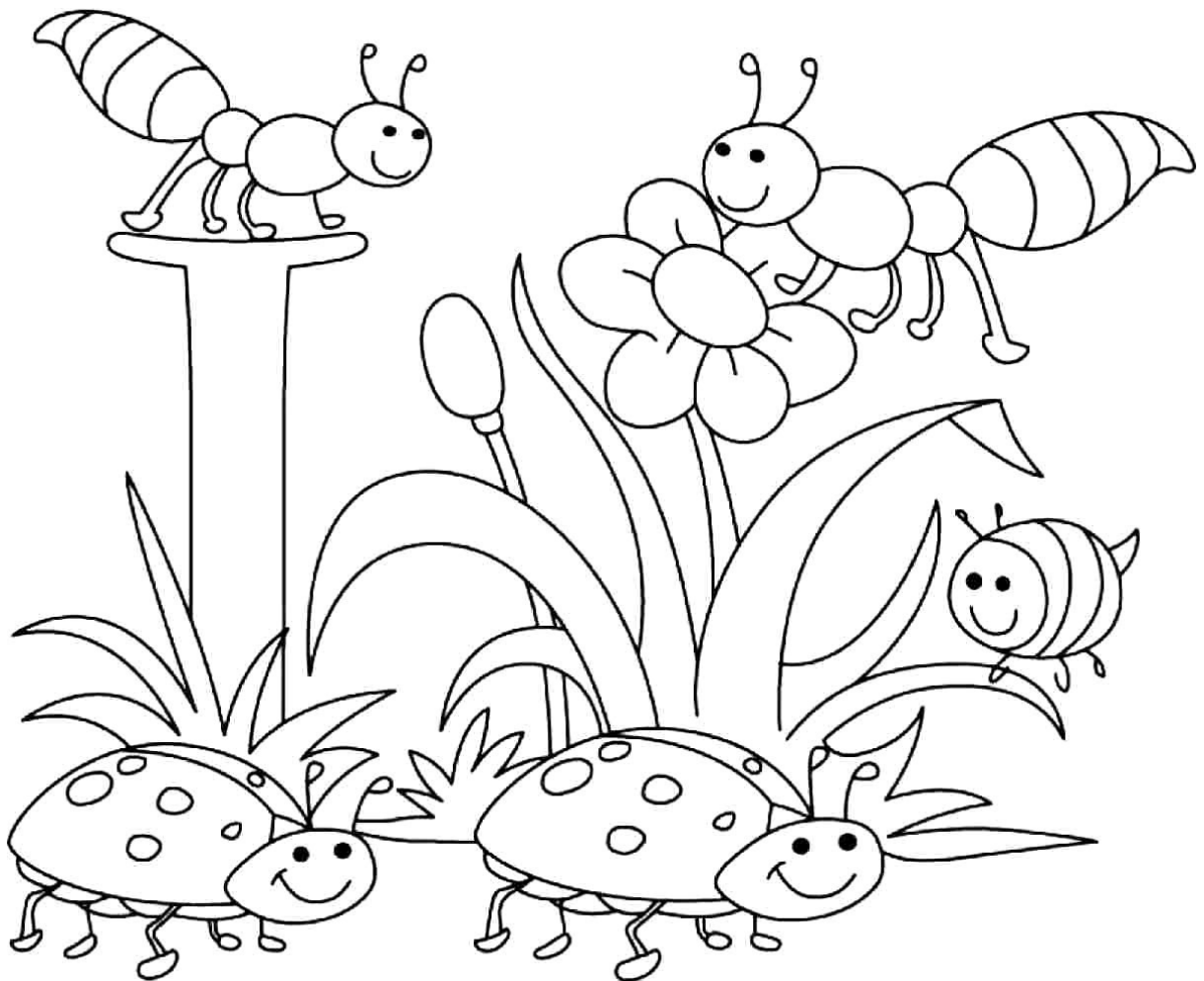


**Name:**

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# Welcome Spring

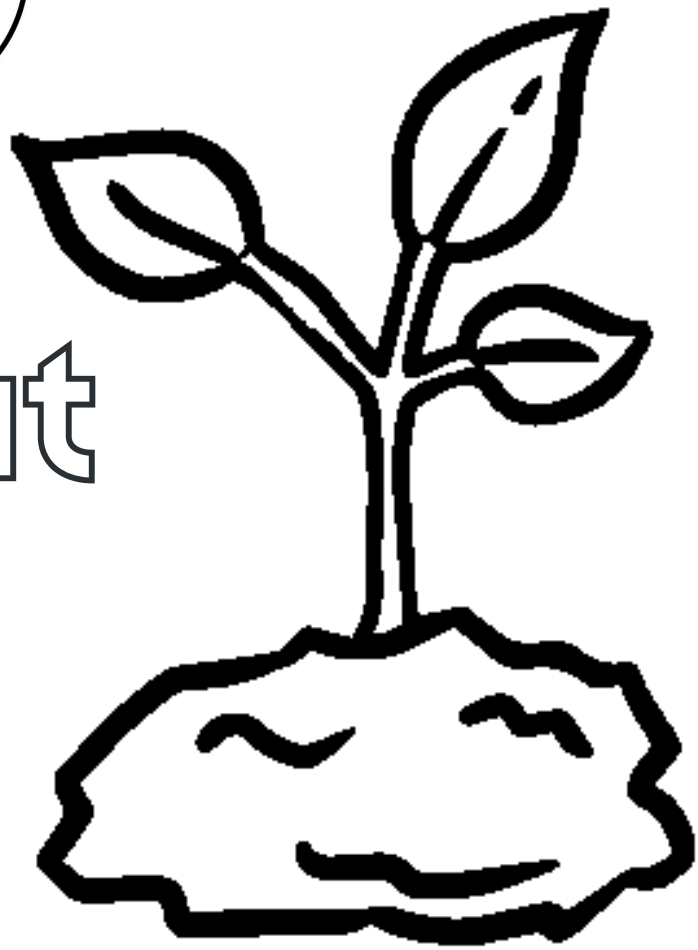




