

## Spring- Harmony ABC Menu 2025

	<b>Week A</b>	<b>Week B</b>	<b>Week C</b>
<b>Monday</b>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Waffles w/ Syrup</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken/ Cheese Crisпитos Corn Mandarin Oranges</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Nutri Grain Bars</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Biscuits w/ Jelly</p> <p style="text-align: center;"><b><u>Lunch</u></b> Beef Mac &amp; Cheese Peas &amp; Carrots Peaches</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Graham Crackers</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Soft Fruit Cereal Bar</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken Alfredo Mixed Veggies Pears</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Pretzels</p>
<b>Tuesday</b>	<p style="text-align: center;"><b><u>Breakfast</u></b> Yogurt</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Sausage &amp; Biscuit</p> <p style="text-align: center;"><b><u>Lunch</u></b> Spaghetti w/ Meat Sauce Corn Mixed Fruit</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Oatmeal Cookies</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Yogurt</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Blueberry Muffins</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken &amp; Cheese Burrito Mixed Salad w/ Ranch Mandarin Oranges</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Pretzels</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Yogurt</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Waffles w/ Syrup</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken Strips Green Beans Peaches</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Animal Crackers</p>
<b>Wednesday</b>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Pancakes</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken Nuggets Mashed Potatoes Pineapples</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Animal Crackers</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Fruit Cereal Bar</p> <p style="text-align: center;"><b><u>Lunch</u></b> Mexican Rice Grilled Chicken Pineapples</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> String Cheese &amp; Crackers</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> French Toast Sticks</p> <p style="text-align: center;"><b><u>Lunch</u></b> Cheeseburger Carrots Tropical Fruit</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Oatmeal Cookies</p>
<b>Thursday</b>	<p style="text-align: center;"><b><u>Breakfast</u></b> Yogurt</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Bagel w/ Cream Cheese</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken &amp; Rice Casserole Peas &amp; Carrots Peaches</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Pretzels</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Yogurt</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> French Toast Sticks</p> <p style="text-align: center;"><b><u>Lunch</u></b> Cheese Pizza Corn Peaches</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Oatmeal Cookies</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Yogurt</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Biscuits w/ Sausage</p> <p style="text-align: center;"><b><u>Lunch</u></b> Cheese Ravioli Green Beans Pineapples</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Cheez-it Crackers</p>
<b>Friday</b>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Blueberry Muffins</p> <p style="text-align: center;"><b><u>Lunch</u></b> Cheese Pizza Mixed Vegetables Mandarin Oranges</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Fig Bars</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Pancakes w/ Syrup</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken Sandwich Green Beans Applesauce</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Goldfish Crackers</p>	<p style="text-align: center;"><b><u>Breakfast</u></b> Cereal</p> <p style="text-align: center;"><b><u>Morning Snack</u></b> Tater Tots</p> <p style="text-align: center;"><b><u>Lunch</u></b> Chicken Nuggets Carrots Applesauce</p> <p style="text-align: center;"><b><u>Afternoon Snack</u></b> Vanilla Wafers</p>

Water is provided at Lunch and Snacks. Milk is provided at Lunch. Substitutions are provided for children under 24 months. Menu Substitutions or Manager's Choice (MC) are posted on the designated bulletin board. Please provide the School Director with any food allergies to items on the menu.