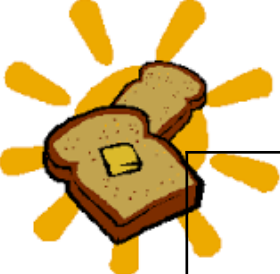
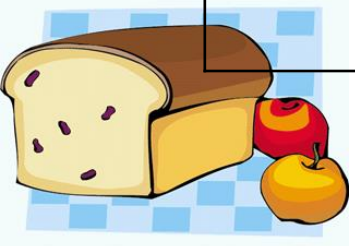


# Childrens Lighthouse Menu – 2018

## Menu A



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast*</b>	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
<b>AM Snack</b>	Cinnamon Raisin Bread w/ Cream Cheese	Rice Cake w/ Sun Butter	Waffles & Fruit Jelly Pears	Bagel & Cream Cheese	Pancakes w/ Fresh Bananas
<b>Lunch</b>	Cheeseburger <sup>+</sup> Fresh Carrots w/ Ranch Dip Apples Slices Milk	Chicken Nuggets <sup>+</sup> Mashed Potatoes Green Beans Mandarin Oranges Milk	Spaghetti & Meatsauce <sup>+</sup> Peas & Carrots Applesauce Milk	Red Beans & Rice w/ Turkey <sup>+</sup> Peaches Milk	Cheese Pizza Fresh Mixed Vegetables w Ranch Dip Orange Slices Milk
<b>PM Snack</b>	Fresh Orange Slices Graham Crackers	Soft Fig Bar	Animal Crackers w/ Yogurt	Vanilla Wafers & Yoghurt	Apple Cinnamon Muffins



- \* Variety of cereals offered
  - + Vegetarian options available
- Water is served with all snacks

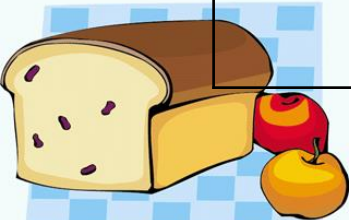


# Childrens Lighthouse Menu – 2018

## Menu B



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast*</b>	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
<b>AM Snack</b>	Oatmeal w/ Diced Apples	Buttermilk Biscuits & Grape Jelly	Cinnamon Raisin Toast w/ Sun Butter	Yogurt w/ Apple Slices	Waffles Pears
<b>Lunch</b>	Chicken Soft Taco <sup>+</sup> Black Beans Pineapples Milk	Baked Mac & Cheese Peas & Carrots Peaches Milk	Chicken Pasta Bake <sup>+</sup> Corn Applesauce Milk	Chicken Quesadilla <sup>+</sup> Refried Beans Mixed Salad Mandarin Oranges Milk	Turkey & Cheese Sandwich on Whole Wheat <sup>+</sup> Mixed Veggies w/ Ranch dip Bananas Milk
<b>PM Snack</b>	Soft Fruit Cereal Bar	Mozzarella String Cheese & Ritz Crackers	Goldfish Crackers	Graham Crackers & Applesauce	Triscuit & Hummus




- \* Variety of cereals offered
  - + Vegetarian options available
- Water is served with all snacks

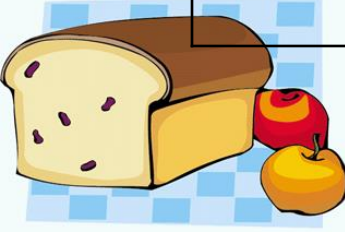


# Childrens Lighthouse Menu – 2018

## Menu C



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast*</b>	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk	Cereal & Milk
<b>AM Snack</b>	English Muffin w/ Sun Butter	Bagels w/ Fruit Spread	French Toast Sticks Apple Slices	Whole Wheat Cheddar Cheese Toast	Fruit Muffins
<b>Lunch</b>	Cheese Pizza Tossed Salad w/ Dressing Tropical Fruit Milk	Chicken Alfredo+ Peas & Carrots Peaches Milk	Grilled Cheese Sandwich Fresh Mixed Vegetables w/ Ranch Dip Orange Slices Milk	Turkey & Bean Burrito+ Corn Pineapple Milk	Chicken & Rice Tetrazzini+ Green Beans Bananas Milk
<b>PM Snack</b>	Fig Bars	Cheez-It Crackers	Carrots w/ Ranch Dressing	Pretzels Apple Slices	Soft Baked Cookies

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- \* Variety of cereals offered
  - + Vegetarian options available
- Water is served with all snacks