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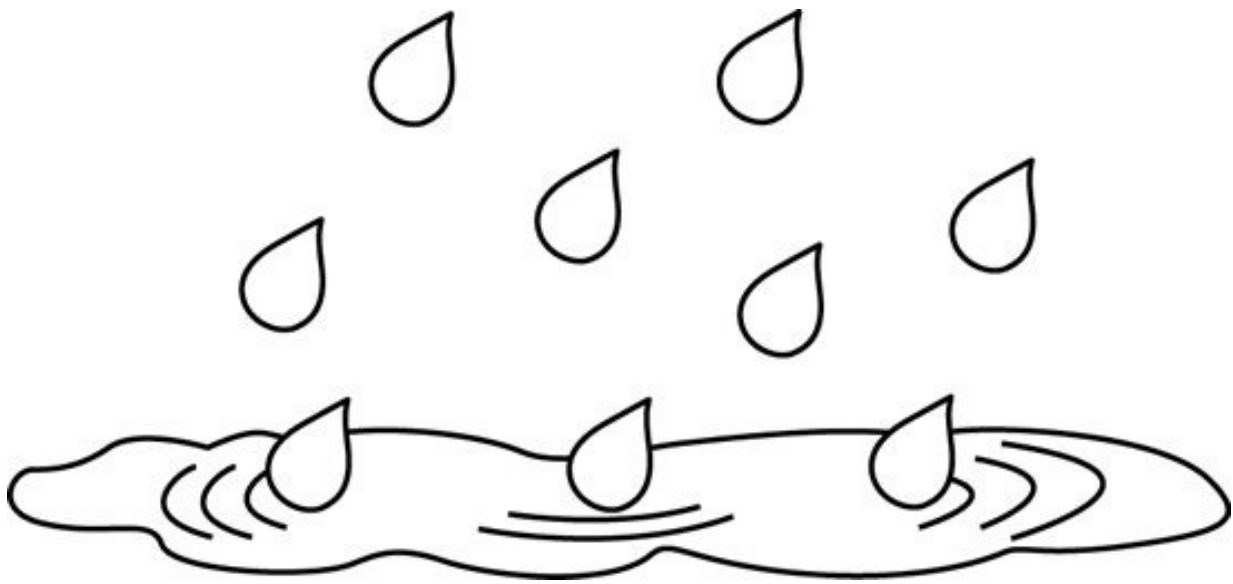
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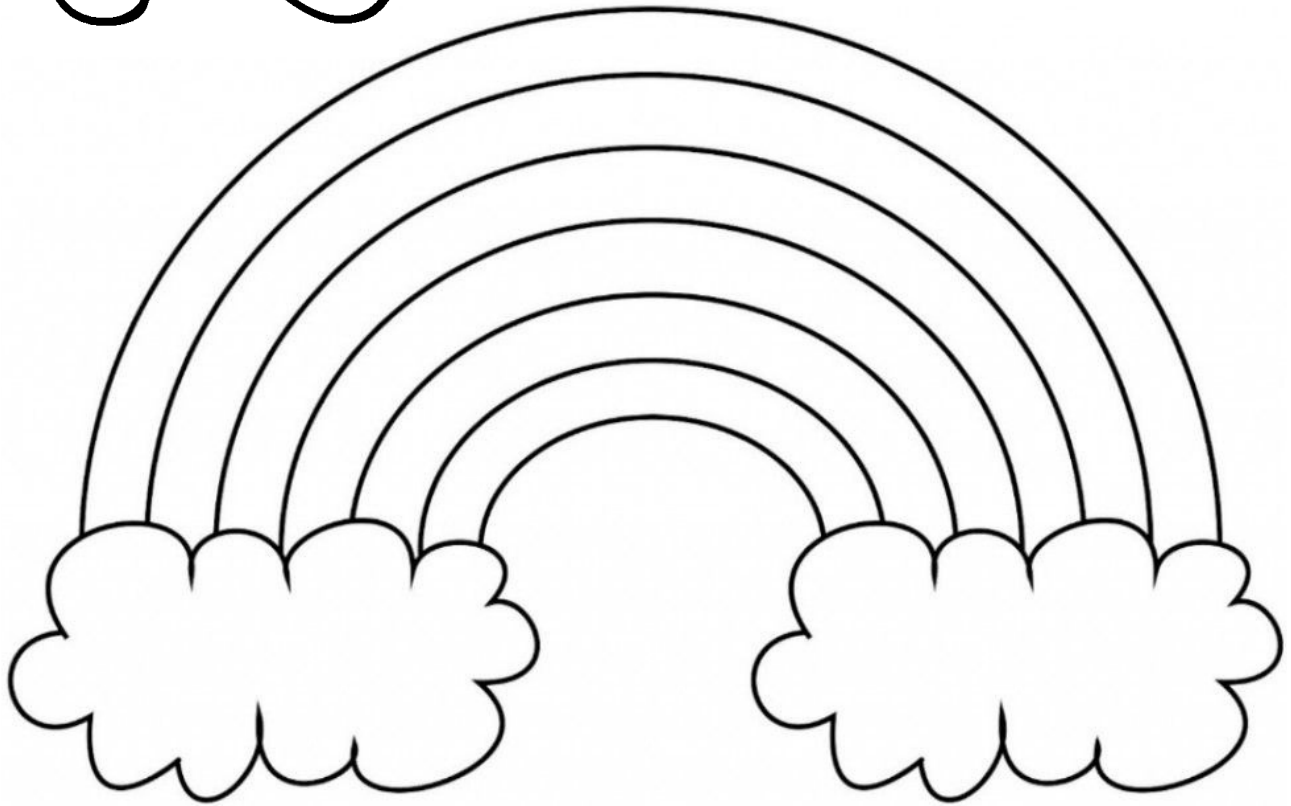
