



Weekly Menu



Monday

Am Snack:
Pancakes

Lunch:
Chicken Alfredo
Green Beans & Fruit

PM Snack :
Cheese Itz

Tuesday

Am Snack:
Bagels & Cream
Cheese

Lunch:
Pizza
Corn & Fruit

PM Snack :
Pudding & Cookies

Wednesday

Am Snack:
Cinnamon Rolls

Lunch:
Cheese Burger
Sweet Poatote Fries &
Fruit

PM Snack :
Applesauce &
Graham Crackers

Thursday

Am Snack:
Sausage & Biscuits

Lunch:
Chicken Nuggets
Mashed Potatoes &
Fruit

PM Snack :
Pirate Booty

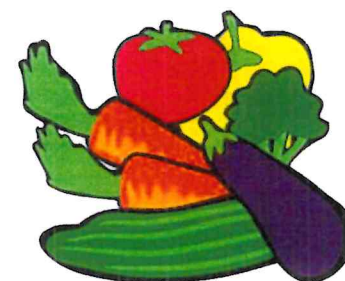
Friday

Am Snack:
Waffles

Lunch:
Corndogs
Carrots & Fruit

PM Snack :
Trail Mix

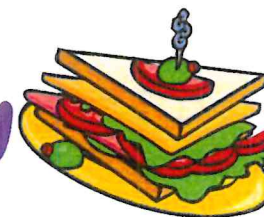
Week A



CHILDREN'S
LIGHTHOUSE
EARLY LEARNING SCHOOL



Weekly Menu



Monday

Am Snack:
Yogurt

Lunch:
Chicken Rice Pilaf
Pinto Beans & Fruit

PM Snack :
Teddy Grahams

Tuesday

Am Snack:
Cheese Toast

Lunch:
Mac & Cheese
Mixed Vegetables &
Fruit

PM Snack :
Rice Crispy Treat

Wednesday

Am Snack:
Muffins

Lunch:
Fish Sticks
Corn & Fruit

PM Snack :
Apples & Pretzels

Thursday

Am Snack:
Eggs & Hashbrowns

Lunch:
Chicken Taco
Pinto Beans
& Fruit

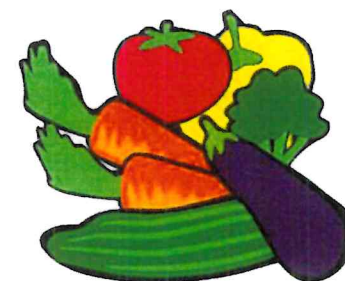
PM Snack :
Trail Mix

Friday

Am Snack:
Sausage & Biscuits

Lunch:
Chicken Patties
Potatoes & Fruit

PM Snack :
Lorna Doone
Cookies



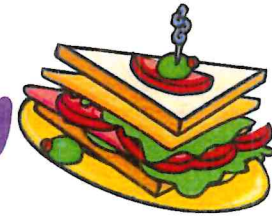
Week B



CHILDREN'S
LIGHTHOUSE
EARLY LEARNING SCHOOL



Weekly Menu



Monday

Am Snack:
French Toast

Lunch:
Chicken Spaghetti
Green Beans & Fruit

PM Snack :
Goldfish

Tuesday

Am Snack:
Yogurt

Lunch:
Meatballs
Mashed Potatoes &
Fruit

PM Snack :
Apples & Sunbutter

Wednesday

Am Snack:
Sausage & Biscuits

Lunch:
Teriyaki Chicken
Broccoli & Fruit

PM Snack :
Animal Cookies

Thursday

Am Snack:
Pancakes

Lunch:
Ground Turkey Taco
Pinto Beans & Fruit

PM Snack :
Trail Mix

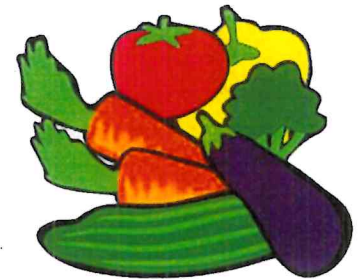
Friday

Am Snack:
Nutri-Grain Bar

Lunch:
BBQ Chicken
Baked Beans & Fruit

PM Snack :
Cheese & Crackers

Week C



CHILDREN'S
LIGHTHOUSE
EARLY LEARNING SCHOOL