



# Lighthouse News

Shining light on the activities of our school!

## August 2020

5740 FM 1463 \* Katy, Texas 77494 \* 281-394-9696

### August Events

8/13 End of Summer Party Rm 9&10

8/19 Katy ISD First Day of Virtual School

8/24- Lamar CISD First Day of Virtual School



How is it AUGUST already??!!

Here we are, heading into our final days of summer. Time sure flies when we are having fun! It's been another fantastic fun-filled summer .

Let's get ready for the new school year and the adventures ahead!

### We're Going Back To School



With the summer coming to an end, we will have our last Splash Days the week of August 17<sup>th</sup>. Please send your child to school wearing their bathing suit, water shoes, and a towel. Send a change of clothes and apply sunscreen in the morning.

With a new school year approaching, some of the children will be starting the school year off in their new classrooms.

Each classroom, as well as all of our teachers at Children's Lighthouse CCR, brings a unique experience with creative opportunity for growth. Transitions can be a little scary for both parents and children. We are dedicated to supporting you and your child every step of the way. Moving to a new classroom can be fun and exciting, but sometimes it can come with some stress. Our goal is to make the transitions as smooth as possible for all.



## Infants

### Theme:

Open/Close

### Baby Sign:

Diaper Change

**Shape:** Oval

**Song:** "Good Morning to You"

**Color:** Blue

### Finger Play:

"Where is Thumbkin?"

## Toddlers

### Theme:

Big Animals

### Baby Sign:

Diaper Change

**Shape:** Oval

### Song:

"This Cow"

**Color:** Blue

### Finger Play:

"Did You Ever See?"

## 2, 3, 4 Year Olds

### Themes:

#### First week:

*Out in Space*

#### Second Week:

*In the Woods*

#### Third Week:

*End of Summer*

#### Fourth and Fifth Weeks:

*All About Me*

## Room 9& 10

### Themes:

#### First week:

*Good Vibrations*

#### Second Week:

*Let's Talk About It*

#### Third Week:

*Show Me the Money*

#### Fourth Week:

*Back to School*



It's that time of year again for us to start making plans for the fall. Please let us know your child's plans for virtual learning and/or in person instruction.

Our annual curriculum fees will be due at the end of August.

Room 1-4- \$75.00  
After schoolers-\$75.00  
Room 5-9-\$150.00

## **Early Years Are Learning Years**

### **Helping young children start school**

A new school year can make young children nervous, especially if they are entering a new environment. Whether they are starting preschool, kindergarten or first grade, some children may be worried about the new setting and the new experience, and there are things that parents and families can do to help their children make a successful transition.

- First, discuss the changes that will be taking place. Before the new school year begins, talk with your child about the changes in his daily routine. Together, you could make a chart illustrated with photographs or pictures of the new morning schedule. Encourage him to describe how he feels about starting a new program or school and try to ease his fears. He may be nervous about new challenges and social interactions at school. Reading and discussing books is a great way to make him comfortable with a new experience. It helps him see how other children beginning school have similar feelings of uncertainty and how they overcome them.
- In the days and weeks before school starts, help your child ease into the new environment and adjust to the new routine. Arrange to visit the school and classroom with your child, and if possible, meet her teacher. This will help her become comfortable in her new environment while you are with her. Have her start her school-year bed time and morning routine a few days early. This may prevent her from being confused, groggy, or cranky on the first day of school. Arrange a playdate with another child from her class, preferably one-on-one, so that she knows someone in her class and will be more comfortable.
- As school gets closer, your child can help get ready for the first day. Let him lay out his clothes or pack a back pack for the first day. If possible, arrive at the new school early on the first few days to give him time to settle in. Use this time walking or riding to school together, or waiting at the bus stop, to talk about what he can expect that day. Always say good-bye, and let him know you will see him at the end of the day. Your child will have an easier time with separation if he's confident you will return to pick him up.

## Early Years Are Learning Years

### Helping young children start school (CON'T)

Problems may arise during the first few days of school, even with appropriate preparation, so be ready to handle them in a matter-of-fact way. Approach the new year with confidence, and your child will, too. Take time to make sure your child adapts to his new environment, clearly explain the changes around him, and listen if he has doubts or fears.

Early Years Are Learning Years is a regular series from NAEYC ([www.naeyc.org](http://www.naeyc.org)) providing families with tips for giving their young children a great start on learning. Parts of this information excerpted from *So Many Goodbyes*, by J. B. McCracken.

#### Additional Resources

1990/1997, NAEYC. *So Many Goodbyes*, by J. B. McCracken. #573/Single copies are \$0.50 each; 100 copies are \$10.

Balaban, N. 1985. *Starting school: From separation to independence (A guide for early childhood teachers)*. New York: Teachers College Press.

#### Books to read with your child

*Timothy Goes to School*: Rosemary Wells (Dial Books for Young Children)

*Will I have a Friend?*: Miriam Cohen, illustrated by Lillian Hoban (Macmillan)

[This and other articles on child development can be found at:](#)

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