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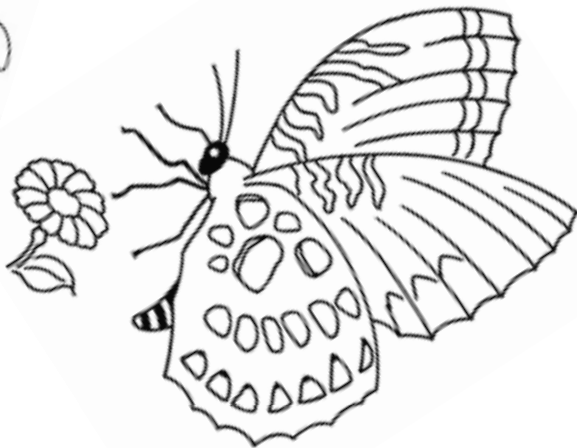
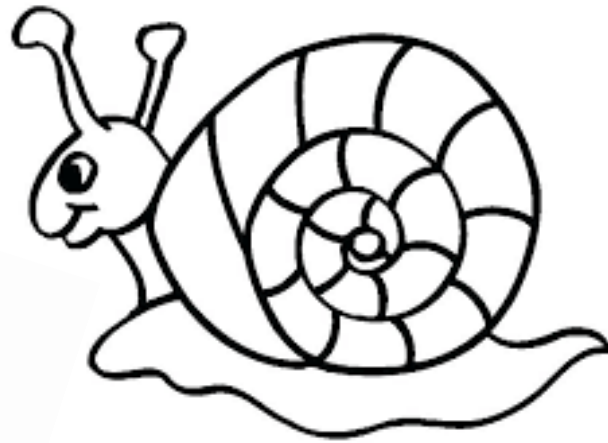
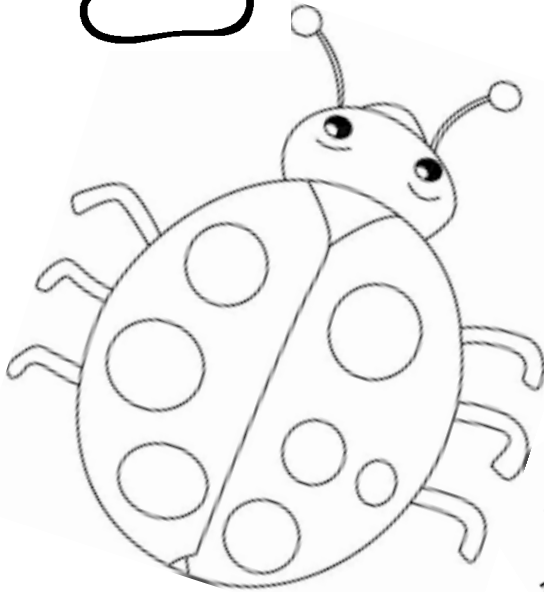


