



THE LIGHTHOUSE BEACON

August 2019

Oh! The Places They Will Go!

IT'S BACK!!!!!!!!!!!!

**Bring the kids in on September 28th 6:00pm-11:00pm and enjoy some time to yourselves
\$30 1st child, \$15 each additional child.**



**CHILDRENS' LIGHTHOUSE
LEARNING CENTERS**
Educational Child Care With a Purpose®

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JOIN US FRIDAY.

AUGUST 30TH

7PM-8:30PM

**WE'RE HAVING A
50'S DECADE DANCE!
DRESS UP AND JOIN US FOR
THE FUN, MUSIC AND SHAKES.**



Olivia M	8/3
Mia G.	8/4
Kinzley	8/7
Alice	8/8
Gabriella W.	8/8
Tristan	8/12
Sarah S.	8/16
Dominic	8/18
Mason F.	8/18
Maddie	8/20
Sean	8/21
Cooper	8/22
Chloe	8/25
Grayson H.	8/26
Nicholas Z	8/29

Teacher's Birthdays

Miss Tammy Rm 3 8/4

Ms. Jennifer 8/8

Teacher Anniversaries

Ms. Meagan's 2nd 8/14

Ms. Olga's 4th 8/28

How to Set a Daily Routine for Your Child

As Susan Newman, a social psychologist from New Jersey shares, routines can begin from the first day of life. If you haven't started a routine from the early days, don't worry. They can be established and began at any point. The earlier you establish a routine, the better.

Step 1: Establish the important times such as meal times, snack times, naptimes and bedtime. Because these affect how well your child is able to sleep and eat, these items should come first. If you currently have no schedule, gradually move to a consistent routine. For example, you may wish to set up a regular naptime and bedtime first. Then, you can add in regular mealtimes and bath times.

Step 2: Practice patience. Setting a schedule may be hard for your child at first, but they will become accustomed to it. Try not to become impatient or frustrated if the routine takes time to become "regular" for your child.

Step 3: Add "helpful" elements to each part of the routine. For instance, you may wish to add in a regular 10 minute reading and snuggling time with your child before bed. This helps them wind down and feel ready to sleep.

Step 4: Work toward consistency and make room for flexibility. In order for a routine to stick, you'll need to make sure you keep it as regular as possible. However, stay open to flexibility, especially for holidays and special events, so your child's mood doesn't become solely dependent on eating at a specific time, for example.

Step 5: Establish special times with your child. Whether it's a regular trip to grandma's house or walking the dog together, create expectations and routine of family time.

Step 6: Adjust as needed. As the months go on, you'll start to see what's working and not working for the family. A routine is meant to *help* the family, not hinder it. Be sure your routine is healthy and positive for your child and other family members.

Busy 🐝🐝 ! Please make changes
to your contact/address information as
needed. Go online or in the office.

Grandparents Day

Monday Sept. 9th

9:30-10:00 AM



© Can Stock Photo - csp10214151

Photo Booth &
Refreshments



Why is Creative Art Important?

What's **important** in any **creative** act is the process of self-expression. **Creative** experiences can help **children** express and cope with their feelings. ... **Creativity** also fosters mental growth in **children** by providing opportunities for trying out new ideas, and new ways of thinking and problem-solving. Check out our Creative Art Boards in the classrooms and ask your child about their thoughts during their creative process.

Fall Semester is just around the corner!

Our trained experienced teachers are prepared to greet the children this Fall with our **C.A.R.E.S. Curriculum**. Our goal is to nurture the development of each child's full potential—intellectually, emotionally, socially, and physically—in an atmosphere of safety and trust.

Meet the Teacher

August 15th 6:00-7:00pm

I encourage all parents to make every effort to attend. Specifically, there are five benefits to attending Meet the Teacher Night.

See the classroom. It seems obvious, but we sometimes forget that our children are spending a considerable portion of their day in this room. Get a feel for the environment that the teacher has prepared for your child.

Hear it from the source. By the time our kids get home and relay information to us, something may have gotten lost in translation. Hear it from the teacher, find out how long recess lasts and the rules regarding bathroom usage during class time.

Network. Meet other parents of your child's friends. Just like our kids, it does help to have a buddy.

