



# CHILDRENS LIGHTHOUSE AT HOME WEEKLY ACTIVITY PLANS



**Toddler: 12 – 24 Months**

**Theme: Me & My Body**

**Week 7**



# CHILDRENS LIGHTHOUSE AT HOME

## WEEKLY ACTIVITY PLANS

# Me & My Body

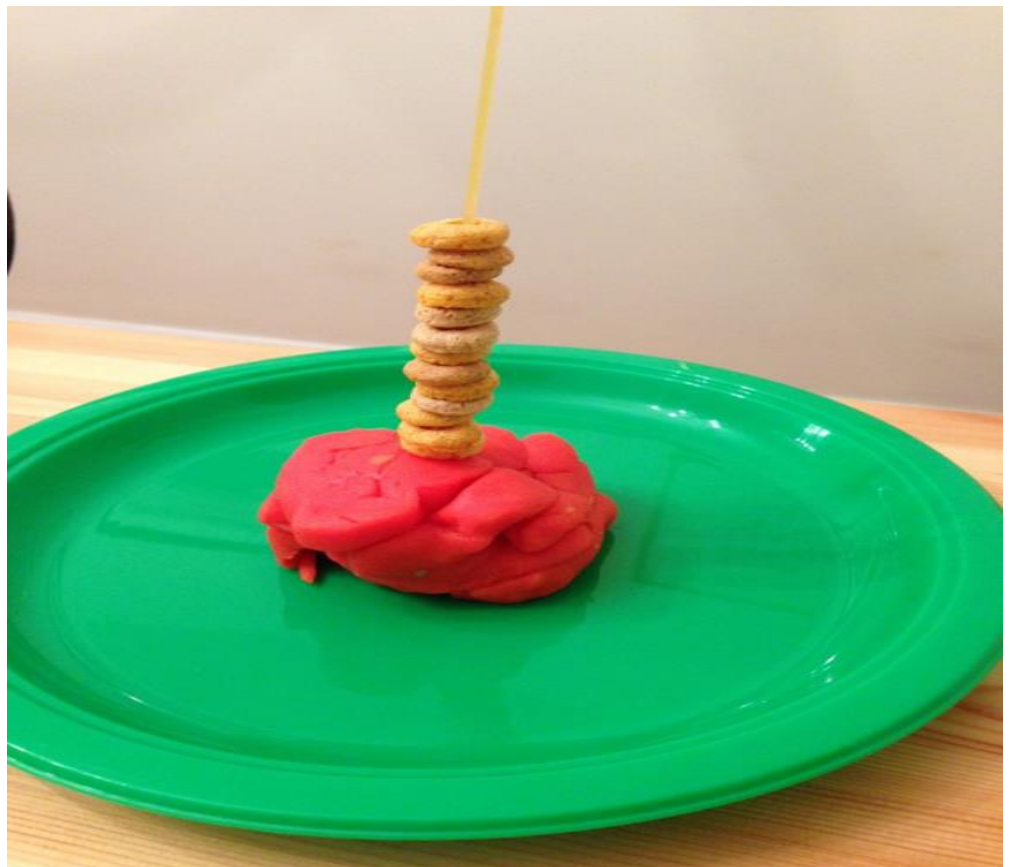
| Title                                      | Supplies Needed  | Activity Steps  |
|--|--|---|
| Memorial Day Flags                         | Blue construction paper, red and white paint, star stickers (optional – large popsicle stick to attach flag to, glue, and ribbons) | Cut the blue construction paper in half. Paint your child's fingers red and white (alternating each finger a different color). You can also paint your child's palm blue. Place the fingers on the construction paper as shown in the example. Have your child place the star stickers next to the fingers. Optional: Glue the "flag" to the popsicle stick and add ribbon for decoration. Draw stars if you do not have star stickers.           |
| I See Me!                                  | Mirror, things to wear (hats, sunglasses, etc.)  | Have your toddler look at themselves in the mirror while you are holding it. Talk to him/her about their reflection. Ask, "Who is that in the mirror, Austin? Your face is in the mirror. I see you. Place a hat or something to wear on your toddler. Say, "You have a hat on your head. Can you point to the hat?" <b>Do not leave child alone with mirror.</b>   |
| Pasta Threading                            | Cheerios or fruit loops, dried spaghetti, something to hold the pasta (Playdough)  | Make Playdough balls and place them on a table. Stick a piece of dried spaghetti into each ball. Have your toddler place the cheerios or fruit loops over the dried spaghetti. Extension: Use different colors to thread so they can make a pattern.  |
| Matching Objects Puzzle                    | Markers, paper, scissors, toys/objects from around the house   | Cut two pieces of paper in half. These will be your cards. With a marker, trace some of your child's favorite objects onto the paper. You can have your child choose the objects to trace. Lay out the completed cards and have your child try and match the objects with their outline. Alternative: If your child struggles the first time, model how to complete the puzzles and then have him/her try again.                                  |
| Soapy Suds                                 | Large container, whisks, dish soap, water  | NOTE: Should be done outside. Dress your child in something they can get wet and soapy. Squirt 1/3 cup of dish soap into large container. Fill container half full of water. Have your child whisk the container to produce soapy suds. The more you whisk, the soapier it becomes. Whisking and whisking and whisking eventually produces bubbles right up to the top! Optional: You can keep adding more soap and water to make it extra soapy. |
| Sign Language and Spanish Vocabulary Words | Sign Language and Spanish activity page  | Say each vocabulary word in English and Spanish. Practice signing each vocabulary word.   |