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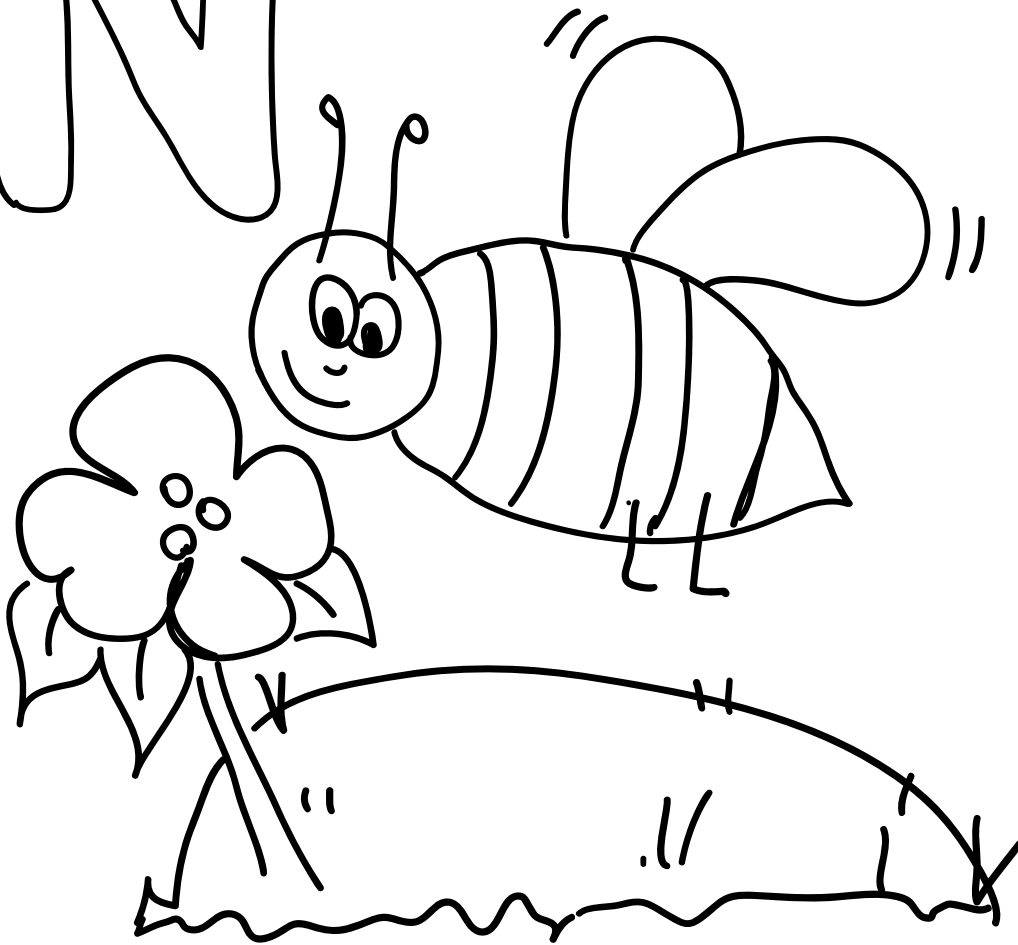


