



CHILDRENS LIGHTHOUSE AT HOME WEEKLY ACTIVITY PLANS



Toddler: 12 – 24 Months

Theme: Me & My Body

Week 4



CHILDRENS LIGHTHOUSE AT HOME

WEEKLY ACTIVITY PLANS

Me & My Body

Title	Supplies Needed	Activity Steps
Simple Things Are Fun	Riding Toys	Parent Talk: "Run, run! Addison wants to run. I'm going to catch you, Addison. Push with your feet Addison. That's the way to make that car go! You did it, Addison. Feet make the car go!" Simple games, such as chase, or simple activities, such as riding a push toy, are often just what toddlers want and need. For a game of chase, choose a grassy area of the yard. Toddlers may want to chase someone, or they may want someone to chase them. You can also provide riding toys for toddlers to practice moving with their feet.
Mother's Day Handprint Bouquet	Handprint Bouquet activity sheet, red, pink, or light-colored construction paper, green pipe cleaners or straws, pink and red paint and paint brushes, glue, ribbon	Paint your child's palms with red and/or pink paint, then place their hands on the light-colored construction paper to make handprints. Alternative: Trace your child's hand on red or pink construction paper. Cut out the handprints (if painted, wait for paint to dry. Glue handprints to pipe cleaners or straws to create stems.(See Handprint Bouquet activity sheet.) Tie the handprint flowers together with a ribbon to create a bouquet.
Handprint Poem	Handprint Poem activity page, paint	Print the "Handprint Poem" activity page. Paint the palms of your child's hands in different colors, then help them make handprints in different colors around the edges of the poem. (See Handprint Poem activity page.)
Shake Your Shaker Song	Shake Your Shaker Song activity page, plastic water bottle or jar, noisy materials (rice, dried beans, bells), glue or tape	Place the noisy materials in the plastic bottle or jar. Glue or tape the lid shut so that the lid will not come off. Sing the song on the Shake your Shaker activity page.
Everything is Pink Collage	Collection of pink items that can be glued on paper (pictures of pink items, stickers, cotton balls, cut-outs from magazines), glue, paper	Have your toddler help you find a collection of pink items that can be glued on paper. Have him/her glue a collection of pink items on paper to make a collage.

Handprint Bouquet



Handprint Poem

Mommy

You always clean the handprints
I leave upon on the wall.
I seem to make a mess of things
because I am very small.
The years will pass so quickly
I'll soon be grown like you
and all the little handprints
will surely fade from view.
So here are special handprints...
a memory that is true.
So you'll recall the very day
I made this just for you!

Handprint Poem



Shake Your Shaker Song

As you sing the following song, model how your toddler is to shake the shakers. Sing the song to the tune “The Farmer in the Dell.”

Shake Your Shaker Song

Shake your shaker high.
Shake your shaker low.
Shake it here and shake it there.
Now shake it by your toe!