# Memorial Day Flag

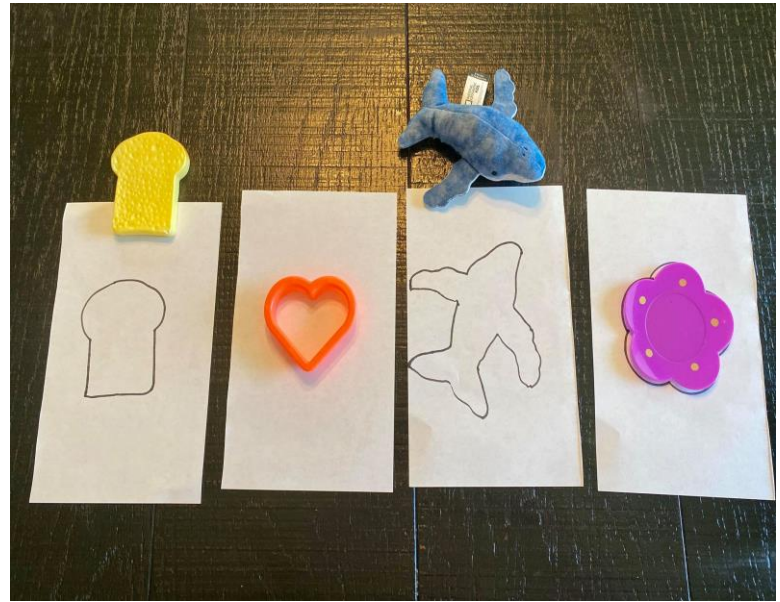
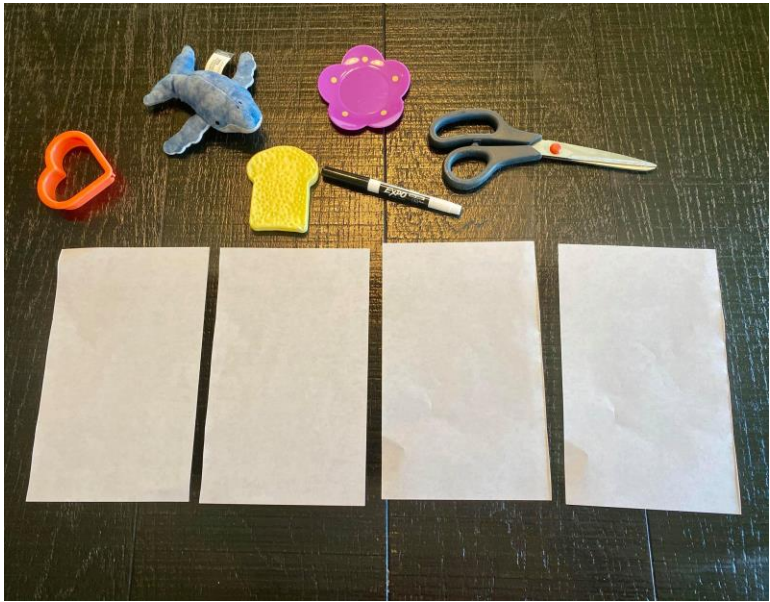


# Pasta Threading





# Matching Objects Puzzles

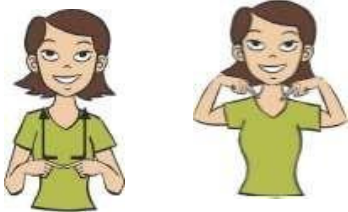
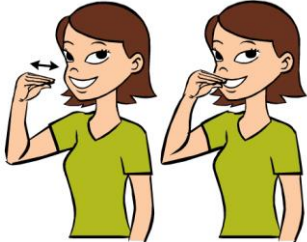






# Soapy Suds



# Sign Language and Spanish

| Vocabulary Word | Sign Language  | Spanish Vocabulary |
|-----------------|--|--------------------|
| Bib             |     | <i>El Babero</i>   |
| Eat             |   | <i>Comer</i>       |
| Triangle        |  | <i>Triángulo</i>   |
| Pink            |   | <i>Rosa</i>        |