insects



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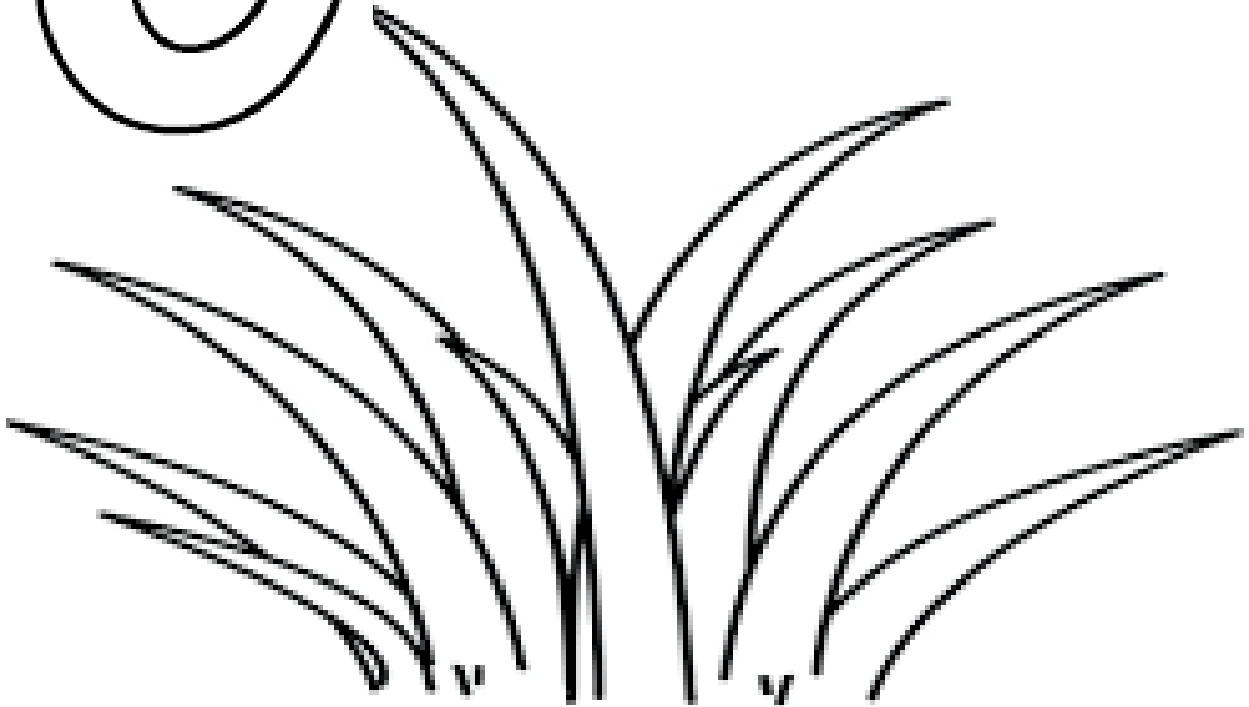


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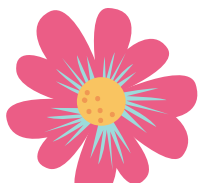
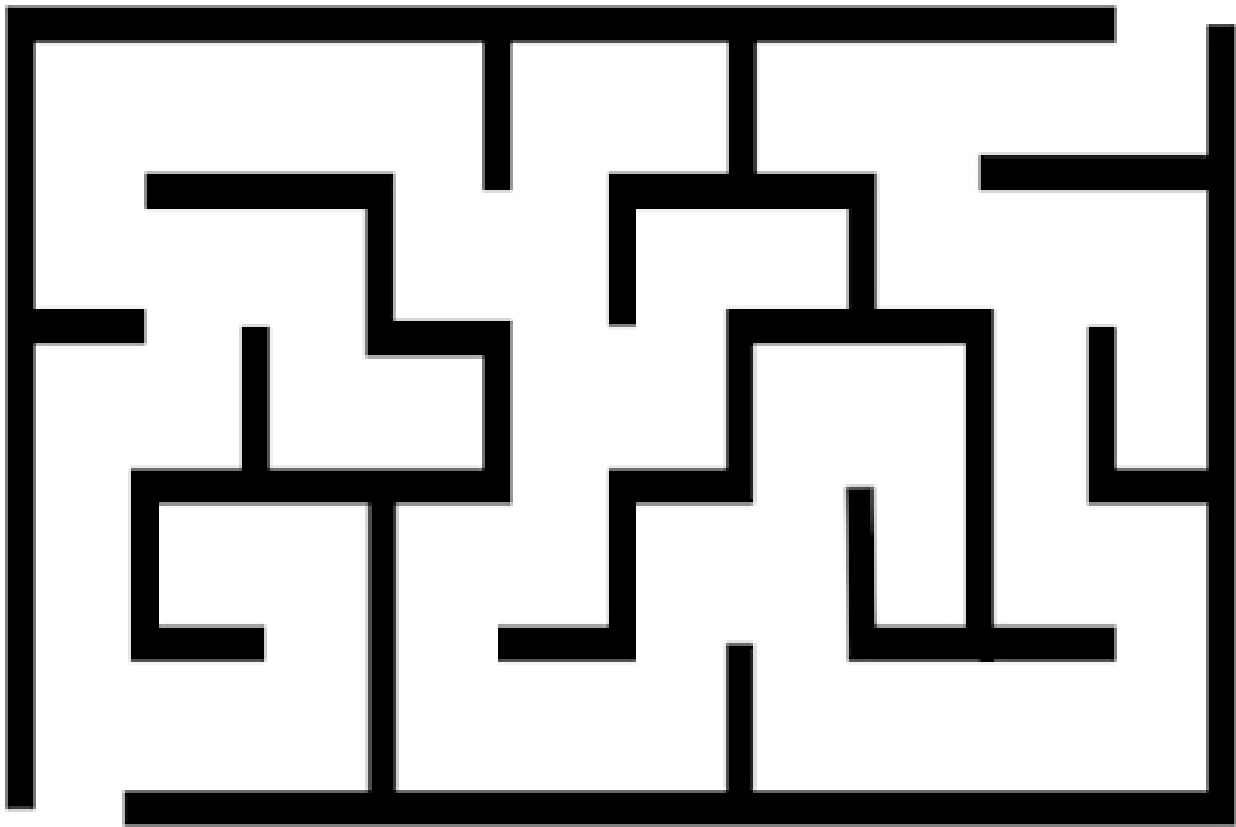
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grass