Respect. Attending Meet the Teacher shows you respect your child's teacher, value your child's education, and put school at the top of the priority list. Let your child's teacher know you're all on the same team and you're there to make sure your child has a great school year!

Come & Go Event

Silver Anchor

Teacher of the Month



Felishia Sanchez

Mrs. Felishia has been with our school since the beginning of the year. She has worked with infants and toddlers for several years and just recently got married. She is very helpful with all of her co-workers and likes to keep things clean.



Handwriting Progression

What are writing readiness (pre-writing) skills?

Pre-writing skills are the fundamental skills children need to develop before they are able to write. These skills contribute to the child's ability to hold and use a pencil, and the ability to draw, write, copy, and colour. A major component of pre-writing skills are the pre-writing shapes. These are the pencil strokes that most letters, numbers and early drawings are comprised of. They are typically mastered in sequential order, and to an age specific level. These strokes include the following strokes: |, —, O, +, /, square, \, X, and Δ.

Why are writing readiness (pre-writing) skills important?

Pre-writing skills are essential for the child to be able to develop the ability to hold and move a pencil fluently and effectively and therefore produce legible writing. When these skills are underdeveloped it can lead to frustration and resistance due to the child not being able to produce legible writing or to 'keep up' in class due to fatigue. This can then result in poor self esteem and academic performance.

What activities can help improve writing readiness (pre-writing) skills?

- **Threading and lacing** with a variety of sized laces.
- **Play-doh (playdough)** activities that may involve rolling with hands or a rolling pin, hiding objects such as coins in the play dough or just creative construction.
- **Scissor** projects that may involve cutting out geometric shapes.
- **Tongs or teabag squeezers** to pick up objects.
- **Drawing or writing** on a vertical surface.
- **Every day activities** that require finger strength such as opening containers and jars.
- **Pre writing shapes:** Practice drawing the pre-writing shapes (|, —, O, +, /, square, \, X, and Δ).
- **Finger games:** that practice specific finger movements such as *Incy wincy Spider*.
- **Craft:** Make things using old boxes, egg cartons, wool, paper and sticky or masking tape.
- **Construction:** Building with duplo, lego, mobilo or other construction toys.

When you see our children "playing," remember that their play is preparing them for greater things.

Recommend us to a friend and receive a

\$100 Tuition Credit.

Ask office for details!

Extra-curricular vendors will be conducting demos during the first week of September. Ask your child about Dance, Gymnastics, TOTS and Soccer Shots.

Innovations

Curriculum

Our infant and toddler curriculum is developed from the Innovations Comprehensive Infant/Toddler Curriculum written by Kay Albrecht and Linda Miller, two renowned advocates for high quality early education. The goal of the Innovations Curriculum is to:

- Create a sense of calm
- Include soft elements
- Create a place for babies things
- Establish a predictable environment
- Create places to be alone
- Create places to be with friends
- Create places to be with teachers

During this time, infants and toddlers are experiencing the concept of “activities” vs “centers.” By participating in these activities, they are preparing to work individually in centers in the preschool classes. As infants and toddlers, teachers are facilitating “play” because young children do not yet know this concept.

Friend us on Facebook

<https://www.facebook.com/Springlighthouse/>

WE love posting pictures and it is a great way see all the awesome activities our children are enjoying! Be involved with our school we want your participation and thoughts. I assure you that your will smile and maybe learn something new about our school and your child.



C.A.R.E.S.

Curriculum

Children’s Lighthouse offers the Lighthouse C.A.R.E.S.™ curriculum, developed exclusively for use by Children’s Lighthouse Learning Centers. C.A.R.E.S. incorporates both time-honored learning principles, such as the child’s need for hands-on, sensory learning, as well as the most recent research findings in the field of neuro-education.

- Character Values Education Our comprehensive curriculum focuses not only on intellectual development, but also on healthy social and emotional growth through systematic character values education.
- Active Engagement Activities are designed to promote active learning through a “hands on” approach that allows children to explore the world in which they live.
- Research-Centered Practice Current study in the area of “brain-based” learning strategies, for example, reveals that memory and creativity are enhanced by music, movement, and artistic expression.
- Embedded Content Our fully-integrated curriculum is characterized by thematic units which combine the key skills of reading and mathematics with learning in the content areas of science and social studies.
- Standards-Based every learning activity is carefully planned to meet or exceed both national and state standards.