

CHILDRENS LIGHTHOUSE AT HOME WEEKLY ACTIVITY PLANS



Toddler: 12 – 24 Months

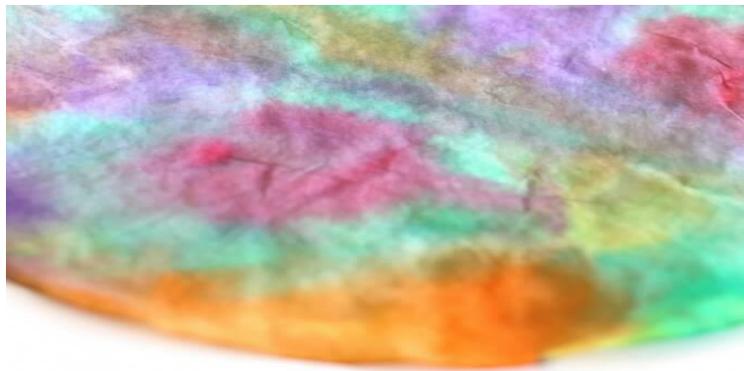
Theme: Me & My Body

Week 5

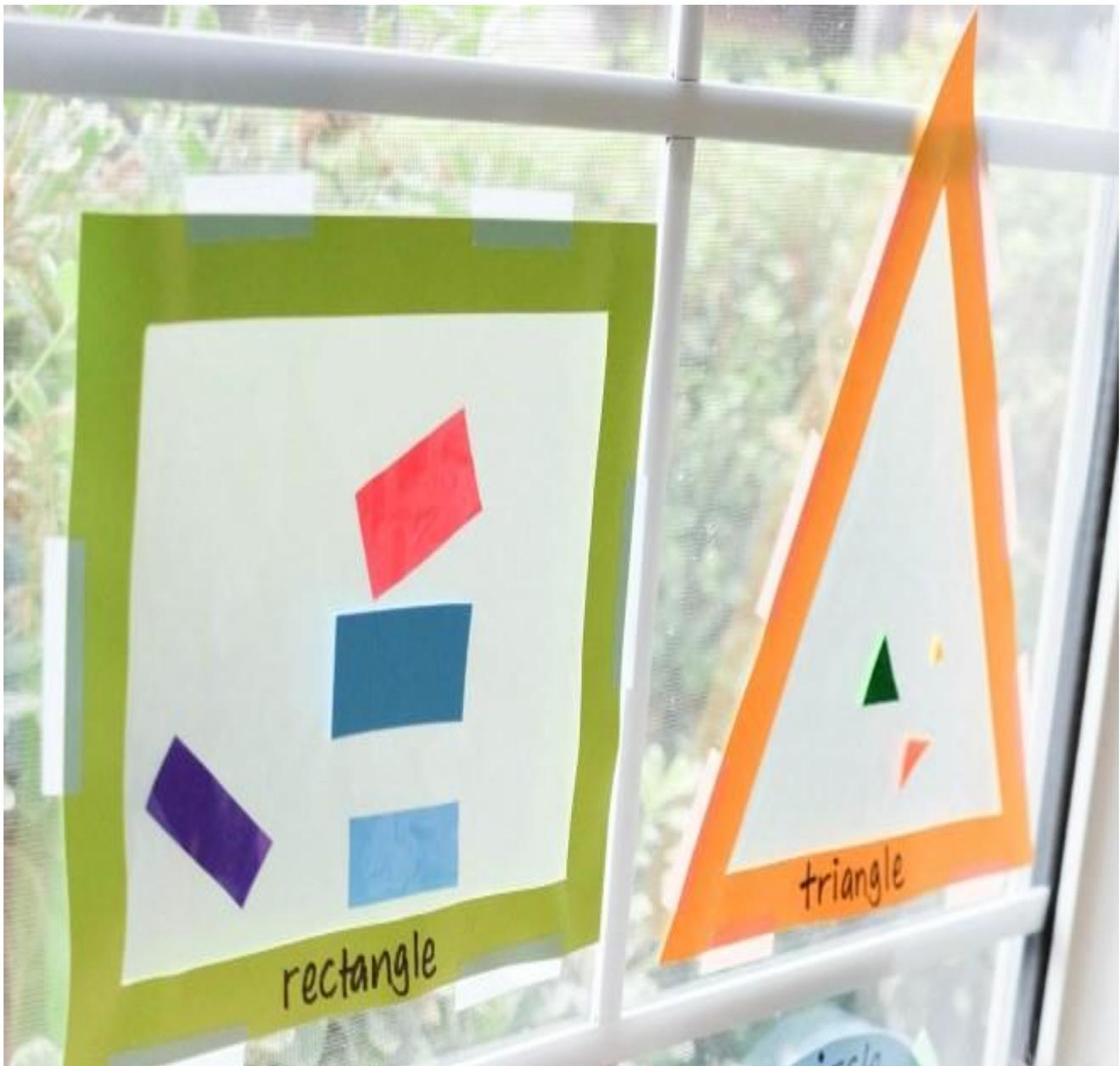
Me & My Body

Title	Supplies Needed	Activity Steps
Tie-Dyed Coffee Filters	Work tray (cookie sheet), coffee filters, washable markers, spray bottle with water [will this work with paper towels as an alternative?]	Have your child color the coffee filter, using different colored markers. Thoroughly wet the coffee filters with the spray bottle (Let your child spray or help your child.) As they are sprayed, the colors will run together and create a tie-dyed effect.
Roll the Ball Game	Ball	Have your child sit facing you a few feet away with your legs in a “V” position. Gently roll the ball back and forth, catching and passing the ball with both hands. Encourage your child to push their arms forward by extending their elbows as they push the ball forward. The outstretched legs act as a tunnel and will assist in helping the ball roll close to the child’s hands. Extension: Try catching and passing the ball with one hand.
Shape Sorter Sun Catchers	Contact paper, tape, construction paper (different colors), scissors	Cut out different shapes into 4 basic shapes (triangle, square, circle, rectangle). (See Shape Sorter Sun Catchers activity page.) Cut the contact paper into the same 4 basic shapes. Tape the contact paper to a window with the sticky side facing you. Have your toddler sort the cut-out shapes and stick them on the same-shaped sun catchers.
Whipped Cream Painting	Tub of whipped topping (such as Cool Whip®), food coloring, paint brush, small bowls (can use cupcake tin), paper and/or baking sheet	Place whipped topping in cupcake wells or in separate bowls. (See Whipped Cream Painting activity sheet.) Squirt drops of different colored food coloring into topping-filled wells. Mix the cool whip and food coloring. Paint on paper using paint brushes or hands. Or, spread the whipped topping on a baking sheet and squirt several colors of food coloring randomly across the topping. Let your child pull the non-brush end of the paintbrush through the colors to make a tie-died effect. Alternative: Use shaving cream instead of whipped topping.
Here They Are!	“Here They Are” Song Activity page	Sing the “Here They Are” Song and act out the motions.

Tie-Dyed Coffee Filters



Shape Sorter Sun Catchers



Whipped Cream Painting



“Here They Are” Song

“Here They Are” Song

Ask your toddler: “Where are your hands, Dylan? There they are! Your hands are ready to act out the song.”

Sing the action song to the tune

“Where Is Thumbkin?”

“Here They Are”!

Where are your hands? Where are your hands?

Here they are! Here they are!

Clap them together. Clap them together.

Clap, clap, clap. Clap, clap, clap.

Where are your feet? Where are your feet?

Here they are! Here they are!

Stamp them on the floor. Stamp them on the floor.

Stamp, stamp, stamp. Stamp, stamp, stamp.