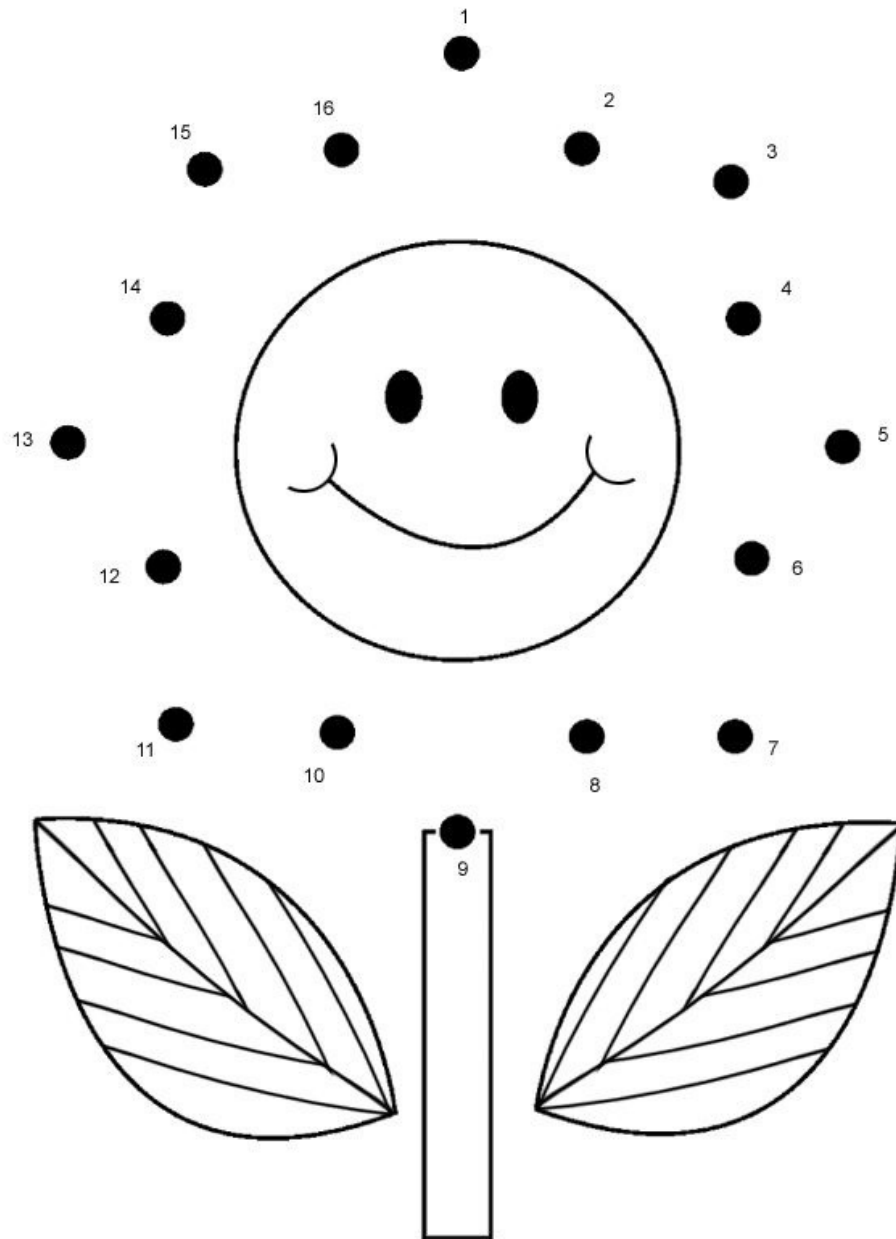
grass



Help the bumblebee  
get to flower pedal.



