

ABC Menu 2018-2019

| | Week A | Week B | Week C |
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| Monday | <u>AM Snack</u> Cereal and Milk <u>Lunch</u> Beef and Bean Burrito Carrots Applesauce <u>PM Snack</u> Cheese Nips | <u>AM Snack</u> Apple Delight <u>Lunch</u> Mini Corndog (Rm 6-10) Chicken Nuggets (Rm 2-5) Green Beans Peaches <u>PM Snack</u> Goldfish Crackers | <u>AM Snack</u> Yogurt and Graham Crackers <u>Lunch</u> Beef Quesadilla Carrots Pears <u>PM Snack</u> Pretzels |
| Tuesday | <u>AM Snack</u> Cheese Toast <u>Lunch</u> Chicken Nuggets Corn Peaches <u>PM Snack</u> Apple Cinnamon Bar | <u>AM Snack</u> Pancakes <u>Lunch</u> Turkey Pot Pie with Biscuit Pears <u>PM Snack</u> Cheese and Crackers | <u>AM Snack</u> Biscuit and Egg <u>Lunch</u> Meatballs Corn Applesauce <u>PM Snack</u> Trail Mix |
| Wednesday | <u>AM Snack</u> Blueberry Muffins <u>Lunch</u> Cheese Quesadilla Green beans Pineapples <u>PM Snack</u> Graham Crackers | <u>AM Snack</u> Biscuit and Sausage <u>Lunch</u> Cheesy Chicken Mac Peas Applesauce <u>PM Snack</u> Yogurt | <u>AM Snack</u> French Toast Sticks <u>Lunch</u> Cheese Pizza Green Beans Peaches <u>PM Snack</u> Chocolate Chip Cookie |
| Thursday | <u>AM Snack</u> Biscuit and Jelly <u>Lunch</u> Steak fingers Broccoli Pears <u>PM Snack</u> Ritz Bits Crackers | <u>AM Snack</u> Cinnamon Sugar Toast <u>Lunch</u> Hamburger Pizza Carrots Pineapples <u>PM Snack</u> Tortilla Chips with Hummus | <u>AM Snack</u> Cereal and Milk <u>Lunch</u> Chicken and Biscuit Peas Pineapples <u>PM Snack</u> Manager's Choice |
| Friday | <u>AM Snack</u> Fruit Cereal Bar <u>Lunch</u> Chicken Fajita Wrap Mixed Veggie Mixed Fruit <u>PM Snack</u> Chocolate Chip Cookie | <u>AM Snack</u> Cereal and Milk <u>Lunch</u> Turkey Cheese Wrap Mixed Veggie Mixed Fruit <u>PM Snack</u> Baked Cheetos | <u>AM Snack</u> Fruit Cereal Bar <u>Lunch</u> Cheeseburger Mixed Veggie Mixed Fruit <u>PM Snack</u> Graham Crackers |

Cereal & Milk is served from 6:30 – 7:30am

Cow's Milk (Whole 12-24mo. & 2% 2yr+) provided at AM Snack & Lunch. Water is provided at PM Snack. Apple Juice/Orange Juice is provided at AM Snack periodically.

Menu Changes or Manager's Choice are posted on the designated bulletin board daily.

Parents must provide allergy/food preference emergency plan to school for any food allergies/ food preferences to items on the menu and provide child's substitutes, if needed.