Connect the dots.



Trace each word.

Bee

Bloom

Dandelion

Flower

May

Pollen

Rabbit

Rain

Spring

Yellow



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# SPRING SPA DAY

Spring Break is the time to kick back and relax, so why not treat yourself and the family to a spa day. Put on a cozy robe and find below some ideas to make the perfect spring spa day.

- DIY Face Mask
- Nail Painting
- Bubbly Bath Time



# SPRING SPA DAY *continued*

## DIY FACE MASK

Kids love being pampered, so of course a face mask is a must during a spa day! Here's a fun DIY facial your kids can make themselves. And, it's edible!

### Ingredients:

- 1 cup oatmeal
- 6 tablespoons honey
- 6 tablespoons plain yogurt
- 1 sliced cucumber
- Face towels

### Instructions:

- Cook oatmeal according to package
- Mix honey and yogurt together
- Combine honey mixture with oatmeal and set aside until cooled to room temperature
- Apply mask to face avoiding eye area and place a cucumber slice on each closed eye
- Relax and let the mask sit for 10-15 minutes
- Rinse with warm water and dry with a towel





## SPRING SPA DAY *continued*

### NAIL PAINTING

Gather some of your favorite nail polish colors and have some fun painting each others' nails. Let your child try out painting yours – just make sure to keep some nail polish remover and a cotton ball nearby!

### BUBBLY BATH TIME

Wrap up a day of relaxation by prepping a bubbly bath for your kiddos. Fill up the tub with warm water, pour in some bubble bath solution (maybe a little extra) and Epsom salt or essential oils. Toss in a colorful bath bomb for even more fun!



# CRAFTING CRITTERS

Spring marks the return of insects after their winter hibernation. Get your children into the spring spirit with this fun craft making coffee filter butterflies!

## COFFEE FILTER BUTTERFLIES

### What you'll need:

- Coffee filters
- Washable markers
- Chenille Stems
- Beads
- Gallon size zippered bags
- Spray bottles filled with water



# CRAFTING CRITTERS *continued*

## COFFEE FILTER BUTTERFLIES

### Instructions:

- Flatten out a coffee filter on top of a gallon size zippered bag. Draw random designs on the coffee filter with a variety of colors. Remember that color combinations next to each other on the color wheel will become muddy once blended – red and green; blue and orange; yellow and purple.
- Mist coffee filter with water from a spray bottle and then let dry completely. Set aside to dry but it's super fun to watch the colors mix and blend!
- Create two tie-dyed coffee filters for each butterfly.
- Fan fold two coffee filters to create each butterfly.
- Stack fan folded coffee filters on top of each other.
- Fold chenille stem in half and place coffee filters one-third from base. Twist the bottom loop of the chenille stem. Twist once above the folded coffee filters, creating a tight section.
- Leave a ½" loop and twist again to create the butterfly head. Leave the antennae straight.
- Open and fluff out the wings of the butterfly. Pinch at the ends to retain the folds.
- Thread a pony bead on the end of each antennae and curl into a swirl.
- And there you have it! So easy and colorful!



# SPRING WORD SEARCH

W	P	P	M	S	M	O	S	S	O	L	B	S	S
S	O	U	I	S	P	R	I	N	G	S	E	H	J
V	R	B	D	L	Y	D	A	Q	D	A	O	A	G
L	D	E	N	D	U	W	V	U	S	W	C	A	E
I	N	N	W	I	L	T	B	O	E	K	R	R	N
D	E	I	U	O	A	E	N	R	E	D	O	A	I
O	S	J	O	O	L	R	S	T	E	P	U	I	H
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F	K	Z	E	R	S	G	I	S	L	F	B	G	N
A	T	N	O	C	G	N	Y	H	U	I	L	F	U
D	U	B	A	R	G	P	P	A	C	C	R	O	S
J	I	L	E	M	A	Y	Y	K	L	R	O	P	G
N	I	E	R	E	H	T	A	E	W	P	A	R	A
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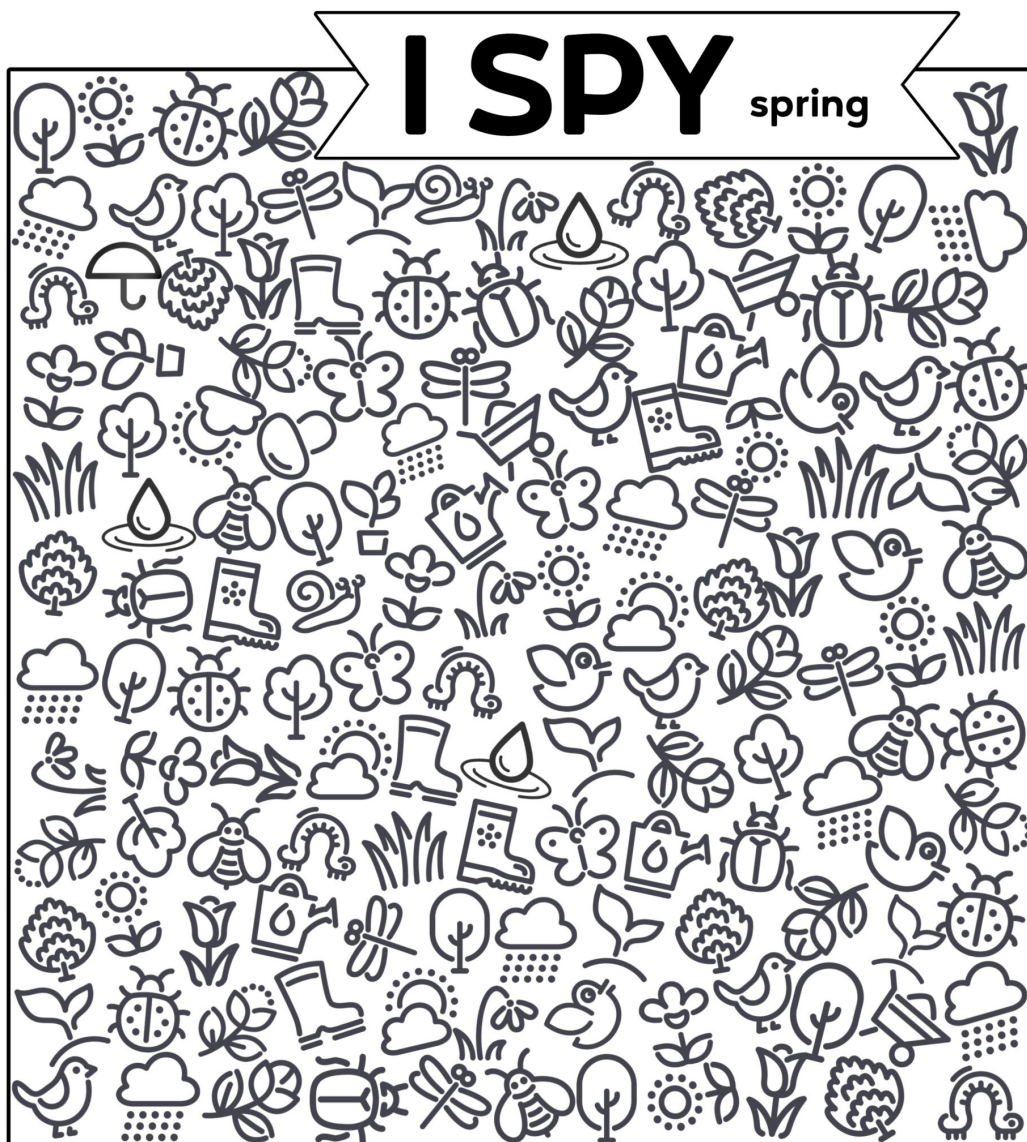
APRIL  
BASEBALL  
BLOSSOMS  
BUDS  
CROCUS  
DAFFODIL  
FLOWERS  
GARDENING  
GOLF

GREEN  
JACKETS  
JUNE  
LILACS  
MARCH  
MAY  
NEST  
PLAYGROUND  
PUDDLE

RAIN  
RAINBOW  
ROBIN  
SEASON  
SHOWERS  
SPRING  
SUNSHINE  
TULIP  
WEATHER



# SPRING EYE-SPY GAME



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| 3 |  | 3 |  | 4 |  | 6 |  | 2 |  | 7 |  | 5 |  | 9 |  | 6 |  | 3 |  |





## EXTRA SPRING IDEAS

Here are some other ideas to have fun with the family during your spring break stay-cation:

- Have a picnic (indoors or outdoors!)
- Have a movie night
- Create a sidewalk chalk display
- Go to the park
- Take a family walk or bike ride